Coaches:



- Mike Terboss
- Tom Mitchell

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | LEAGUE DEPARTURE TRANSPORTATION / NON- LEAGUE |
|--------------------------|-------------|----------|-----------|---------------|-------------|------------------------------|---|
| Mar 25, 2024 | Mon | Practice | N/A | 2:30 PM | 4:15 PM | UEHS Mike Miller Track | |
| Mar 26, 2024 | Tue | Practice | N/A | 2:30 PM | 4:15 PM | UEHS Mike Miller Track | |
| Mar 27, 2024 | Wed | Practice | N/A | 2:30 PM | 4:15 PM | UEHS Mike Miller Track | |
| Mar 28, 2024 | Thu | Practice | N/A | 2:30 PM | 4:15 PM | UEHS Mike Miller Track | |
| Mar 29, 2024 | Fri | Practice | N/A | 9:00 AM | 10:30 AM | Track | |
| Apr 1, 2024 | Mon | Practice | N/A | 9:00 AM | 10:30 AM | UEHS Mike Miller Track | |
| Apr 2, 2024 | Tue | Practice | N/A | 9:00 AM | 10:30 AM | UEHS Mike Miller Track | |
| CANCELLED Apr 3, 2024 | Wed | Practice | N/A | 9:00 AM | 10:30 AM | UEHS Mike Miller Track | |
| Apr 9, 2024 | Tue | Practice | N/A | 2:30 PM | 4:15 PM | UEHS Mike Miller Track | |
| Apr 10, 2024 | Wed | Practice | N/A | 2:30 PM | 4:15 PM | UEHS Mike Miller Track | |
| Apr 11, 2024 | Thu | Practice | N/A | 2:30 PM | 4:15 PM | UEHS Mike Miller Track | |
| Apr 12, 2024 | Fri | Practice | N/A | 2:30 PM | 4:15 PM | UEHS Mike Miller Track | |
| Apr 15, 2024 | Mon | Practice | N/A | 2:30 PM | 4:15 PM | UEHS Mike Miller Track | |
| Apr 16, 2024 | Tue | Practice | N/A | 2:30 PM | 4:15 PM | UEHS Mike Miller Track | |
| Apr 17, 2024 | Wed | Practice | N/A | 2:30 PM | 4:15 PM | UEHS Mike Miller Track | |
| Apr 18, 2024 | Thu | Practice | N/A | 2:30 PM | 4:15 PM | UEHS Mike Miller Track | |
| Apr 19, 2024 | Fri | Practice | N/A | 2:30 PM | 4:15 PM | UEHS Mike Miller Track | |
| Apr 22, 2024 | Mon | Practice | N/A | 2:30 PM | 4:15 PM | UEHS Mike Miller Track | |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|----------|--|---------------|-------------|--------------------------------|---------------------------|--|----------------------------|
| Apr 23, 2024 | Tue | Practice | N/A | 2:30 PM | 4:15 PM | UEHS Mike Miller Track | | | |
| Apr 24, 2024 | Wed | Practice | N/A | 2:30 PM | 4:15 PM | UEHS Mike Miller Track | | | |
| Apr 25, 2024 | Thu | | Windsor, Johnson City, Seton Catholic Central | | 7:00 PM | UEHS Mike Miller Track | | | L |
| Apr 26, 2024 | Fri | Practice | N/A | 2:30 PM | 4:15 PM | UEHS Mike Miller Track | | | |
| Apr 29, 2024 | Mon | | Chenango Valley @ Oneonta | 5:30 PM | | Oneonta High School | Bus/Driver: DB1 | Departure Point: Fran Angeline Field House Departure Time: 3:45 PM Return Date: Return Time: 9:00 PM | L |
| Apr 30, 2024 | Tue | Practice | N/A | 2:30 PM | 4:15 PM | UEHS Mike Miller Track | | | |
| May 1, 2024 | Wed | Practice | N/A | 2:30 PM | 4:15 PM | UEHS Mike Miller Track | | | |
| May 2, 2024 | Thu | | Norwich @ Susquehanna Valley | 5:00 PM | 7:30 PM | SVHS Track | Bus/Driver: DB1 | Departure Point: Fran Angeline Field House Departure Time: 3:30 PM Return Date: Return Time: 9:00 PM | L |
| May 7, 2024 | Tue | Practice | N/A | 2:30 PM | 4:15 PM | UEHS Mike Miller Track | | | |
| May 8, 2024 | Wed | Practice | N/A | 2:30 PM | 4:15 PM | UEHS Mike Miller Track | | | |
| May 9, 2024 | Thu | | Chenango Valley @ Johnson City | 5:00 PM | 8:00 PM | JC Wildcat Stadium | Bus/Driver: DB1 | Departure Point: Fran Angeline Field House Departure Time: 4:00 PM Return Date: Return Time: 9:00 PM | L |
| May 10, 2024 | Fri | Practice | N/A | 2:30 PM | 4:15 PM | UEHS Mike Miller Track | | | |
| May 13, 2024 | Mon | | Chenango Forks @ Corning-Painted Post | 5:30 PM | | Corning Memorial Stadium | Bus/Driver: DB1 | Departure Point: Fran Angeline Field House Departure Time: 3:30 PM Return Date: Return Time: 9:00 PM | L |
| May 14, 2024 | Tue | Practice | N/A | 2:30 PM | 4:15 PM | UEHS Mike Miller Track | | | |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|-------------------|---|---------------|-------------|------------------------------|--------------------|--|----------------------------|
| May 15, 2024 | Wed | Practice | N/A | 2:30 PM | 4:15 PM | UEHS Mike Miller Track | | | |
| May 16, 2024 | Thu | Regular Season | Johnson City, Binghamton, Maine- Endwell | 5:00 PM | 7:00 PM | UEHS Mike Miller Track | | | L |
| May 17, 2024 | Fri | Practice | N/A | 2:30 PM | 4:15 PM | UEHS Mike Miller Track | | | |
| May 20, 2024 | Mon | Practice | N/A | 2:30 PM | 4:15 PM | UEHS Mike Miller Track | | | |
| May 21, 2024 | Tue | Regular Season | Ithaca, Waverly | 5:00 PM | 7:00 PM | UEHS Mike Miller Track | | | L |
| May 22, 2024 | Wed | Practice | N/A | 2:30 PM | 4:15 PM | UEHS Mike Miller Track | | | |
| May 23, 2024 | Thu | Practice | N/A | 2:30 PM | 4:15 PM | UEHS Mike Miller Track | | | |
| May 28, 2024 | Tue | Regular Season | Vestal, Binghamton, Ithaca, Elmira (Elmira Express), Corning- Painted Post, Horseheads, Maine- Endwell, Waverly, Oneonta, Windsor, Norwich, Seton Catholic Central, Chenango Valley, Susquehanna Valley, Owego Apalachin @ Johnson City | 5:00 PM | 8:00 PM | JC Wildcat Stadium | Bus/Driver: DB1 | Departure Point: Fran Angeline Field House Departure Time: 4:00 PM Return Date: Return Time: 9:00 PM | L |

Date: 2025-12-25