



# Vestal

## (G) JV Cheerleading (Football)

### Coaches:

- Kim Morris, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 6, 2023	Wed	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Sep 7, 2023	Thu	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Sep 8, 2023	Fri	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Sep 9, 2023	Sat	Regular Season (Baldwinsville Game)	@ TBD	12:00 PM		Baldwinsville High School		<b>Return Date:</b> <b>Return Time:</b> 9:30 AM	NL
Sep 11, 2023	Mon	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Sep 13, 2023	Wed	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Sep 14, 2023	Thu	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Sep 15, 2023	Fri	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Sep 18, 2023	Mon	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Sep 20, 2023	Wed	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Sep 21, 2023	Thu	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Sep 22, 2023	Fri	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Sep 23, 2023	Sat	Regular Season (Union Endicott Game)	@ TBD	10:00 AM		Union Endicott High School		<b>Departure Time:</b> 9:15 AM	NL
Sep 25, 2023	Mon	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Sep 27, 2023	Wed	Regular Season	Union-Endicott (Fall), Binghamton (Fall), Johnson City (Fall)	7:00 PM		Vestal High School Gym			L
Sep 27, 2023	Wed	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Sep 28, 2023	Thu	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	

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Sep 29, 2023	Fri	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Oct 2, 2023	Mon	Regular Season (Norwich Game)	@ TBD	6:00 PM		Norwich High School		<b>Departure Time:</b> 4:00 PM	NL
Oct 2, 2023	Mon	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Oct 4, 2023	Wed	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Oct 5, 2023	Thu	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Oct 6, 2023	Fri	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Oct 6, 2023	Fri	Regular Season (Johnson City Competition)	@ TBD	TBD		Johnson City High School			NL
Oct 9, 2023	Mon	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Oct 11, 2023	Wed	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Oct 12, 2023	Thu	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Oct 13, 2023	Fri	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Oct 16, 2023	Mon	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Oct 18, 2023	Wed	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Oct 19, 2023	Thu	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Oct 20, 2023	Fri	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Oct 22, 2023	Sun	Post-Season (STAC Competition)	@ TBD	TBD		Union Endicott High School			NL
Oct 23, 2023	Mon	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Oct 25, 2023	Wed	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Oct 26, 2023	Thu	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Oct 27, 2023	Fri	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	

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Oct 30, 2023	Mon	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Nov 1, 2023	Wed	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Nov 2, 2023	Thu	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Nov 3, 2023	Fri	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Nov 6, 2023	Mon	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Nov 8, 2023	Wed	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Nov 9, 2023	Thu	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Nov 10, 2023	Fri	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Nov 13, 2023	Mon	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Nov 15, 2023	Wed	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Nov 16, 2023	Thu	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Nov 17, 2023	Fri	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Nov 20, 2023	Mon	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Nov 22, 2023	Wed	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Nov 23, 2023	Thu	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Nov 24, 2023	Fri	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Nov 27, 2023	Mon	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Nov 29, 2023	Wed	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Nov 30, 2023	Thu	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	
Dec 1, 2023	Fri	Practice (Practices)	N/A	TBD		TBD	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Time:</b> 5:30 PM	

