



# Union-Endicott

## (B) 7/8TH Cross Country

### Coaches:

- Natalie Longo, Head Coach

| DATE         | WEEK DAY | TYPE                | OPPONENTS | START TIME | END TIME | LOCATION   | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---------------------|-----------|------------|----------|--|-----------|----------------|---------------------|
| Aug 18, 2025 | Mon      | Practice (Practice) | N/A       | 8:00 AM    | 10:00 AM | Ann G McGuinness Elementary Cross Country Course |           |                |                     |
| Aug 19, 2025 | Tue      | Practice (Practice) | N/A       | 8:00 AM    | 10:00 AM | UEHS Mike Miller Track                           |           |                |                     |
| Aug 20, 2025 | Wed      | Practice (Practice) | N/A       | 8:00 AM    | 10:00 AM | Ann G McGuinness Elementary Cross Country Course |           |                |                     |
| Aug 21, 2025 | Thu      | Practice (Practice) | N/A       | 8:00 AM    | 10:00 AM | UEHS Mike Miller Track                           |           |                |                     |
| Aug 22, 2025 | Fri      | Practice (Practice) | N/A       | 8:00 AM    | 10:00 AM | Ann G McGuinness Elementary Cross Country Course |           |                |                     |
| Aug 25, 2025 | Mon      | Practice (Practice) | N/A       | 8:00 AM    | 10:00 AM | Ann G McGuinness Elementary Cross Country Course |           |                |                     |
| Aug 26, 2025 | Tue      | Practice (Practice) | N/A       | 8:00 AM    | 10:00 AM | UEHS Mike Miller Track                           |           |                |                     |
| Aug 27, 2025 | Wed      | Practice (Practice) | N/A       | 8:00 AM    | 10:00 AM | Ann G McGuinness Elementary Cross Country Course |           |                |                     |
| Aug 28, 2025 | Thu      | Practice (Practice) | N/A       | 8:00 AM    | 10:00 AM | UEHS Mike Miller Track                           |           |                |                     |
| Aug 29, 2025 | Fri      | Practice (Practice) | N/A       | 8:00 AM    | 10:00 AM | Ann G McGuinness Elementary Cross Country Course |           |                |                     |
| Sep 2, 2025  | Tue      | Practice (Practice) | N/A       | 8:00 AM    | 10:00 AM | UEHS Mike Miller Track                           |           |                |                     |
| Sep 3, 2025  | Wed      | Practice (Practice) | N/A       | 8:00 AM    | 10:00 AM | Ann G McGuinness Elementary Cross Country Course |           |                |                     |

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|--------------|----------|--|-----------|------------|----------|-----------------------------|------------------------|--|---------------------|
| Sep 6, 2025  | Sat      | Regular Season (Flash Forbes Invite)         | @ TBD     | TBD        | 3:00 PM  | Fortin Park                 | <b>Bus/Driver:</b> DB1 | <b>Departure Point:</b> Fran Angeline Field House<br><b>Departure Time:</b> 7:30 AM<br><b>Return Date:</b><br><b>Return Time:</b> 3:00 PM  | L                   |
| Sep 8, 2025  | Mon      | Practice (Practice)                          | N/A       | 3:30 PM    | 5:30 PM  | UEHS Mike Miller Track      |                        |  |                     |
| Sep 9, 2025  | Tue      | Practice (Practice)                          | N/A       | 3:30 PM    | 5:30 PM  | UEHS Mike Miller Track      |                        |  |                     |
| Sep 10, 2025 | Wed      | Practice                                     | N/A       | 2:30 PM    | 4:30 PM  | Jennie F Snapp Soccer Field |                        |  |                     |
| Sep 11, 2025 | Thu      | Practice (Practice)                          | N/A       | 3:30 PM    | 5:30 PM  | UEHS Mike Miller Track      |                        |  |                     |
| Sep 12, 2025 | Fri      | Practice                                     | N/A       | 3:00 PM    | 5:00 PM  | Jennie F Snapp Soccer Field |                        |  |                     |
| Sep 13, 2025 | Sat      | Regular Season (Conwicke-Stock Invitational) | @ TBD     | 8:00 AM    |          | TBD                         | <b>Bus/Driver:</b> DB1 | <b>Departure Point:</b> Fran Angeline Field House<br><b>Departure Time:</b> 8:00 AM  | L                   |
| Sep 19, 2025 | Fri      | Regular Season (Owego Invitational)          | @ TBD     | TBD        | 10:00 PM | Owego Free Academy          | <b>Bus/Driver:</b> DB1 | <b>Departure Point:</b> Fran Angeline Field House<br><b>Departure Time:</b> 4:30 PM<br><b>Return Date:</b><br><b>Return Time:</b> 10:00 PM | L                   |
| Sep 26, 2025 | Fri      | Regular Season (Pete Matzke Invitational)    | @ TBD     | TBD        | 7:00 PM  | Maine Memorial ES           | <b>Bus/Driver:</b> DB1 | <b>Departure Point:</b> JFS Bus Loop<br><b>Departure Time:</b> 2:45 PM   | L                   |
| Oct 4, 2025  | Sat      | Regular Season (Daniel Baxter Invitational)  | @ TBD     | TBD        | 12:30 PM | CV - Multi-Purpose Field    | <b>Bus/Driver:</b> DB1 | <b>Departure Point:</b> Fran Angeline Field House<br><b>Departure Time:</b> 8:00 AM<br><b>Return Date:</b><br><b>Return Time:</b> 12:30 PM | L                   |
| Oct 10, 2025 | Fri      | Regular Season (Bob Greene Invitational)     | @ TBD     | TBD        | 7:30 PM  | Newark Valley High School   | <b>Bus/Driver:</b> DB1 | <b>Departure Point:</b> Fran Angeline Field House<br><b>Departure Time:</b> 2:15 PM<br><b>Return Date:</b><br><b>Return Time:</b> 7:30 PM  | L                   |
| Oct 21, 2025 | Tue      | Regular Season (Whitney Point Invitational)  | @ TBD     | TBD        | 6:30 PM  | Whitney Point High School   | <b>Bus/Driver:</b> DB1 | <b>Departure Point:</b> UEHS Upper Parking Lot<br><b>Departure Time:</b> 2:30 PM<br><b>Return Date:</b><br><b>Return Time:</b> 6:30 PM     | NL                  |

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| Oct 25, 2025 | Sat      | Regular Season (STAC Championships)   | TBD       | TBD        | 3:00 PM  | Ann G McGuinness Elementary Cross Country Course |           |                | L                   |
| Nov 1, 2025  | Sat      | Regular Season (Battle of Hynes Hill) | @ TBD     | TBD        |          | Ann G McGuinness Elementary Cross Country Course |           |                | NL                  |

Date: 2026-01-02