



# Vestal

## (G) JV Cheerleading (Football)

### Coaches:

- Kim Morris, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 25, 2021	Wed	Practice	N/A	3:30 PM	5:30 PM	TBD		
Aug 26, 2021	Thu	Practice	N/A	3:30 PM	5:30 PM	TBD		
Aug 27, 2021	Fri	Practice	N/A	3:30 PM	5:30 PM	TBD		
Sep 7, 2021	Tue	Practice (Practice)	N/A	3:30 PM	5:30 PM	TBD		
Sep 8, 2021	Wed	Practice (Practice)	N/A	3:30 PM	5:30 PM	TBD		
Sep 9, 2021	Thu	Practice (Practice)	N/A	3:30 PM	5:30 PM	TBD		
Sep 10, 2021	Fri	Practice (Practice)	N/A	3:30 PM	5:30 PM	TBD		
Sep 18, 2021	Sat	Regular Season	TBD	10:00 AM		Maine Endwell High School	<b>Departure Time:</b> 9:00 AM	L
Sep 25, 2021	Sat	Regular Season	@ Union-Endicott (Fall)	10:00 AM	12:00 PM	UEHS Ty Cobb Stadium	<b>Departure Time:</b> 9:00 AM	NL
Oct 16, 2021	Sat	Regular Season	@ Corning-Painted Post (Fall)	10:00 AM		Corning Memorial Stadium	<b>Departure Time:</b> 8:15 AM	NL
Oct 23, 2021	Sat	Post-Season (STAC Championships)	@ TBD	TBD		Union Endicott High School		NL
Nov 17, 2021	Wed	Practice	N/A	3:30 PM	5:30 PM	TBD		
Nov 18, 2021	Thu	Practice	N/A	3:30 PM	5:30 PM	TBD		
Nov 19, 2021	Fri	Practice	N/A	3:30 PM	5:30 PM	TBD		
Nov 22, 2021	Mon	Practice (Jv practice )	N/A	3:30 PM	5:30 PM	TBD		
Nov 22, 2021	Mon	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Nov 23, 2021	Tue	Practice (Jv Cheer workouts in weight room)	N/A	3:05 PM	3:45 PM	TBD		
Nov 24, 2021	Wed	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Nov 24, 2021	Wed	Practice (Jv practice )	N/A	3:30 PM	5:30 PM	TBD		
Nov 25, 2021	Thu	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Nov 26, 2021	Fri	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Nov 29, 2021	Mon	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Nov 29, 2021	Mon	Practice (Jv practice )	N/A	3:30 PM	5:30 PM	TBD		
Nov 30, 2021	Tue	Practice (Jv Cheer workouts in weight room)	N/A	3:05 PM	3:45 PM	TBD		
Dec 1, 2021	Wed	Practice (Jv practice )	N/A	3:30 PM	5:30 PM	TBD		
Dec 1, 2021	Wed	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 2, 2021	Thu	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Dec 2, 2021	Thu	Practice (Jv practice )	N/A	3:30 PM	5:30 PM	TBD		
Dec 3, 2021	Fri	Practice (Jv practice )	N/A	3:30 PM	5:30 PM	TBD		
Dec 3, 2021	Fri	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Dec 6, 2021	Mon	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Dec 7, 2021	Tue	Practice (Jv Cheer workouts in weight room)	N/A	3:05 PM	3:45 PM	TBD		
Dec 8, 2021	Wed	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Dec 9, 2021	Thu	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Dec 10, 2021	Fri	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Dec 13, 2021	Mon	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Dec 14, 2021	Tue	Practice (Jv Cheer workouts in weight room)	N/A	3:05 PM	3:45 PM	TBD		
Dec 15, 2021	Wed	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Dec 16, 2021	Thu	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Dec 17, 2021	Fri	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Dec 20, 2021	Mon	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Dec 21, 2021	Tue	Practice (Jv Cheer workouts in weight room)	N/A	3:05 PM	3:45 PM	TBD		
Dec 22, 2021	Wed	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
CANCELLED Dec 24, 2021	Fri	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Dec 28, 2021	Tue	Practice (Jv practice )	N/A	3:00 PM	5:30 PM	TBD		
Dec 29, 2021	Wed	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Dec 30, 2021	Thu	Practice (Jv cheer practice /game )	N/A	3:30 PM	7:30 PM	TBD		
Jan 3, 2022	Mon	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Jan 4, 2022	Tue	Practice (Jv Cheer workouts in weight room)	N/A	3:05 PM	3:45 PM	TBD		
Jan 5, 2022	Wed	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Jan 6, 2022	Thu	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Jan 7, 2022	Fri	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Jan 10, 2022	Mon	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Jan 11, 2022	Tue	Practice (Jv Cheer workouts in weight room)	N/A	3:05 PM	3:45 PM	TBD		
Jan 12, 2022	Wed	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 13, 2022	Thu	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Jan 14, 2022	Fri	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Jan 17, 2022	Mon	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Jan 18, 2022	Tue	Practice (Jv Cheer workouts in weight room)	N/A	3:05 PM	3:45 PM	TBD		
Jan 19, 2022	Wed	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Jan 20, 2022	Thu	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Jan 21, 2022	Fri	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Jan 22, 2022	Sat	Regular Season (Horseheads Cheer Invitational)	@ TBD	10:00 PM		Horseheads Middle School		NL
Jan 24, 2022	Mon	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Jan 25, 2022	Tue	Practice (Jv Cheer workouts in weight room)	N/A	3:05 PM	3:45 PM	TBD		
Jan 26, 2022	Wed	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Jan 27, 2022	Thu	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Jan 28, 2022	Fri	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Jan 29, 2022	Sat	Regular Season (Chill Vibes Invitational)	@ TBD	10:00 AM		Union Endicott High School	<b>Departure Time:</b> 8:45 AM	NL
Jan 31, 2022	Mon	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Feb 1, 2022	Tue	Practice (Jv Cheer workouts in weight room)	N/A	3:05 PM	3:45 PM	TBD		
Feb 2, 2022	Wed	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Feb 3, 2022	Thu	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Feb 4, 2022	Fri	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Feb 7, 2022	Mon	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Feb 8, 2022	Tue	Practice (Jv Cheer workouts in weight room)	N/A	3:05 PM	3:45 PM	TBD		
Feb 9, 2022	Wed	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Feb 10, 2022	Thu	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Feb 11, 2022	Fri	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Feb 14, 2022	Mon	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Feb 15, 2022	Tue	Practice (Jv Cheer workouts in weight room)	N/A	3:05 PM	3:45 PM	TBD		
Feb 16, 2022	Wed	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Feb 17, 2022	Thu	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Feb 18, 2022	Fri	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 21, 2022	Mon	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Feb 22, 2022	Tue	Practice (Jv Cheer workouts in weight room)	N/A	3:05 PM	3:45 PM	TBD		
Feb 23, 2022	Wed	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Feb 24, 2022	Thu	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Feb 25, 2022	Fri	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Feb 28, 2022	Mon	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Mar 1, 2022	Tue	Practice (Jv Cheer workouts in weight room)	N/A	3:05 PM	3:45 PM	TBD		
Mar 2, 2022	Wed	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Mar 3, 2022	Thu	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Mar 4, 2022	Fri	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Mar 7, 2022	Mon	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Mar 9, 2022	Wed	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
Mar 10, 2022	Thu	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		
CANCELLED Mar 11, 2022	Fri	Practice (Jv cheer practice )	N/A	3:30 PM	5:30 PM	TBD		

Date: 2026-01-09