Coaches:



- JJ Stanbro
- Corey Munn

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	STAR1 TIME	END TIME	LOCATION	LEAGU DEPARTURE TRANSPORTATION / NON- LEAGU
Nov 16, 2022	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room	
Nov 17, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room	
Nov 18, 2022	Fri	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room	
Nov 19, 2022	Sat	Practice	N/A	9:00 AM	11:00 AM	UEHS Frank Sorochinsky Wrestling Room	
Nov 21, 2022	Mon	Practice	N/A	3:15 PM	5:15 PM	TBD	Departure Point: UEHS lot Departure Date: Nov 21, 2022 Departure Time: 3:15 PM Return Date: Nov 21, 2022 Return Time: 5:15 PM
Nov 22, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room	
Nov 23, 2022	Wed	Practice	N/A	8:00 AM	10:00 AM	UEHS Frank Sorochinsky Wrestling Room	
Nov 25, 2022	Fri	Practice	N/A	8:00 AM	10:00 AM	UEHS Frank Sorochinsky Wrestling Room	
Nov 26, 2022	Sat	Practice	N/A	8:00 AM	10:00 AM	UEHS Frank Sorochinsky Wrestling Room	
Nov 28, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room	

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 29, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room			
Nov 30, 2022	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room			
Dec 1, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room			
Dec 2, 2022	Fri	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room			
Dec 3, 2022	Sat	Regular Season (2022 Matthew Marino Invitational)	@ TBD	5:30 AM		Webster Schroeder HS	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 5:30 AM	NL
Dec 3, 2022	Sat	Practice (Matthew Marino Tournament @ Webster- Schroder)	N/A	7:00 AM	10:00 PM	UEHS Main Gym		Departure Point: UEHS lot Departure Date: Dec 3, 2022 Departure Time: 5:00 AM Return Date: Dec 3, 2022 Return Time: 10:00 PM	
Dec 5, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room			
Dec 6, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room			
Dec 7, 2022	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room			
Dec 9, 2022	Fri	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 10, 2022	Sat	Regular Season (Phoenix Round Robin)	Altmar-Parish-Williamstown (APW/Pulaski), Auburn, Baldwinsville, Cortland, Fayetteville-Manlius, Grand Island, Liverpool, Mexico, New Hartford, Palmyra-Macedon, Rush Henrietta, South Jefferson, Vernon-Verona-Sherrill, Whitesboro, Hannibal @ Phoenix	8:00 AM		JCB Gym	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 6:00 AM	NL
Dec 12, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room			
Dec 13, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room			
Dec 14, 2022	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room			
POSTPONED Dec 15, 2022	Thu	Regular Season	@ Corning- Painted Post	6:30 PM	9:00 PM	C P P High School	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 4:00 PM Return Date: Return Time: 9:00 PM	L
Dec 16, 2022	Fri	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room			
Dec 16, 2022	Fri	Practice	N/A	9:00 PM	10:00 PM	UEHS Main Gym			
Dec 17, 2022	Sat	Practice (UE Tradesman Tournament)	N/A	7:00 AM	7:00 PM	UEHS Main Gym			
Dec 17, 2022	Sat	Regular Season (UE JV Tradesman Tournament)	TBD	7:00 AM	7:00 PM	UEHS Main Gym			NL
Dec 17, 2022	Sat	Regular Season (JV tournament)	Odessa- Montour	9:30 AM	7:00 PM	UEHS Main Gym			L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 19, 2022	Mon	Regular Season	Elmira, Johnson City	5:00 PM	9:00 PM	UEHS Main Gym			L
Dec 20, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room			
Dec 21, 2022	Wed	Regular Season	@ Horseheads	6:30 PM	9:00 PM	HHS HS North Gym	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 4:00 PM Return Date: Return Time: 9:00 PM	L
Dec 22, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room			
Dec 23, 2022	Fri	Practice	N/A	8:00 AM	10:00 AM	UEHS Frank Sorochinsky Wrestling Room			
Dec 26, 2022	Mon	Practice	N/A	8:00 AM	10:00 AM	UEHS Frank Sorochinsky Wrestling Room			
Dec 28, 2022	Wed	Regular Season (65th Windsor Christmas Tournament)	@ TBD	7:00 AM		Windsor High School	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 7:00 AM	NL
Dec 28, 2022	Wed	Practice	N/A	9:00 AM	11:00 AM	UEHS Frank Sorochinsky Wrestling Room			
Dec 29, 2022	Thu	Practice	N/A	9:00 AM	11:00 AM	UEHS Frank Sorochinsky Wrestling Room			
Dec 29, 2022	Thu	Regular Season (65th Windsor Christmas Tournament)	@ TBD	TBD		Windsor High School	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 6:00 AM	NL
Jan 3, 2023	Tue	Regular Season 30-6-60 L	Johnson City, Corning- Painted Post	5:00 PM	9:00 PM	UEHS Main Gym			L
Jan 5, 2023	Thu	Regular Season 60-9 W	Johnson City	6:30 PM	9:00 PM	UEHS Main Gym			L
Jan 10, 2023	Tue	Regular Season (Senior Night) 66-6 W	Binghamton	6:30 PM	9:00 PM	UEHS Main Gym			L
Jan 18, 2023	Wed	Regular Season	Ithaca	6:30 PM	9:00 PM	UEHS Main Gym			L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	: TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 24, 2023	Tue	Regular Season	@ Maine- Endwell	6:30 PM	9:00 PM	Maine- Endwell HS Gym	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 5:00 PM Return Date: Return Time: 9:00 PM	L
Jan 26, 2023	Thu	Regular Season 52-15 W	@ Susquehanna Valley	6:30 PM	8:00 PM	SVHS Gym	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 4:30 PM Return Date: Return Time: 9:00 PM	NL
Jan 31, 2023	Tue	Regular Season (Sr. Nite) 21-42 L	@ Vestal	6:30 PM	9:00 PM	Vestal High School Baseball Field	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 5:00 PM Return Date: Return Time: 9:00 PM	L
Feb 2, 2023	Thu	Regular Season 48-28 W	Chenango Valley	5:30 PM	9:00 PM	UEHS Main Gym			NL
Feb 11, 2023	Sat	Post-Season (Section IV Championship)	@ TBD	TBD		Visions Veterans Memorial Arena			NL
Feb 13, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room			
Feb 14, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room			
Feb 15, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room			
Feb 16, 2023	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room			
Feb 22, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room			
Feb 23, 2023	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	LEAGUE DEPARTURE TRANSPORTATION / NON- LEAGUE
Mar 14, 2023	Tue	Practice	N/A	6:00 PM	7:30 PM	UEHS Frank Sorochinsky Wrestling Room	
Mar 16, 2023	Thu	Practice	N/A	6:00 PM	7:30 PM	UEHS Frank Sorochinsky Wrestling Room	
Mar 21, 2023	Tue	Practice	N/A	6:00 PM	7:30 PM	UEHS Frank Sorochinsky Wrestling Room	
Mar 22, 2023	Wed	Practice	N/A	7:00 PM	8:30 PM	UEHS Frank Sorochinsky Wrestling Room	
Mar 23, 2023	Thu	Practice	N/A	6:00 PM	7:30 PM	UEHS Frank Sorochinsky Wrestling Room	
Mar 28, 2023	Tue	Practice	N/A	6:00 PM	7:30 PM	UEHS Frank Sorochinsky Wrestling Room	
Mar 29, 2023	Wed	Practice	N/A	7:00 PM	8:30 PM	UEHS Frank Sorochinsky Wrestling Room	
Mar 30, 2023	Thu	Practice	N/A	6:00 PM	7:30 PM	UEHS Frank Sorochinsky Wrestling Room	
Apr 4, 2023	Tue	Practice	N/A	6:00 PM	7:30 PM	UEHS Frank Sorochinsky Wrestling Room	
Apr 5, 2023	Wed	Practice	N/A	7:00 PM	8:30 PM	UEHS Frank Sorochinsky Wrestling Room	
Apr 6, 2023	Thu	Practice	N/A	6:00 PM	7:30 PM	UEHS Frank Sorochinsky Wrestling Room	
Apr 19, 2023	Wed	Practice	N/A	7:00 PM	8:30 PM	UEHS Frank Sorochinsky Wrestling Room	
Apr 26, 2023	Wed	Practice	N/A	7:00 PM	8:30 PM	UEHS Frank Sorochinsky Wrestling Room	

DATE	WEEK DAY TYPE	OPPONENTS	START TIME	T END TIME LOCATION	LEAGUE DEPARTURE TRANSPORTATION / NON- LEAGUE
TBD	Practice (UE Tradesman Tournament set up)	N/A	9:00 PM	10:00 UEHS Mair PM Gym	

Date: 2024-05-19