Coaches:



- JJ Stanbro
- Corey Munn

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	STAR1 TIME	END TIME	LOCATION	LEAGU DEPARTURE TRANSPORTATION / NON- LEAGU
Nov 16, 2022	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room	
Nov 17, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room	
Nov 18, 2022	Fri	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room	
Nov 19, 2022	Sat	Practice	N/A	9:00 AM	11:00 AM	UEHS Frank Sorochinsky Wrestling Room	
Nov 21, 2022	Mon	Practice	N/A	3:15 PM	5:15 PM	TBD	Departure Point: UEHS lot Departure Date: Nov 21, 2022 Departure Time: 3:15 PM Return Date: Nov 21, 2022 Return Time: 5:15 PM
Nov 22, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room	
Nov 23, 2022	Wed	Practice	N/A	8:00 AM	10:00 AM	UEHS Frank Sorochinsky Wrestling Room	
Nov 25, 2022	Fri	Practice	N/A	8:00 AM	10:00 AM	UEHS Frank Sorochinsky Wrestling Room	
Nov 26, 2022	Sat	Practice	N/A	8:00 AM	10:00 AM	UEHS Frank Sorochinsky Wrestling Room	
Nov 28, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 29, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room			
Nov 30, 2022	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room			
Dec 1, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room			
Dec 2, 2022	Fri	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room			
Dec 3, 2022	Sat	Regular Season (2022 Matthew Marino Invitational)	@ TBD	5:30 AM		Webster Schroeder HS	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 5:30 AM	NL
Dec 3, 2022	Sat	Practice (Matthew Marino Tournament @ Webster- Schroder)	N/A	7:00 AM	10:00 PM	UEHS Main Gym		Departure Point: UEHS lot Departure Date: Dec 3, 2022 Departure Time: 5:00 AM Return Date: Dec 3, 2022 Return Time: 10:00 PM	
Dec 5, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room			
Dec 6, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room			
Dec 7, 2022	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room			
Dec 9, 2022	Fri	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room			

Dec 10, 2022 Sat Regular Season Practice N/A Sature Point Cortinate North Mached North New Macedon North New North N	DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 12, 2022 Mon Practice N/A 33.0 PM PM Surchinsky Wrestling Room Room Room Pm Pm Surchinsky Wrestling Room Pm School Pm Pm School Pm Pm School Pm Pm Surchinsky Wrestling Room Pm Pm School Pm Pm Surchinsky Wrestling Room Pm School Pm	Dec 10, 2022	Sat	Season (Phoenix	Williamstown (APW/Pulaski), Auburn, Baldwinsville, Cortland, Fayetteville-Manlius, Grand Island, Liverpool, Mexico, New Hartford, Palmyra-Macedon, Rush Henrietta, South Jefferson, Vernon-Verona-Sherrill, Whitesboro, Hannibal @	8:00		JCB Gym		UEHS Upper Parking Lot Departure Time:	NL
Dec 13, 2022 Tue Practice N/A 33.0 PM Sorochinsky Wrestling Room Pm Practice N/A 33.0 PM Pm Pm Practice N/A 33.0 Pm Pm Pm Pm Pm Pm Pm P	Dec 12, 2022	Mon	Practice	N/A			Frank Sorochinsky Wrestling			
Dec 14, 2022 Wed Practice N/A 33.30 5.30 Sorochinsky Wrestling Room PM PM Sorochinsky Wrestling Room PM PM Sorochinsky Wrestling Room PM PM PM PM PM PM PM P	Dec 13, 2022	Tue	Practice	N/A			Frank Sorochinsky Wrestling			
POSTPONED Dec Thu Regular Season Painted Post PM PM School PM School PM PM School PM School PM PM School PM Schoo	Dec 14, 2022	Wed	Practice	N/A			Frank Sorochinsky Wrestling			
Dec 16, 2022FriPracticeN/A3:30 PM5:30 PMFrank Sorochinsky Wrestling RoomDec 16, 2022FriPracticeN/A9:00 PM PM PM GymDec 17, 2022SatPractice (UE Tradesman Tournament)N/A PM GymDec 17, 2022SatRegular Season (UE JV Tradesman Tournament)TBD7:00 7:00 JEHS Main PM GymDec 17, 2022SatRegular Season (UE JV Tradesman Tournament)TBD7:00 7:00 JEHS Main PM GymNLDec 17, 2022SatRegular Season (JV Montour AM PM GymL	POSTPONED Dec 15, 2022	Thu							UEHS Upper Parking Lot Departure Time: 4:00 PM Return Date: Return Time: 9:00	L
Dec 17, 2022 Sat Practice N/A PM PM Gym Practice (UE Tradesman Tournament) N/A PM Gym Regular Season (UE JV Tradesman Tournament) Dec 17, 2022 Sat Regular Season (JV Montour AM PM Gym PM PM Gym 7:00 7:00 UEHS Main AM PM Gym NL Regular Gym NL	Dec 16, 2022	Fri	Practice	N/A			Frank Sorochinsky Wrestling			
Dec 17, 2022 Sat Practice (UE Tradesman Tournament) N/A 7:00 7:00 UEHS Main Gym Regular Season (UE JV Tradesman Tournament) TBD 7:00 7:00 UEHS Main Gym NL Regular Gym Dec 17, 2022 Sat Regular Season (JV Montour AM PM Gym Dec 17, 2022 Sat Season (JV Montour AM PM Gym L	Dec 16, 2022	Fri	Practice	N/A						
Dec 17, 2022 Sat Season (UE JV Tradesman Tournament) Regular Season (JV Montour AM PM Gym Dec 17, 2022 Sat Season (JV Montour AM PM Gym L	Dec 17, 2022	Sat	Tradesman	N/A						
Dec 17, 2022 Sat Season (JV Montour AM PM Gym	Dec 17, 2022	Sat	Season (UE JV Tradesman	TBD						NL
	Dec 17, 2022	Sat	Season (JV							L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 19, 2022	Mon	Regular Season	Elmira, Johnson City	5:00 PM	9:00 PM	UEHS Main Gym			L
Dec 20, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room			
Dec 21, 2022	Wed	Regular Season	@ Horseheads	6:30 PM	9:00 PM	HHS HS North Gym	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 4:00 PM Return Date: Return Time: 9:00 PM	L
Dec 22, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room			
Dec 23, 2022	Fri	Practice	N/A	8:00 AM	10:00 AM	UEHS Frank Sorochinsky Wrestling Room			
Dec 26, 2022	Mon	Practice	N/A	8:00 AM	10:00 AM	UEHS Frank Sorochinsky Wrestling Room			
Dec 28, 2022	Wed	Regular Season (65th Windsor Christmas Tournament)	@ TBD	7:00 AM		Windsor High School	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 7:00 AM	NL
Dec 28, 2022	Wed	Practice	N/A	9:00 AM	11:00 AM	UEHS Frank Sorochinsky Wrestling Room			
Dec 29, 2022	Thu	Practice	N/A	9:00 AM	11:00 AM	UEHS Frank Sorochinsky Wrestling Room			
Dec 29, 2022	Thu	Regular Season (65th Windsor Christmas Tournament)	@ TBD	TBD		Windsor High School	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 6:00 AM	NL
Jan 3, 2023	Tue	Regular Season 30-6-60 L	Johnson City, Corning- Painted Post	5:00 PM	9:00 PM	UEHS Main Gym			L
Jan 5, 2023	Thu	Regular Season 60-9 W	Johnson City	6:30 PM	9:00 PM	UEHS Main Gym			L
Jan 10, 2023	Tue	Regular Season (Senior Night) 66-6 W	Binghamton	6:30 PM	9:00 PM	UEHS Main Gym			L
Jan 18, 2023	Wed	Regular Season	Ithaca	6:30 PM	9:00 PM	UEHS Main Gym			L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	: TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 24, 2023	Tue	Regular Season	@ Maine- Endwell	6:30 PM	9:00 PM	Maine- Endwell HS Gym	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 5:00 PM Return Date: Return Time: 9:00 PM	L
Jan 26, 2023	Thu	Regular Season 52-15 W	@ Susquehanna Valley	6:30 PM	8:00 PM	SVHS Gym	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 4:30 PM Return Date: Return Time: 9:00 PM	NL
Jan 31, 2023	Tue	Regular Season (Sr. Nite) 21-42 L	@ Vestal	6:30 PM	9:00 PM	Vestal High School Baseball Field	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 5:00 PM Return Date: Return Time: 9:00 PM	L
Feb 2, 2023	Thu	Regular Season 48-28 W	Chenango Valley	5:30 PM	9:00 PM	UEHS Main Gym			NL
Feb 11, 2023	Sat	Post-Season (Section IV Championship)	@ TBD	TBD		Visions Veterans Memorial Arena			NL
Feb 13, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room			
Feb 14, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room			
Feb 15, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room			
Feb 16, 2023	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room			
Feb 22, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room			
Feb 23, 2023	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	LEAGUE DEPARTURE TRANSPORTATION / NON- LEAGUE
Mar 14, 2023	Tue	Practice	N/A	6:00 PM	7:30 PM	UEHS Frank Sorochinsky Wrestling Room	
Mar 16, 2023	Thu	Practice	N/A	6:00 PM	7:30 PM	UEHS Frank Sorochinsky Wrestling Room	
Mar 21, 2023	Tue	Practice	N/A	6:00 PM	7:30 PM	UEHS Frank Sorochinsky Wrestling Room	
Mar 22, 2023	Wed	Practice	N/A	7:00 PM	8:30 PM	UEHS Frank Sorochinsky Wrestling Room	
Mar 23, 2023	Thu	Practice	N/A	6:00 PM	7:30 PM	UEHS Frank Sorochinsky Wrestling Room	
Mar 28, 2023	Tue	Practice	N/A	6:00 PM	7:30 PM	UEHS Frank Sorochinsky Wrestling Room	
Mar 29, 2023	Wed	Practice	N/A	7:00 PM	8:30 PM	UEHS Frank Sorochinsky Wrestling Room	
Mar 30, 2023	Thu	Practice	N/A	6:00 PM	7:30 PM	UEHS Frank Sorochinsky Wrestling Room	
Apr 4, 2023	Tue	Practice	N/A	6:00 PM	7:30 PM	UEHS Frank Sorochinsky Wrestling Room	
Apr 5, 2023	Wed	Practice	N/A	7:00 PM	8:30 PM	UEHS Frank Sorochinsky Wrestling Room	
Apr 6, 2023	Thu	Practice	N/A	6:00 PM	7:30 PM	UEHS Frank Sorochinsky Wrestling Room	
Apr 19, 2023	Wed	Practice	N/A	7:00 PM	8:30 PM	UEHS Frank Sorochinsky Wrestling Room	
Apr 26, 2023	Wed	Practice	N/A	7:00 PM	8:30 PM	UEHS Frank Sorochinsky Wrestling Room	

DATE	WEEK DAY	OPPONENTS	STAR [*] TIME	T END TIME LOCATION	LEAGUE DEPARTURE TRANSPORTATION / NON- LEAGUE
TBD	Practice (UE Tradesman Tournament set up)	N/A	9:00 PM	10:00 UEHS Main PM Gym	

Date: 2025-12-05