



Union-Endicott

(B) V Winter Track

Coaches:

- Tom Mitchell

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Nov 15, 2023	Wed	Practice	N/A	3:30 PM		UEHS Weight Room		
Nov 16, 2023	Thu	Practice	N/A	3:30 PM	5:00 PM	UEHS Mike Miller Track		
Nov 17, 2023	Fri	Practice	N/A	3:30 PM	5:00 PM	UEHS Mike Miller Track, UEHS Weight Room		
Nov 20, 2023	Mon	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room		
Nov 21, 2023	Tue	Practice	N/A	3:30 PM	5:00 PM	UEHS Mike Miller Track		
Nov 22, 2023	Wed	Practice	N/A	8:00 AM	9:00 AM	UEHS Weight Room		
Nov 27, 2023	Mon	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room		
Nov 28, 2023	Tue	Practice	N/A	3:30 AM	5:00 AM	UEHS Mike Miller Track		
Nov 29, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room		
Nov 30, 2023	Thu	Practice	N/A	3:30 PM	5:00 PM	UEHS Mike Miller Track		
Dec 1, 2023	Fri	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room, UEHS Mike Miller Track		
Dec 4, 2023	Mon	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room		
Dec 5, 2023	Tue	Practice	N/A	3:30 PM	5:00 PM	UEHS Mike Miller Track		
Dec 6, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room		
Dec 8, 2023	Fri	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room, UEHS Mike Miller Track		
Dec 9, 2023	Sat	Regular Season @ TBD		2:00 PM	7:00 PM	SUNY Cortland	Bus/Driver: DB1	<p>Departure Point: UEHS Upper Parking Lot</p> <p>Departure Time: 12:30 PM L</p> <p>Return Date:</p> <p>Return Time: 7:00 PM</p>

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Dec 11, 2023	Mon	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room		
Dec 12, 2023	Tue	Practice	N/A	3:30 PM	5:00 PM	UEHS Mike Miller Track		
Dec 13, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room		
Dec 14, 2023	Thu	Practice	N/A	3:30 PM	5:00 PM	UEHS Mike Miller Track		
Dec 15, 2023	Fri	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room, UEHS Mike Miller Track		
Dec 16, 2023	Sat	Regular Season @ TBD		9:00 AM	2:00 PM	SUNY Cortland	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 7:30 AM Return Date: L Return Time: 2:00 PM
Dec 18, 2023	Mon	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room		
Dec 19, 2023	Tue	Practice	N/A	3:30 PM	5:00 PM	UEHS Mike Miller Track		
Dec 20, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room		
Dec 21, 2023	Thu	Practice	N/A	3:30 PM	5:00 PM	UEHS Mike Miller Track		
Dec 22, 2023	Fri	Practice	N/A	10:00 AM	11:00 AM	UEHS Weight Room, UEHS Mike Miller Track		
Dec 26, 2023	Tue	Practice	N/A	10:00 AM	11:30 AM	Jennie F Snapp MS Main Gym		
Dec 29, 2023	Fri	Practice	N/A	10:00 AM	11:00 PM	UEHS Weight Room, UEHS Mike Miller Track		
Jan 2, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp Cafeteria		
Jan 3, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room		
Jan 4, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp Cafeteria		
Jan 5, 2024	Fri	Regular Season @ TBD		4:30 PM	11:00 PM	Ithaca College	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 3:00 PM Return Date: L Return Time: 11:00 PM

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 8, 2024	Mon	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room		
Jan 10, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room		
Jan 11, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp MS Main Gym		
Jan 13, 2024	Sat	Regular Season @ TBD		6:00 PM	11:00 PM	SUNY Cortland	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 4:30 PM Return Date: 11:00 PM Return Time: 11:00 PM
Jan 16, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp MS Main Gym		
Jan 17, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room		
Jan 18, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp MS Main Gym		
Jan 19, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room, UEHS Mike Miller Track		
Jan 22, 2024	Mon	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room		
Jan 23, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp MS Main Gym		
Jan 24, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room		
Jan 25, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp MS Main Gym		
Jan 26, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room, UEHS Mike Miller Track		
Jan 27, 2024	Sat	Regular Season @ TBD		6:00 PM	11:00 PM	SUNY Cortland	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 4:30 PM Return Date: 11:00 PM Return Time: 11:00 PM
Jan 29, 2024	Mon	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room		
Jan 30, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp MS Main Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Jan 31, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room		
Feb 1, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp MS Main Gym		
Feb 2, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room, UEHS Mike Miller Track		
Feb 5, 2024	Mon	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room		
Feb 6, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp MS Main Gym		
Feb 7, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room		
Feb 8, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp MS Main Gym		
CANCELLED Feb 9, 2024	Fri	Regular Season (Section IV Meet)	@ TBD	TBD		Ithaca College	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot L
Feb 12, 2024	Mon	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room		
Feb 13, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp MS Main Gym		
Feb 14, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room		
Feb 15, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp MS Main Gym		
Feb 17, 2024	Sat	Regular Season (Section IV Classic)	@ TBD	6:00 PM	11:00 PM	SUNY Cortland	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 4:30 PM Return Date: Return Time: 11:00 PM L
Feb 19, 2024	Mon	Practice	N/A	10:00 AM	11:00 AM	UEHS Weight Room		
Feb 20, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp MS Main Gym		
Feb 21, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room		
Feb 22, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp MS Main Gym		
Feb 25, 2024	Sun	Post-Season (Section IV Championship)	@ TBD	TBD		Cornell University	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION / NON-LEAGUE	
							TRANSPORTATION	NON-LEAGUE
Feb 26, 2024	Mon	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room		
Feb 27, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp MS Main Gym		
Feb 28, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	UEHS Weight Room		
Feb 29, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Jennie F Snapp MS Main Gym		

Date: 2026-02-01