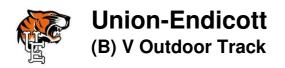
## Coaches:



- Mike Terboss
- Dan Bertoni

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	<b>DEPARTURE TRANSPORTATION / NO</b>	AGUE ON- AGUE
Mar 11, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track		
Mar 12, 2024	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track		
Mar 13, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track		
Mar 14, 2024	Thu	Practice	N/A	1:30 PM	3:30 PM	UEHS Frank Sorochinsky Wrestling Room		
Mar 15, 2024	Fri	Practice	N/A	9:30 AM	11:30 AM	UEHS Frank Sorochinsky Wrestling Room		
Mar 16, 2024	Sat	Practice	N/A	9:00 AM	11:00 AM	UEHS Frank Sorochinsky Wrestling Room		
Mar 18, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track		
Mar 18, 2024	Mon	Practice (Parent Meeting)	N/A	6:00 PM	6:45 PM	UEHS Main Cafeteria		
Mar 19, 2024	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track		
Mar 20, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
CANCELLED Mar 20, 2024	Wed	Practice (Parent Meeting)	N/A	5:30 PM	6:30 PM	UEHS Main Cafeteria			
Mar 21, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track			
Mar 22, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track			
Mar 23, 2024	Sat	Practice	N/A	9:00 AM	11:00 AM	UEHS Frank Sorochinsky Wrestling Room			
Mar 25, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track			
Mar 26, 2024	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track			
Mar 27, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track			
Mar 28, 2024	Thu	Regular Season (Rotary Relays)	@ TBD	4:30 PM	9:00 PM	High School - Stadium	<b>Bus/Driver:</b> DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 3:30 PM Return Date: Return Time: 9:00 PM	NL
Mar 30, 2024	Sat	Practice	N/A	9:00 AM	11:00 AM	UEHS Frank Sorochinsky Wrestling Room			
Apr 8, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 9, 2024	Tue	Regular Season 77-64 W	@ Maine- Endwell	5:00 PM		Maine- Endwell HS Turf	<b>Bus/Driver:</b> DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 4:00 PM Return Date: Return Time: 8:00 PM	L
Apr 10, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track			
Apr 11, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track	,		
Apr 12, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track			
Apr 13, 2024	Sat	Regular Season (NY/PA Invitational)	@ TBD	10:00 AM	3:00 PM	Windsor High School Track	<b>Bus/Driver:</b> DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 8:30 AM Return Date: Return Time: 3:00 PM	NL
Apr 15, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track			
Apr 17, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track	,		
Apr 17, 2024	Wed	Regular Season 85-56 W	@ Binghamton	5:00 PM		Alumni Stadium	Bus/Driver: DB1	Departure Point: Fran Angeline Field House Departure Time: 4:00 PM Return Date: Return Time: 9:00 PM	L
Apr 18, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 19, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track			
Apr 20, 2024	Sat	Regular Season (Square Deal Invitational)	@ TBD	10:00 AM	3:00 PM	JC HS Track	<b>Bus/Driver:</b> DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 9:00 AM Return Date: Return Time: 3:00 PM	NL
Apr 22, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track			
Apr 23, 2024	Tue	Regular Season 110-31 W	Johnson City	5:00 PM	7:00 PM	UEHS Mike Miller Track	Bus/Driver: DB1	<b>Departure Point:</b> Fran Angeline Field House	L
Apr 24, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track			
Apr 25, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track			
Apr 27, 2024	Sat	Regular Season (Waite-Molnar Invitational)	@ TBD	11:00 AM	3:00 PM	EDA Track	<b>Bus/Driver:</b> DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 9:30 AM Return Date: Return Time: 3:00 PM	NL
Apr 29, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track			
May 1, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 1, 2024	Wed	Regular Season	@ Owego Apalachin	5:00 PM		OFA Stadium	<b>Bus/Driver:</b> DB1	Departure Point: Fran Angeline Field House Departure Time: 4:00 PM Return Date: Return Time: 9:00 PM	NL
May 2, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track			
May 3, 2024	Fri	Regular Season (Golden Bear Relays)	@ TBD	5:00 PM	9:00 PM	Vestal Dick Hoover Stadium	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 3:45 PM Return Date: Return Time: 9:00 PM	NL
May 4, 2024	Sat	Regular Season (Blue Shoes Invitational)	@ TBD	9:00 AM	3:00 PM	HHS High School Track	<b>Bus/Driver:</b> DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 7:15 AM Return Date: Return Time: 3:00 PM	NL
May 6, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track			
May 7, 2024	Tue	Regular Season	Vestal	5:00 PM	7:00 PM	UEHS Mike Miller Track	Bus/Driver: DB1	<b>Departure Point:</b> Fran Angeline Field House	L
May 8, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track			
May 9, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track			
May 10, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track			
May 11, 2024	Sat	Regular Season (Parkhurst Invitational)	TBD	10:00 AM	7:00 PM	UEHS Mike Miller Track			NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	/ NON- LEAGUE
May 11, 2024	Sat	Regular Season (Parkhurst)	Bainbridge Guilford	12:00 PM		UEHS Mike Miller Track			L
May 11, 2024	Sat	Regular Season (Parkhurst Invite)	Unadilla Valley (UV)	12:00 PM		UEHS Mike Miller Track			L
May 13, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track			
May 14, 2024	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track			
May 15, 2024	Wed	Regular Season (STAC Championships)	@ TBD	5:00 PM	9:00 PM	JC HS Track	<b>Bus/Driver:</b> DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 3:45 PM Return Date: Return Time: 9:00 PM	L
May 16, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track			
May 17, 2024	Fri	Regular Season (Need for Speed Invite)	@ TBD	10:00 AM	3:00 PM	JC HS Track	<b>Bus/Driver:</b> DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 9:00 AM Return Date: Return Time: 3:00 PM	NL
May 17, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track			
May 20, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track			
May 20, 2024	Mon	Regular Season (9th & 10th grade meet)	Johnson City, Binghamton, Ithaca, Elmira (Elmira Express) @ Vestal	5:00 PM		Vestal Dick Hoover Stadium			L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUI / NON- LEAGUI
May 21, 2024	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track			
May 22, 2024	Wed	Regular Season (Sectional State Qualifier)	Corning- Painted Post, Ithaca, Horseheads, Binghamton, Vestal @ Elmira (Elmira Express)	5:00 PM		EHS Stadium			L
May 22, 2024	Wed	Regular Season (Class A/B Championships)	@ TBD	5:00 PM	9:00 PM	EDA Track	<b>Bus/Driver:</b> DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 3:30 PM Return Date: Return Time: 9:00 PM	L
May 23, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track			
May 27, 2024	Mon	Practice	N/A	6:00 PM	7:30 PM	TBD			
May 28, 2024	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track			
May 29, 2024	Wed	Post-Season (State Qualifiers )	Walton	10:00 AM		UEHS Mike Miller Track			NL
May 29, 2024	Wed	Regular Season (Section IV - State Qualifier)	Gilbertsville- Mount Upton	10:00 AM		UEHS Mike Miller Track			NL
May 29, 2024	Wed	Post-Season (Section IV state qualifier)	Odessa- Montour	4:30 PM		UEHS Mike Miller Track			NL
May 29, 2024	Wed	Regular Season (Section IV State Qualifiers Track & Field Championships)	Whitney Point	5:00 PM		UEHS Mike Miller Track			L
May 29, 2024	Wed	Regular Season	Harpursville (Afton/Harpur)	5:00 PM		UEHS Mike Miller Track			L
May 29, 2024	Wed	Regular Season (State Qualifiers)	TBD	5:00 PM		UEHS Mike Miller Track			L
May 29, 2024	Wed	Regular Season (Section IV State Qualifiers)	Bainbridge Guilford	5:00 PM		TBD			L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON- LEAGUE
May 30, 2024	Thu	Post-Season (Section IV state qualifier Day 2)	Odessa- Montour	4:30 PM		UEHS Mike Miller Track		NL
May 30, 2024	Thu	Regular Season (State Qualifiers)	TBD	5:00 PM		UEHS Mike Miller Track		L
May 30, 2024	Thu	Regular Season	Harpursville (Afton/Harpur)	5:00 PM		UEHS Mike Miller Track		L
May 30, 2024	Thu	Regular Season (Section IV State Qualifiers)	Bainbridge Guilford	5:00 PM		TBD		L
May 30, 2024	Thu	Regular Season (Section IV State Qualifiers Track & Field Championships)		5:00 PM		UEHS Mike Miller Track		L
May 30, 2024	Thu	Regular Season (Section IV - State Qualifier)	Gilbertsville- Mount Upton	TBD		UEHS Mike Miller Track		NL
May 31, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track	,	
Jun 3, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track		
Jun 4, 2024	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track		
Jun 5, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track		
Jun 6, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Mike Miller Track		
Jun 7, 2024	Fri	Regular Season (State Championships)	@ TBD	12:00 PM		TBD		NL
Jun 8, 2024	Sat	Regular Season (State Championships)	@ TBD	10:00 AM		TBD		NL

Date: 2024-05-15