## **Coaches:**

• D'Lynn Noyes, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 9, 2022	Fri	Practice	N/A	2:45 PM	4:00 PM	UEHS Pool			
Sep 12, 2022	Mon	Practice	N/A	2:45 PM	4:00 PM	UEHS Pool			
Sep 13, 2022	Tue	Practice	N/A	2:45 PM	4:00 PM	UEHS Pool			
Sep 14, 2022	Wed	Practice	N/A	2:45 PM	4:00 PM	UEHS Pool			
Sep 15, 2022	Thu	Practice	N/A	2:45 PM	4:00 PM	UEHS Pool			
Sep 16, 2022	Fri	Practice	N/A	2:45 PM	4:00 PM	UEHS Pool			
CANCELLED Sep 19, 2022	Mon	Practice	N/A	2:45 PM	4:00 PM	UEHS Pool			
Sep 19, 2022	Mon		@ Owego Apalachin	5:30 PM	7:00 PM	OFA Pool	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 4:30 PM Return Date: Return Time: 7:00 PM	NL
Sep 20, 2022	Tue	Practice	N/A	2:45 PM	4:00 PM	UEHS Pool			
Sep 21, 2022	Wed	Practice	N/A	2:45 PM	4:00 PM	UEHS Pool			
Sep 22, 2022	Thu	Regular Season	@ Horseheads	5:30 PM	7:30 PM	HHS HS Pool	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 4:15 PM Return Date: Return Time: 7:30 PM	L
Sep 23, 2022	Fri	Practice	N/A	2:45 PM	4:00 PM	UEHS Pool			
Sep 26, 2022	Mon	Practice	N/A	2:45 PM	4:00 PM	UEHS Pool			
Sep 27, 2022	Tue	Practice	N/A	2:45 PM	4:00 PM	UEHS Pool			
Sep 28, 2022	Wed	Practice	N/A	2:45 PM	4:00 PM	UEHS Pool			
Sep 29, 2022	Thu	Regular Season	Vestal, Chenango Valley	6:00 PM	8:00 PM	UEHS Pool			L
Sep 30, 2022	Fri	Practice	N/A	2:45 PM	4:00 PM	UEHS Pool			
Oct 3, 2022	Mon	Regular Season	@ Susquehanna Valley	5:30 PM	6:45 PM	SVHS Pool	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 4:30 PM Return Date: Return Time: 6:45 PM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 4, 2022	Tue	Practice	N/A	2:45 PM	4:00 PM	UEHS Pool			
Oct 5, 2022	Wed	Regular Season	TBD @ Maine-Endwell	5:30 PM	7:30 PM	Maine- Endwell HS Pool	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 4:45 PM Return Date: Return Time: 7:30 PM	L
Oct 6, 2022	Thu	Practice	N/A	2:45 PM	4:00 PM	UEHS Pool			
Oct 10, 2022	Mon	Practice	N/A	2:45 PM	4:00 PM	UEHS Pool			
Oct 11, 2022	Tue	Practice	N/A	2:45 PM	4:00 PM	UEHS Pool			
Oct 12, 2022	Wed	Practice	N/A	2:45 PM	4:00 PM	UEHS Pool			
Oct 13, 2022	Thu		Norwich @ Binghamton	5:30 PM	PM	East Middle School Pool	<b>Bus/Driver:</b> DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 4:45 PM Return Date: Return Time: 7:30 PM	L
Oct 14, 2022	Fri	Practice	N/A	2:45 PM	4:00 PM	UEHS Pool			
Oct 17, 2022	Mon	Practice	N/A	2:45 PM	4:00 PM	UEHS Pool			
Oct 18, 2022	Tue	Practice	N/A	2:45 PM	4:00 PM	UEHS Pool			
Oct 19, 2022	Wed	Practice	N/A	2:45 PM	4:00 PM	UEHS Pool			
Oct 24, 2022	Mon	Regular Season	Corning- Painted Post, TBD	5:30 PM	7:30 PM	UEHS Pool			L

Date: 2025-12-25