



Vestal

(G) V Cheerleading (Basketball)

Coaches:

- Erin Schultz

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 12, 2024	Thu	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		
Dec 13, 2024	Fri	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		
Dec 14, 2024	Sat	Practice (Varsity Practice)	N/A	8:00 AM	10:00 AM	Vestal Central Jr. Gym		
Dec 14, 2024	Sat	Practice (Varsity Practice)	N/A	8:00 AM	10:00 AM	Vestal Central Jr. Gym		
Dec 16, 2024	Mon	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		
Dec 17, 2024	Tue	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		
Dec 19, 2024	Thu	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		
Dec 20, 2024	Fri	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		
Dec 23, 2024	Mon	Practice (Varsity Practice)	N/A	8:00 AM	10:00 AM	Vestal Central Jr. Gym		
Dec 27, 2024	Fri	Practice (Varsity Practice)	N/A	8:00 AM	11:00 AM	Vestal Central Jr. Gym		
Dec 30, 2024	Mon	Practice (Varsity Practice)	N/A	8:00 AM	10:00 AM	Vestal Central Jr. Gym		
Jan 3, 2025	Fri	Practice (Varsity Practice)	N/A	8:00 AM	11:00 AM	Vestal Central Jr. Gym		
Jan 6, 2025	Mon	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		
Jan 7, 2025	Tue	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		
Jan 9, 2025	Thu	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		
Jan 10, 2025	Fri	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		
Jan 13, 2025	Mon	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		
Jan 14, 2025	Tue	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		
Jan 16, 2025	Thu	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		
Jan 17, 2025	Fri	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		
Jan 21, 2025	Tue	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		
Jan 23, 2025	Thu	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		
Jan 24, 2025	Fri	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		
Jan 27, 2025	Mon	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 28, 2025	Tue	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		
Jan 30, 2025	Thu	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		
Jan 31, 2025	Fri	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		
Feb 1, 2025	Sat	Post-Season (STAC Championship)	Corning-Painted Post (Winter), Elmira (Winter), Horseheads (Winter), Binghamton (Winter), Maine-Endwell (Winter), Union-Endicott (Winter), Chenango Valley (Winter), Owego Apalachin, Seton Catholic Central, Waverly (Winter), Norwich (Winter), Oneonta (Winter), Susquehanna Valley (Winter), Windsor (Winter) @ Johnson City (Winter)	TBD		JC HS Large Gym		NL
Feb 3, 2025	Mon	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		
Feb 4, 2025	Tue	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		
Feb 4, 2025	Tue	Practice (Cheerleading Senior Showcase)	N/A	5:30 PM	8:00 PM	Vestal High School Gym		
Feb 4, 2025	Tue	Regular Season (Senior Showcase)	TBD	6:00 PM		Vestal High School Gym		L
Feb 6, 2025	Thu	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		
Feb 7, 2025	Fri	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		
Feb 10, 2025	Mon	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		
Feb 11, 2025	Tue	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		
Feb 13, 2025	Thu	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		
Feb 14, 2025	Fri	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		
Feb 18, 2025	Tue	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		
Feb 20, 2025	Thu	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		
Feb 21, 2025	Fri	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		
Feb 24, 2025	Mon	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		
Feb 25, 2025	Tue	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		
Feb 27, 2025	Thu	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		
Feb 28, 2025	Fri	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		
Mar 3, 2025	Mon	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 4, 2025	Tue	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		
Mar 6, 2025	Thu	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		
Mar 7, 2025	Fri	Practice (Varsity Practice)	N/A	3:00 PM	5:30 PM	TBD		

Date: 2025-12-05