



Union-Endicott

(B) V Winter Track

Coaches:

- Tom Mitchell

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 18, 2024	Mon	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room			
Nov 19, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	UEHS Mike Miller Track			
Nov 20, 2024	Wed	Practice	N/A	3:30 AM	5:00 PM	UEHS Weight Room			
Nov 21, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	UEHS Mike Miller Track			
Nov 22, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room			
Nov 22, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	UEHS Mike Miller Track			
Nov 25, 2024	Mon	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room			
Nov 26, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	UEHS Mike Miller Track			
Nov 27, 2024	Wed	Practice	N/A	9:00 AM	10:30 AM	UEHS Weight Room			
Dec 2, 2024	Mon	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room			
Dec 3, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp Work Out Room			
Dec 4, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room			
Dec 5, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp Work Out Room			
Dec 6, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp Work Out Room			
Dec 6, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room			
Dec 8, 2024	Sun	Regular Season (Ithaca College Bombers High School Invitational)	@ TBD	9:30 AM		Ithaca College	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 7:30 AM Return Date: Return Time: 5:00 PM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 9, 2024	Mon	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room			
Dec 10, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp Work Out Room			
Dec 11, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room			
Dec 12, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp Work Out Room			
Dec 13, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room			
Dec 13, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp Work Out Room			
Dec 14, 2024	Sat	Regular Season (607 Invitational)	@ TBD	TBD		SUNY Cortland	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 12:30 PM Return Date: Return Time: 7:00 PM	L
Dec 16, 2024	Mon	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room			
Dec 17, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp Work Out Room			
Dec 18, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room			
Dec 19, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp Work Out Room			
Dec 20, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room			
Dec 20, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp Work Out Room			
Dec 21, 2024	Sat	Regular Season (Section IV Classic)	@ TBD	TBD		SUNY Cortland	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 1:00 PM Return Date: Return Time: 7:00 PM	L
Dec 23, 2024	Mon	Practice	N/A	9:00 AM	10:30 AM	UEHS Weight Room			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 24, 2024	Tue	Practice	N/A	9:00 AM	10:30 AM	Jennie F Snapp Work Out Room			
Dec 30, 2024	Mon	Practice	N/A	9:00 AM	10:30 AM	UEHS Weight Room			
Dec 31, 2024	Tue	Practice	N/A	9:00 AM	10:30 AM	Jennie F Snapp Work Out Room			
Jan 3, 2025	Fri	Regular Season (Hurley Invitational)	@ TBD	3:30 PM	11:00 PM	Ithaca College	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 3:00 PM Return Date: Return Time: 12:00 PM	L
Jan 6, 2025	Mon	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room			
Jan 7, 2025	Tue	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp Work Out Room			
Jan 8, 2025	Wed	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room			
Jan 9, 2025	Thu	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp Work Out Room			
Jan 10, 2025	Fri	Regular Season (Winter Classic)	@ TBD	7:00 PM	11:30 PM	SUNY Cortland	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 5:30 PM Return Date: Return Time: 11:30 PM	L
Jan 13, 2025	Mon	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room			
Jan 14, 2025	Tue	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp Work Out Room			
Jan 15, 2025	Wed	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room			
Jan 16, 2025	Thu	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp Work Out Room			
Jan 17, 2025	Fri	Regular Season (Quinney Invitational)	@ TBD	3:30 PM	11:30 PM	Ithaca College	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 2:30 PM Return Date: Return Time: 12:00 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 20, 2025	Mon	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room			
Jan 21, 2025	Tue	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp Work Out Room			
Jan 22, 2025	Wed	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room			
Jan 23, 2025	Thu	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp Work Out Room			
Jan 24, 2025	Fri	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room			
Jan 24, 2025	Fri	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp Work Out Room			
Jan 24, 2025	Fri	Practice	N/A	TBD	5:00 PM	UEHS Weight Room			
Jan 27, 2025	Mon	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room			
Jan 28, 2025	Tue	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp Work Out Room			
Jan 29, 2025	Wed	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room			
Jan 30, 2025	Thu	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp Work Out Room			
Jan 31, 2025	Fri	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp Work Out Room			
Jan 31, 2025	Fri	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room			
Feb 3, 2025	Mon	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room			
Feb 4, 2025	Tue	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp Work Out Room			
Feb 5, 2025	Wed	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room			
Feb 6, 2025	Thu	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp MS Main Gym			
Feb 7, 2025	Fri	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp MS Main Gym			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 7, 2025	Fri	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room			
Feb 7, 2025	Fri	Practice	N/A	TBD	5:00 PM	UEHS Weight Room			
Feb 8, 2025	Sat	Regular Season (Section IV Class Meet)	@ TBD	1:00 PM	6:00 PM	Cornell University	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 11:30 AM Return Date: Return Time: 6:00 PM	L
Feb 10, 2025	Mon	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room			
Feb 11, 2025	Tue	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp MS Main Gym			
Feb 12, 2025	Wed	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room			
Feb 13, 2025	Thu	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp MS Main Gym			
Feb 15, 2025	Sat	Regular Season (Finger Lakes Invite)	@ TBD	8:30 AM	2:00 PM	SUNY Cortland	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 7:00 AM Return Date: Return Time: 2:00 PM	L
Feb 18, 2025	Tue	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp MS Main Gym			
Feb 19, 2025	Wed	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room			
Feb 20, 2025	Thu	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp MS Main Gym			
Feb 21, 2025	Fri	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room			
Feb 21, 2025	Fri	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp MS Main Gym			
Feb 21, 2025	Fri	Practice	N/A	TBD	5:00 PM	UEHS Weight Room			
Feb 23, 2025	Sun	Regular Season (Sect IV Championships)	@ TBD	2:00 PM	7:00 PM	Cornell University	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 12:00 PM Return Date: Return Time: 7:00 PM	L
Feb 24, 2025	Mon	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 25, 2025	Tue	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp MS Main Gym			
Feb 26, 2025	Wed	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room			
Feb 27, 2025	Thu	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp MS Main Gym			
Feb 28, 2025	Fri	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room			
Feb 28, 2025	Fri	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp MS Main Gym			
Mar 3, 2025	Mon	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room			
Mar 4, 2025	Tue	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp MS Main Gym			
Mar 8, 2025	Sat	Regular Season (State Tournament)	@ TBD	TBD		Ocean Breeze Athletic Complex			L

Date: 2026-02-01