



# Union-Endicott (G) V Swimming/Diving

## Coaches:

- Doug Peters, Head Coach
- Sara Rostedt
- Jessie Daglio

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 14, 2023	Mon	Practice	N/A	5:00 PM	7:00 PM	UEHS Cardio Room			
Aug 14, 2023	Mon	Practice (Swim & Dive Practice)	N/A	TBD		UEHS Weight Room			
Aug 15, 2023	Tue	Practice (Girls varsity swimming )	N/A	8:30 AM	10:00 AM	UEHS Cardio Room			
Aug 15, 2023	Tue	Practice	N/A	8:30 AM	10:00 AM	UEHS Weight Room			
Aug 16, 2023	Wed	Practice	N/A	8:30 AM	10:00 AM	UEHS Weight Room			
Aug 16, 2023	Wed	Practice (Girls varsity swimming )	N/A	8:30 AM	10:00 AM	UEHS Cardio Room			
Aug 17, 2023	Thu	Practice (Swim & Dive Practice)	N/A	5:00 PM	7:00 PM	UEHS Weight Room			
Aug 17, 2023	Thu	Practice	N/A	5:00 PM	7:00 PM	UEHS Cardio Room			
CANCELLED Aug 18, 2023	Fri	Practice	N/A	8:30 AM	10:00 AM	UEHS Weight Room			
CANCELLED Aug 18, 2023	Fri	Practice (Girls varsity swimming )	N/A	8:30 AM	10:00 AM	UEHS Cardio Room			
Aug 21, 2023	Mon	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am -1pm))	N/A	8:00 AM	1:00 PM	UEHS Pool			
Aug 22, 2023	Tue	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am -1pm))	N/A	8:00 AM	1:00 PM	UEHS Pool			
Aug 23, 2023	Wed	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am -1pm))	N/A	8:00 AM	1:00 PM	UEHS Pool			
Aug 24, 2023	Thu	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am -1pm))	N/A	8:00 AM	1:00 PM	UEHS Pool			

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Aug 24, 2023	Thu	Practice (Swimming & Diving Parent Meeting 7pm HS Pool)	N/A	7:00 PM	8:00 PM	UEHS Pool			
Aug 25, 2023	Fri	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am -1pm))	N/A	8:00 AM	1:00 PM	UEHS Pool			
Aug 28, 2023	Mon	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am -1pm))	N/A	8:00 AM	1:00 PM	UEHS Pool			
Aug 29, 2023	Tue	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am -1pm))	N/A	8:00 AM	1:00 PM	UEHS Pool			
Aug 30, 2023	Wed	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am -1pm))	N/A	8:00 AM	1:00 PM	UEHS Pool			
Sep 1, 2023	Fri	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am -1pm))	N/A	8:00 AM	1:00 PM	UEHS Pool			
Sep 2, 2023	Sat	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am -1pm))	N/A	8:00 AM	1:00 PM	UEHS Pool			
Sep 4, 2023	Mon	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am -1pm))	N/A	8:00 AM	1:00 PM	UEHS Pool			
Sep 5, 2023	Tue	Regular Season 56-46 W	Elmira	5:30 PM	8:00 PM	UEHS Pool			L
Sep 6, 2023	Wed	Practice (Swim & Dive Practice (Swim 3:30-6:30pm; Dive 6:30-8pm))	N/A	3:30 PM	8:00 PM	UEHS Pool			
Sep 7, 2023	Thu	Practice (Swim & Dive Practice (Swim 3:30-6:15pm; Dive 6:30-8pm))	N/A	3:30 PM	8:00 PM	UEHS Pool			

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Sep 8, 2023	Fri	Regular Season 81-97 L	@ Vestal	5:30 PM	8:00 PM	Vestal High School Pool	Bus/Driver: DB1	<b>Departure Point:</b> UEHS Upper Parking Lot <b>Departure Time:</b> 4:00 PM <b>Return Date:</b> <b>Return Time:</b> 7:30 PM	L
Sep 9, 2023	Sat	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am -1pm))	N/A	8:00 AM	1:00 PM	UEHS Pool			
Sep 11, 2023	Mon	Practice (Swim & Dive Practice (Swim 3:30-6:30pm; Dive 6:30-8pm))	N/A	3:30 PM	8:00 PM	UEHS Pool			
Sep 12, 2023	Tue	Regular Season 71-110 L	@ Horseheads	5:30 PM	8:00 PM	HHS HS Pool	Bus/Driver: DB1	<b>Departure Point:</b> UEHS Upper Parking Lot <b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 8:00 PM	L
Sep 13, 2023	Wed	Practice (Swim & Dive Practice (Swim 3:30-6:30pm; Dive 6:30-8pm))	N/A	3:30 PM	8:00 PM	UEHS Pool			
Sep 14, 2023	Thu	Practice (Swim & Dive Practice (Swim 3:30-6:15pm; Dive 6:30-8pm))	N/A	3:30 PM	8:00 PM	UEHS Pool			
Sep 15, 2023	Fri	Practice (Swim & Dive Practice (Swim 3:30-6:15pm; Dive 6:30-8pm))	N/A	3:30 PM	8:00 PM	UEHS Pool			
Sep 16, 2023	Sat	Regular Season (JC Relay Invitational)	@ TBD	TBD		JC HS Pool	Bus/Driver: DB1	<b>Departure Point:</b> UEHS Upper Parking Lot <b>Departure Time:</b> 7:30 AM <b>Return Date:</b> <b>Return Time:</b> 11:45 AM	NL
Sep 18, 2023	Mon	Practice (Swim & Dive Practice (Swim 3:30-6:30pm; Dive 6:30-8pm))	N/A	3:30 PM	8:00 PM	UEHS Pool			
Sep 19, 2023	Tue	Regular Season 43-58 L	Corning-Painted Post	5:30 PM	8:00 PM	UEHS Pool			L

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Sep 20, 2023	Wed	Practice (Swim & Dive Practice (Swim 3:30-6:30pm; Dive 6:30-8pm))	N/A	3:30 PM	8:00 PM	UEHS Pool			
Sep 21, 2023	Thu	Practice (Swim & Dive Practice (Swim 3:30-6:15pm; Dive 6:30-8pm))	N/A	3:30 PM	8:00 PM	UEHS Pool			
Sep 22, 2023	Fri	Practice (Swim & Dive Practice (Swim 3:30-6:15pm; Dive 6:30-8pm))	N/A	3:30 PM	8:00 PM	UEHS Pool			
Sep 23, 2023	Sat	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am -1pm))	N/A	8:00 AM	1:00 PM	UEHS Pool			
Sep 25, 2023	Mon	Practice (Swim & Dive Practice (Swim 3:30-6:30pm; Dive 6:30-8pm))	N/A	3:30 PM	8:00 PM	UEHS Pool			
Sep 26, 2023	Tue	Regular Season 95-71 W	@ Binghamton	5:30 PM	8:00 PM	East Middle School Pool	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 3:45 PM Return Date: Return Time: 8:00 PM	L
Sep 27, 2023	Wed	Practice (Swim & Dive Practice (Swim 3:30-6:30pm; Dive 6:30-8pm))	N/A	3:30 PM	8:00 PM	UEHS Pool			
Sep 28, 2023	Thu	Practice (Swim & Dive Practice (Swim 3:30-6:15pm; Dive 6:30-8pm))	N/A	3:30 PM	8:00 PM	UEHS Pool			
Sep 29, 2023	Fri	Practice (Swim & Dive Practice (Swim 3:30-6:15pm; Dive 6:30-8pm))	N/A	3:30 PM	8:00 PM	UEHS Pool			
Sep 30, 2023	Sat	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am -1pm))	N/A	8:00 AM	1:00 PM	UEHS Pool			

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Oct 2, 2023	Mon	Practice (Swim & Dive Practice (Swim 3:30-6:30pm; Dive 6:30-8pm))	N/A	3:30 PM	8:00 PM	UEHS Pool			
Oct 3, 2023	Tue	Regular Season 41-58 L	Ithaca	5:30 PM	8:00 PM	UEHS Pool			L
Oct 4, 2023	Wed	Practice (Swim & Dive Practice (Swim 3:30-6:30pm; Dive 6:30-8pm))	N/A	3:30 PM	8:00 PM	UEHS Pool			
Oct 5, 2023	Thu	Practice (Swim & Dive Practice (Swim 3:30-6:15pm; Dive 6:30-8pm))	N/A	3:30 PM	8:00 PM	UEHS Pool			
Oct 6, 2023	Fri	Practice (Swim & Dive Practice (Swim 3:30-6:15pm; Dive 6:30-8pm))	N/A	3:30 PM	8:00 PM	UEHS Pool			
Oct 7, 2023	Sat	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am-1pm))	N/A	8:00 AM	1:00 PM	UEHS Pool			
Oct 10, 2023	Tue	Practice (Swim & Dive Practice (Swim 3:30-6:15pm; Dive 6:30-8pm))	N/A	3:30 PM	8:00 PM	UEHS Pool			
Oct 11, 2023	Wed	Practice (Swim & Dive Practice (Swim 3:30-6:30pm; Dive 6:30-8pm))	N/A	3:30 PM	8:00 PM	UEHS Pool			
Oct 12, 2023	Thu	Regular Season 96-80 W	@ Johnson City	5:30 PM	8:00 PM	JC HS Pool	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 3:45 PM Return Date: Return Time: 8:00 PM	L
Oct 13, 2023	Fri	Practice (Swim & Dive Practice (Swim 3:30-6:15pm; Dive 6:30-8pm))	N/A	3:30 PM	8:00 PM	UEHS Pool			

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Oct 13, 2023	Fri	Regular Season (Elmira Invitational)	@ TBD	5:00 PM	9:30 PM	TBD	<b>Bus/Driver:</b> DB1 <b>Class Dismissal:</b> 1:45 PM	<b>Departure Point:</b> UEHS Upper Parking Lot <b>Departure Time:</b> 2:00 PM <b>Return Date:</b> <b>Return Time:</b> 9:30 PM	NL
Oct 14, 2023	Sat	Regular Season (Elmira Invitational)	@ TBD	10:00 AM	6:00 PM	TBD	<b>Bus/Driver:</b> DB1 <b>Class Dismissal:</b> 1:45 PM	<b>Departure Point:</b> UEHS Upper Parking Lot <b>Departure Time:</b> 7:30 AM <b>Return Date:</b> <b>Return Time:</b> 6:00 PM	NL
Oct 16, 2023	Mon	Practice (Swim & Dive Practice (Swim 3:30-6:30pm; Dive 6:30-8pm))	N/A	3:30 PM	8:00 PM	UEHS Pool			
Oct 17, 2023	Tue	Regular Season (UE Senior Night) 40-60 L	Maine-Endwell	5:30 PM	8:00 PM	UEHS Pool			L
Oct 18, 2023	Wed	Practice (Swim & Dive Practice (Swim 3:30-6:30pm; Dive 6:30-8pm))	N/A	3:30 PM	8:00 PM	UEHS Pool			
Oct 19, 2023	Thu	Practice (Swim & Dive Practice (Swim 3:30-6:15pm; Dive 6:30-8pm))	N/A	3:30 PM	8:00 PM	UEHS Pool			
CANCELLED Oct 20, 2023	Fri	Regular Season	@ Susquehanna Valley	5:30 PM	7:30 PM	SVHS Pool	<b>Bus/Driver:</b> DB1	<b>Departure Point:</b> UEHS Upper Parking Lot <b>Departure Time:</b> 3:45 PM <b>Return Date:</b> <b>Return Time:</b> 7:30 PM	NL
Oct 21, 2023	Sat	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am -1pm))	N/A	8:00 AM	1:00 PM	UEHS Pool			
Oct 23, 2023	Mon	Practice (Swim & Dive Practice (Swim 3:30-6:30pm; Dive 6:30-8pm))	N/A	3:30 PM	8:00 PM	UEHS Pool			
Oct 24, 2023	Tue	Practice (Swim & Dive Practice (Swim 3:30-6:15pm; Dive 6:30-8pm))	N/A	3:30 PM	8:00 PM	UEHS Pool			

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Oct 25, 2023	Wed	Practice (Swim & Dive Practice (Swim 3:30-6:30pm; Dive 6:30-8pm))	N/A	3:30 PM	8:00 PM	UEHS Pool			
Oct 26, 2023	Thu	Practice (Swim & Dive Practice (Swim 3:30-6:15pm; Dive 6:30-8pm))	N/A	3:30 PM	8:00 PM	UEHS Pool			
Oct 27, 2023	Fri	Practice (Swim & Dive Practice (Swim 3:30-6:15pm; Dive 6:30-8pm))	N/A	3:30 PM	8:00 PM	UEHS Pool			
Oct 28, 2023	Sat	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am -1pm))	N/A	8:00 AM	1:00 PM	UEHS Pool			
Oct 30, 2023	Mon	Practice (Swim & Dive Practice (Swim 3:30-6:30pm; Dive 6:30-8pm))	N/A	3:30 PM	8:00 PM	UEHS Pool			
Oct 31, 2023	Tue	Practice (Swim & Dive Practice (Swim 3:30-6:15pm; Dive 6:30-8pm))	N/A	3:30 PM	8:00 PM	UEHS Pool			
Nov 1, 2023	Wed	Post-Season (Sectionals Prelims)	@ TBD	TBD		EDA Pool	<b>Bus/Driver:</b> DB1 <b>Class Dismissal:</b> 1:45 PM	<b>Departure Point:</b> UEHS Upper Parking Lot <b>Departure Time:</b> 2:00 PM <b>Return Date:</b> <b>Return Time:</b> 9:00 PM	NL
Nov 2, 2023	Thu	Practice (Swim & Dive Practice (Swim 3:30-6:15pm; Dive 6:30-8pm))	N/A	3:30 PM	8:00 PM	UEHS Pool			
Nov 3, 2023	Fri	Post-Season (Sectionals - Diving Finals)	@ TBD	3:15 PM		EDA Pool	<b>Bus/Driver:</b> DB1 <b>Class Dismissal:</b> 12:15 PM	<b>Departure Point:</b> UEHS Upper Parking Lot <b>Departure Time:</b> 12:30 PM <b>Return Date:</b> <b>Return Time:</b> 9:00 PM	NL
Nov 3, 2023	Fri	Practice (Swim & Dive Practice (Swim 3:30-6:15pm; Dive 6:30-8pm))	N/A	3:30 PM	8:00 PM	UEHS Pool			

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Nov 4, 2023	Sat	Post-Season (Sectional Finals)	@ TBD	3:30 PM	8:00 PM	W G Pool	<b>Bus/Driver:</b> DB1	<b>Departure Point:</b> UEHS Upper Parking Lot <b>Departure Time:</b> 12:15 PM <b>Return Date:</b> <b>Return Time:</b> 8:00 PM	NL
Nov 4, 2023	Sat	Post-Season (Section IV Finals - Class A )	Elmira, Corning-Painted Post, Ithaca, Binghamton, Horseheads, Vestal @ Watkins Glen (Storm)	3:30 PM		W G Pool			NL

Date: 2024-04-09