Coaches:



- Mike Terboss
- Tom Mitchell

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LEAGUE LOCATION DEPARTURE TRANSPORTATION / NON- LEAGUE
Mar 27, 2023	Mon	Practice	N/A	2:30 PM	4:15 PM	UEHS Mike Miller Track
Mar 28, 2023	Tue	Practice	N/A	2:30 PM	4:15 PM	UEHS Mike Miller Track
Mar 29, 2023	Wed	Practice	N/A	2:30 PM	4:15 PM	UEHS Mike Miller Track
Mar 30, 2023	Thu	Practice	N/A	2:30 PM	4:15 PM	UEHS Mike Miller Track
Mar 31, 2023	Fri	Practice	N/A	2:30 PM	4:15 PM	UEHS Mike Miller Track
Apr 3, 2023	Mon	Practice	N/A	2:30 PM	4:15 PM	UEHS Mike Miller Track
Apr 4, 2023	Tue	Practice	N/A	2:30 PM	4:15 PM	UEHS Mike Miller Track
Apr 5, 2023	Wed	Practice	N/A	2:30 PM	4:15 PM	UEHS Mike Miller Track
Apr 6, 2023	Thu	Practice	N/A	2:30 PM	4:15 PM	UEHS Mike Miller Track
Apr 10, 2023	Mon	Practice	N/A	10:00 AM	11:30 AM	UEHS Mike Miller Track
Apr 11, 2023	Tue	Practice	N/A	10:00 AM	11:30 AM	UEHS Mike Miller Track
Apr 12, 2023	Wed	Practice	N/A	10:00 AM	11:30 AM	UEHS Mike Miller Track
Apr 14, 2023	Fri	Practice	N/A	10:00 AM	11:30 AM	UEHS Mike Miller Track
Apr 17, 2023	Mon	Practice	N/A	2:30 PM	4:15 PM	UEHS Mike Miller Track
Apr 18, 2023	Tue	Practice	N/A	2:30 PM	4:15 PM	UEHS Mike Miller Track
Apr 19, 2023	Wed	Practice	N/A	2:30 PM	4:15 PM	UEHS Mike Miller Track
Apr 20, 2023	Thu	Regular Season	Elmira (Elmira Express), Chenango Valley	5:00 PM	7:00 PM	UEHS Mike Miller L Track
Apr 21, 2023	Fri	Practice	N/A	2:30 PM	4:15 PM	UEHS Mike Miller Track

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 25, 2023	Tue	Practice	N/A	2:30 PM	4:15 PM	UEHS Mike Miller Track			
Apr 26, 2023	Wed	Practice	N/A	2:30 PM	4:15 PM	UEHS Mike Miller Track			
Apr 27, 2023	Thu	Regular Season	Corning-Painted Post, Susquehanna Valley	5:00 PM	7:00 PM	UEHS Mike Miller Track			L
Apr 28, 2023	Fri	Practice	N/A	2:30 PM	4:15 PM	UEHS Mike Miller Track			
May 1, 2023	Mon	Regular Season	Seton Catholic Central, Chenango Forks @ Norwich	5:00 PM	8:00 PM	NHS Stadium (Turf Field)	Bus/Driver: DB1	Departure Point: Fran Angeline Field House Departure Time: 3:00 PM Return Date: Return Time: 8:00 PM	L
May 2, 2023	Tue	Practice	N/A	2:30 PM	4:15 PM	UEHS Mike Miller Track			
May 3, 2023	Wed	Practice	N/A	2:30 PM	4:15 PM	UEHS Mike Miller Track			
May 4, 2023	Thu	Regular Season	Johnson City @ Horseheads	5:30 PM		HHS HS Stadium Field 1	Bus/Driver: DB1	Departure Point: Fran Angeline Field House Departure Time: 3:00 PM Return Date: Return Time: 8:00 PM	L
May 5, 2023	Fri	Practice	N/A	2:30 PM	4:15 PM	UEHS Mike Miller Track			
May 8, 2023	Mon	Practice	N/A	2:30 PM	4:15 PM	UEHS Mike Miller Track			
May 9, 2023	Tue	Practice	N/A	2:30 PM	4:15 PM	UEHS Mike Miller Track			
May 10, 2023	Wed	Practice	N/A	2:30 PM	4:15 PM	UEHS Mike Miller Track			
May 11, 2023	Thu	Practice	N/A	2:30 PM	4:15 PM	UEHS Mike Miller Track			
May 12, 2023	Fri	Practice	N/A	2:30 PM	4:15 PM	UEHS Mike Miller Track			
May 15, 2023	Mon	Practice	N/A	2:30 PM	4:15 PM	UEHS Mike Miller Track			
May 16, 2023	Tue	Regular Season	Binghamton, Vestal @ Johnson City	5:30 PM	7:00 PM	JC Wildcat Stadium	Bus/Driver: DB1	Departure Point: Fran Angeline Field House Departure Time: 4:00 PM Return Date: Return Time: 8:00 PM	L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 17, 2023	Wed	Practice	N/A	2:30 PM	4:15 PM	UEHS Mike Miller Track			
May 18, 2023	Thu	Practice	N/A	2:30 PM	4:15 PM	UEHS Mike Miller Track			
May 19, 2023	Fri	Practice	N/A	2:30 PM	4:15 PM	UEHS Mike Miller Track			
May 22, 2023	Mon	Practice	N/A	2:30 PM	4:15 PM	UEHS Mike Miller Track			
May 23, 2023	Tue	Practice	N/A	2:30 PM	4:15 PM	UEHS Mike Miller Track			
May 24, 2023	Wed	Practice	N/A	2:30 PM	4:15 PM	UEHS Mike Miller Track			
May 25, 2023	Thu	Practice	N/A	2:30 PM	4:15 PM	UEHS Mike Miller Track			
May 25, 2023	Thu	Regular Season	Corning-Painted Post, Binghamton, Oneonta	5:00 PM	7:00 PM	UEHS Mike Miller Track			L
May 26, 2023	Fri	Practice	N/A	2:30 PM	4:15 PM	UEHS Mike Miller Track			
May 29, 2023	Mon	Practice	N/A	2:30 PM	4:15 PM	UEHS Mike Miller Track			
May 30, 2023	Tue	Regular Season (Reschedule from 4/24)	Maine-Endwell @ Ithaca	4:30 PM	6:30 PM	IHS Moresco Stadium	Bus/Driver: DB1	Departure Point: Fran Angeline Field House Departure Time: 2:30 PM Return Date: Return Time: 7:00 PM	L
Jun 5, 2023	Mon	Regular Season	Horseheads	5:00 PM	7:00 PM	UEHS Mike Miller Track			L
Jun 5, 2023	Mon	Regular Season (Divisional Meet @ Union Endicott)	Oneonta	5:00 PM	7:00 PM	UEHS Mike Miller Track			L
Jun 5, 2023	Mon	Regular Season (End of Season Meet @ UE)	Norwich	5:00 PM	7:00 PM	UEHS Mike Miller Track			L
Jun 5, 2023	Mon	Regular Season (STAC end of season meet)		5:00 PM	7:00 PM	TBD			L
Jun 5, 2023	Mon	Regular Season	Elmira (Elmira Express)	5:00 PM	7:00 PM	UEHS Mike Miller Track			L
Jun 5, 2023	Mon	Post-Season (STAC Modified Divisional Track Meet)	Seton Catholic Central	5:00 PM	7:00 PM	UEHS Mike Miller Track			L

Date: 2025-12-25