



Vestal

(G) V Cheerleading (Basketball)

Coaches:

- Erin Schultz

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 12, 2019	Tue	Practice (CHEER TRYOUTS)	N/A	3:00 PM	5:30 PM	TBD		
Nov 13, 2019	Wed	Practice	N/A	3:00 PM	5:30 PM	TBD		
Nov 13, 2019	Wed	Practice (CHEER TRYOUTS)	N/A	3:00 PM	5:30 PM	TBD		
Nov 14, 2019	Thu	Practice	N/A	3:00 PM	5:30 PM	TBD		
Nov 15, 2019	Fri	Practice	N/A	3:00 PM	5:30 PM	TBD		
Nov 16, 2019	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Nov 18, 2019	Mon	Practice	N/A	3:00 PM	5:30 PM	TBD		
Nov 19, 2019	Tue	Practice	N/A	3:00 PM	5:30 PM	TBD		
Nov 20, 2019	Wed	Practice (WEIGHT LIFTING WITH PATTON)	N/A	3:00 PM	4:00 PM	Vestal High School Fitness Center		
Nov 21, 2019	Thu	Practice	N/A	3:00 PM	5:30 PM	TBD		
Nov 22, 2019	Fri	Practice	N/A	3:00 PM	5:30 PM	TBD		
Nov 23, 2019	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Nov 23, 2019	Sat	Regular Season (Elmira College)	@ TBD	TBD		Elmira College	Departure Time: 8:25 AM	NL
Nov 25, 2019	Mon	Practice	N/A	3:00 PM	5:30 PM	TBD		
Nov 26, 2019	Tue	Practice	N/A	3:00 PM	5:30 PM	TBD		
Nov 27, 2019	Wed	Practice	N/A	8:00 AM	10:00 AM	TBD		
Nov 27, 2019	Wed	Practice (WEIGHT LIFTING WITH PATTON)	N/A	3:00 PM	4:00 PM	Vestal High School Fitness Center		
Nov 30, 2019	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Dec 2, 2019	Mon	Practice	N/A	3:00 PM	5:30 PM	TBD		
Dec 3, 2019	Tue	Practice	N/A	3:00 PM	5:30 PM	TBD		
Dec 4, 2019	Wed	Practice (WEIGHT LIFTING WITH PATTON)	N/A	3:00 PM	4:00 PM	Vestal High School Fitness Center		
Dec 5, 2019	Thu	Practice	N/A	3:00 PM	5:30 PM	TBD		
Dec 6, 2019	Fri	Practice	N/A	3:00 PM	5:30 PM	TBD		
Dec 7, 2019	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Dec 9, 2019	Mon	Practice	N/A	3:00 PM	5:30 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 10, 2019	Tue	Practice	N/A	3:00 PM	5:30 PM	TBD		
Dec 11, 2019	Wed	Practice (WEIGHT LIFTING WITH PATTON)	N/A	3:00 PM	4:00 PM	Vestal High School Fitness Center		
Dec 12, 2019	Thu	Practice	N/A	3:00 PM	5:30 PM	TBD		
Dec 12, 2019	Thu	Practice (Game)	N/A	6:00 PM	9:00 PM	TBD		
Dec 13, 2019	Fri	Practice	N/A	3:00 PM	5:30 PM	TBD		
Dec 14, 2019	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Dec 16, 2019	Mon	Practice	N/A	3:00 PM	5:30 PM	TBD		
Dec 17, 2019	Tue	Practice	N/A	3:00 PM	5:30 PM	TBD		
Dec 18, 2019	Wed	Practice (WEIGHT LIFTING WITH PATTON)	N/A	3:00 PM	4:00 PM	Vestal High School Fitness Center		
Dec 19, 2019	Thu	Practice	N/A	3:00 PM	5:30 PM	TBD		
Dec 20, 2019	Fri	Practice	N/A	3:00 PM	5:30 PM	TBD		
Dec 20, 2019	Fri	Practice (Game)	N/A	6:00 PM	9:00 PM	TBD		
Dec 21, 2019	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Dec 23, 2019	Mon	Practice	N/A	8:00 AM	10:00 AM	TBD		
Dec 26, 2019	Thu	Practice	N/A	8:00 AM	10:00 AM	TBD		
Dec 27, 2019	Fri	Practice	N/A	8:00 AM	10:00 AM	TBD		
Dec 30, 2019	Mon	Practice	N/A	7:00 PM	9:30 PM	Binghamton University	Departure Time: 5:30 PM Return Date: Return Time: 10:00 PM	
Dec 30, 2019	Mon	Regular Season	@ TBD	TBD		Binghamton University	Departure Time: 5:30 PM	NL
Jan 4, 2020	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Jan 6, 2020	Mon	Practice	N/A	3:00 PM	5:30 PM	TBD		
Jan 7, 2020	Tue	Practice	N/A	3:00 PM	5:30 PM	TBD		
Jan 8, 2020	Wed	Practice (WEIGHT LIFTING WITH PATTON)	N/A	3:00 PM	4:00 PM	Vestal High School Fitness Center		
Jan 9, 2020	Thu	Practice	N/A	3:00 PM	5:30 PM	TBD		
Jan 10, 2020	Fri	Practice	N/A	3:00 PM	5:30 PM	TBD		
Jan 10, 2020	Fri	Practice	N/A	6:00 PM	8:00 PM	TBD		
Jan 11, 2020	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Jan 11, 2020	Sat	Regular Season (Snowman Showdown)	@ TBD	10:00 AM		Chittenango High School		NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 13, 2020	Mon	Practice	N/A	3:00 PM	5:30 PM	TBD		
Jan 14, 2020	Tue	Practice	N/A	3:00 PM	5:30 PM	TBD		
Jan 14, 2020	Tue	Practice (Game)	N/A	6:00 PM	9:00 PM	TBD		
Jan 15, 2020	Wed	Practice (WEIGHT LIFTING WITH PATTON)	N/A	3:00 PM	4:00 PM	Vestal High School Fitness Center		
Jan 16, 2020	Thu	Practice	N/A	3:00 PM	5:30 PM	TBD		
Jan 17, 2020	Fri	Practice	N/A	3:00 PM	5:30 PM	TBD		
Jan 18, 2020	Sat	Regular Season	@ TBD	TBD		Chenango Valley High School		NL
Jan 20, 2020	Mon	Practice	N/A	3:00 PM	5:30 PM	TBD		
Jan 21, 2020	Tue	Practice	N/A	3:00 PM	5:30 PM	TBD		
Jan 22, 2020	Wed	Practice (WEIGHT LIFTING WITH PATTON)	N/A	3:00 PM	4:00 PM	Vestal High School Fitness Center		
Jan 23, 2020	Thu	Practice	N/A	3:00 PM	5:30 PM	TBD		
Jan 24, 2020	Fri	Practice	N/A	3:00 PM	5:30 PM	TBD		
Jan 25, 2020	Sat	Regular Season (Chill Vibes Invitational)	@ TBD	TBD		Union Endicott High School		NL
Jan 27, 2020	Mon	Practice	N/A	3:00 PM	5:30 PM	TBD		
Jan 28, 2020	Tue	Practice	N/A	3:00 PM	5:30 PM	TBD		
Jan 29, 2020	Wed	Practice (WEIGHT LIFTING WITH PATTON)	N/A	3:00 PM	4:00 PM	Vestal High School Fitness Center		
Jan 30, 2020	Thu	Practice	N/A	3:00 PM	5:30 PM	TBD		
Jan 31, 2020	Fri	Practice	N/A	3:00 PM	5:30 PM	TBD		
Jan 31, 2020	Fri	Practice	N/A	6:00 PM	8:00 PM	TBD		
Feb 1, 2020	Sat	Regular Season (Horseheads)	@ TBD	TBD		Horseheads High School		NL
Feb 3, 2020	Mon	Practice	N/A	3:00 PM	5:30 PM	TBD		
Feb 4, 2020	Tue	Practice	N/A	3:00 PM	5:30 PM	TBD		
Feb 5, 2020	Wed	Practice (WEIGHT LIFTING WITH PATTON)	N/A	3:00 PM	4:00 PM	Vestal High School Fitness Center		
Feb 6, 2020	Thu	Practice	N/A	3:00 PM	5:30 PM	TBD		
POSTPONED Feb 7, 2020	Fri	Practice	N/A	3:00 PM	5:30 PM	TBD		
Feb 8, 2020	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Feb 10, 2020	Mon	Practice	N/A	3:00 PM	5:30 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 10, 2020	Mon	Practice (Game)	N/A	6:00 PM	9:00 PM	TBD		
Feb 11, 2020	Tue	Practice	N/A	3:00 PM	5:30 PM	TBD		
Feb 12, 2020	Wed	Practice (WEIGHT LIFTING WITH PATTON)	N/A	3:00 PM	4:00 PM	Vestal High School Fitness Center		
Feb 13, 2020	Thu	Practice	N/A	3:00 PM	5:30 PM	TBD		
Feb 14, 2020	Fri	Practice	N/A	3:00 PM	5:30 PM	TBD		
Feb 15, 2020	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Feb 17, 2020	Mon	Practice	N/A	3:00 PM	5:30 PM	TBD		
Feb 18, 2020	Tue	Practice	N/A	3:00 PM	5:30 PM	TBD		
Feb 19, 2020	Wed	Practice (WEIGHT LIFTING WITH PATTON)	N/A	3:00 PM	4:00 PM	Vestal High School Fitness Center		
Feb 20, 2020	Thu	Practice	N/A	3:00 PM	5:30 PM	TBD		
Feb 21, 2020	Fri	Practice	N/A	3:00 PM	5:30 PM	TBD		
Feb 22, 2020	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Feb 22, 2020	Sat	Post-Season (Sectionals) @ TBD		11:00 AM		Union Endicott High School	Departure Time: 9:30 AM	NL
Feb 24, 2020	Mon	Practice	N/A	3:00 PM	5:30 PM	TBD		
Feb 25, 2020	Tue	Practice	N/A	3:00 PM	5:30 PM	TBD		
Feb 26, 2020	Wed	Practice (WEIGHT LIFTING WITH PATTON)	N/A	3:00 PM	4:00 PM	Vestal High School Fitness Center		
Feb 27, 2020	Thu	Practice	N/A	3:00 PM	5:30 PM	TBD		
Feb 28, 2020	Fri	Practice	N/A	3:00 PM	5:30 PM	TBD		
Feb 29, 2020	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Mar 2, 2020	Mon	Practice	N/A	3:00 PM	5:30 PM	TBD		
Mar 3, 2020	Tue	Practice	N/A	3:00 PM	5:30 PM	TBD		
Mar 4, 2020	Wed	Practice (WEIGHT LIFTING WITH PATTON)	N/A	3:00 PM	4:00 PM	Vestal High School Fitness Center		
Mar 5, 2020	Thu	Practice	N/A	3:00 PM	5:30 PM	TBD		
Mar 7, 2020	Sat	Regular Season (State Competition)	@ TBD	TBD		RIT		NL

Date: 2024-05-17