

Coaches:

- Doug Peters, Head Coach
- Jessie Daglio, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LEAGUE LOCATION DEPARTURE TRANSPORTATION / NON- LEAGUE
Aug 11, 2025	Mon	Practice (Girls Varsity Swimming Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool
Aug 12, 2025	Tue	Practice (Girls Varsity Swimming Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool
Aug 13, 2025	Wed	Practice (Girls Varsity Swimming Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool
Aug 14, 2025	Thu	Practice (Girls Varsity Swimming Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool
Aug 15, 2025	Fri	Practice (Girls Varsity Swimming Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool
Aug 16, 2025	Sat	Practice (Girls Varsity Swimming Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool
Aug 18, 2025	Mon	Practice (Girls Varsity Swimming Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool
Aug 18, 2025	Mon	Practice (Dive Practice)	N/A	4:30 PM	6:30 PM	UEHS Pool
Aug 19, 2025	Tue	Practice (Girls Varsity Swimming Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool
Aug 19, 2025	Tue	Practice (Dive Practice)	N/A	4:30 PM	6:30 PM	UEHS Pool
Aug 20, 2025	Wed	Practice (Girls Varsity Swimming Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool
Aug 20, 2025	Wed	Practice (Dive Practice)	N/A	4:30 PM	6:30 PM	UEHS Pool
Aug 21, 2025	Thu	Practice (Girls Varsity Swimming Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool
Aug 21, 2025	Thu	Practice (Dive Practice)	N/A	4:30 PM	6:30 PM	UEHS Pool
Aug 22, 2025	Fri	Practice (Girls Varsity Swimming Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool
Aug 22, 2025	Fri	Practice (Dive Practice)	N/A	4:30 PM	6:30 PM	UEHS Pool

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LEAGUE LOCATION DEPARTURE TRANSPORTATION / NON- LEAGUE
Aug 25, 2025	Mon	Practice (Girls Varsity Swimming Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool
Aug 25, 2025	Mon	Practice (Dive Practice)	N/A	4:30 PM	6:30 PM	UEHS Pool
Aug 26, 2025	Tue	Practice (Girls Varsity Swimming Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool
Aug 26, 2025	Tue	Practice (Dive Practice)	N/A	10:00 AM	12:00 PM	UEHS Pool
Aug 27, 2025	Wed	Practice (Girls Varsity Swimming Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool
Aug 27, 2025	Wed	Practice (Dive Practice)	N/A	10:00 AM	12:00 PM	UEHS Pool
Aug 28, 2025	Thu	Practice (Girls Varsity Swimming Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool
Aug 28, 2025	Thu	Practice (Dive Practice)	N/A	10:00 AM	12:00 PM	UEHS Pool
Aug 29, 2025	Fri	Practice (Girls Varsity Swimming Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool
Aug 29, 2025	Fri	Practice (Dive Practice)	N/A	10:00 AM	12:00 PM	UEHS Pool
Aug 30, 2025	Sat	Practice (Girls Varsity Swimming Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool
Sep 1, 2025	Mon	Practice (Girls Varsity Swimming Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool
Sep 2, 2025	Tue	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool
Sep 2, 2025	Tue	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool
Sep 3, 2025	Wed	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool
Sep 3, 2025	Wed	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool
Sep 4, 2025	Thu	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool
Sep 4, 2025	Thu	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool
Sep 5, 2025	Fri	Regular Season 40-61 L	Elmira	5:30 PM	8:00 PM	UEHS Pool
Sep 6, 2025	Sat	Practice (Girls Varsity Swim Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 6, 2025	Sat	Regular Season (Wolverine Invitational)	@ TBD	9:00 AM		Waverly High School Pool	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot	NL
Sep 8, 2025	Mon	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Sep 8, 2025	Mon	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool			
Sep 9, 2025	Tue	Regular Season 78-94 L	@ Vestal	5:30 PM	8:00 PM	Vestal High School Pool	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 4:00 PM Return Date: Return Time: 8:00 PM	L
Sep 10, 2025	Wed	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Sep 10, 2025	Wed	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool			
Sep 11, 2025	Thu	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Sep 11, 2025	Thu	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool			
Sep 12, 2025	Fri	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Sep 12, 2025	Fri	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool			
Sep 13, 2025	Sat	Practice (Swim & Dive Practice)	N/A	8:00 AM	12:00 PM	UEHS Pool			
Sep 15, 2025	Mon	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Sep 15, 2025	Mon	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool			
Sep 16, 2025	Tue	Regular Season 43-56 L	Corning-Painted Post	5:30 PM	8:00 PM	UEHS Pool			L
Sep 17, 2025	Wed	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Sep 17, 2025	Wed	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool			
Sep 18, 2025	Thu	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Sep 18, 2025	Thu	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	I DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 19, 2025	Fri	Învitational)	Southern Cayuga, Clarence, Corning-Painted Post, Hilton, Horseheads, Ithaca, Lansing, Notre Dame, Elmira, Our Lady of Lourdes, Owego Apalachin, Valley Central, Vestal @ Watkins Glen (Storm)	5:00 PM	8:00 PM	W G Pool			L
Sep 19, 2025	Fri	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool			
Sep 19, 2025	Fri	Regular Season (Invitational In The Glen)	@ TBD	TBD		TBD	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 12:30 PM	L
Sep 20, 2025	Sat	Regular Season (Watkins Glen Invitational Finals)	Southern Cayuga, Clarence, Corning-Painted Post, Fairport, Hilton, Ithaca, Lansing, New Paltz, Notre Dame, Elmira, Our Lady of Lourdes, Owego Apalachin, Valley Central, Vestal @ Watkins Glen (Storm)	9:00 AM	3:00 PM	W G Pool			L
Sep 20, 2025	Sat	Regular Season (Invitational In The Glen)	@ TBD	TBD		TBD	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Return Date: Return Time: 5:00 PM	NL
Sep 22, 2025	Mon	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Sep 22, 2025	Mon	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool			
Sep 23, 2025	Tue	Regular Season 42-137 L	@ Horseheads	5:30 PM	8:00 PM	HHS HS Pool	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 3:00 PM Return Date: Return Time: 8:00 PM	L
Sep 24, 2025	Wed	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Sep 24, 2025	Wed	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	I DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 25, 2025	Thu	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Sep 25, 2025	Thu	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool			
Sep 26, 2025	Fri	Regular Season 97-48 W	@ Binghamton	5:30 PM	8:00 PM	East Middle School Pool	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 3:45 PM Return Date: Return Time: 8:00 PM	L
Sep 27, 2025	Sat	Practice (Girls Varsity Swim Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool			
Sep 29, 2025	Mon	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Sep 29, 2025	Mon	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool			
Sep 30, 2025	Tue	Regular Season 42-57 L	Ithaca	5:30 PM	8:00 PM	UEHS Pool			L
Oct 1, 2025	Wed	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Oct 1, 2025	Wed	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool			
Oct 2, 2025	Thu	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Oct 2, 2025	Thu	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool			
Oct 3, 2025	Fri	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Oct 3, 2025	Fri	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool			
Oct 4, 2025	Sat	Practice (Girls Varsity Swim Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool			
Oct 6, 2025	Mon	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Oct 6, 2025	Mon	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool			
Oct 7, 2025	Tue	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Oct 7, 2025	Tue	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool			
Oct 8, 2025	Wed	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Oct 8, 2025	Wed	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool			
Oct 9, 2025	Thu	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Oct 9, 2025	Thu	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	: TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 10, 2025	Fri	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Oct 10, 2025	Fri	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool			
Oct 11, 2025	Sat	Regular Season (ME Swim & Dive Invitational)	@ TBD	TBD		TBD			NL
Oct 13, 2025	Mon	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Oct 13, 2025	Mon	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool			
Oct 14, 2025	Tue	Regular Season 47-52 L	Maine-Endwell	5:30 PM	8:00 PM	UEHS Pool			L
Oct 15, 2025	Wed	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Oct 15, 2025	Wed	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool			
Oct 16, 2025	Thu	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Oct 16, 2025	Thu	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool			
Oct 17, 2025	Fri	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Oct 17, 2025	Fri	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool			
Oct 18, 2025	Sat	Practice (Girls Varsity Swim Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool			
Oct 20, 2025	Mon	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Oct 20, 2025	Mon	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool			
Oct 21, 2025	Tue	Regular Season	@ Johnson City	5:30 PM	8:00 PM	JC HS Pool	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 3:45 PM Return Date: Return Time: 8:00 PM	L
Oct 22, 2025	Wed	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Oct 22, 2025	Wed	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool			
Oct 23, 2025	Thu	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Oct 23, 2025	Thu	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION /	LEAGUE ' NON- LEAGUE
Oct 24, 2025	Fri	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Oct 24, 2025	Fri	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool			
Oct 25, 2025	Sat	Practice (Girls Varsity Swim Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool			
Oct 27, 2025	Mon	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Oct 27, 2025	Mon	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool			
Oct 28, 2025	Tue	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Oct 28, 2025	Tue	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool			
Oct 29, 2025	Wed	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Oct 29, 2025	Wed	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool			
Oct 30, 2025	Thu	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Oct 30, 2025	Thu	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool			
Oct 31, 2025	Fri	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Oct 31, 2025	Fri	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool			
Nov 1, 2025	Sat	Practice (Girls Varsity Swim Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool			
Nov 3, 2025	Mon	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Nov 3, 2025	Mon	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool			
Nov 4, 2025	Tue	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Nov 4, 2025	Tue	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool			
Nov 5, 2025	Wed	Post-Season (Sectionals)	@ TBD	5:00 PM	9:00 PM	EDA Pool	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 2:00 PM Return Date: Return Time: 9:00 PM	L
Nov 6, 2025	Thu	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Nov 6, 2025	Thu	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 7, 2025	Fri	Post-Season (Diving Sectionals)	@ TBD	12:00 PM	6:00 PM	EDA Pool	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 8:30 AM Return Date: Return Time: 6:00 PM	L
Nov 7, 2025	Fri	Practice (Girls Varsity Swim Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Nov 7, 2025	Fri	Practice (Dive Practice)	N/A	5:45 PM	7:15 PM	UEHS Pool			
Nov 8, 2025	Sat	Post-Season (Finals)	@ TBD	12:15 PM	7:00 PM	W G Pool	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 12:15 PM Return Date: Return Time: 7:00 PM	L

Date: 2025-12-17