



# Union-Endicott

## (B) 7/8TH Cross Country

### Coaches:

- Natalie Longo, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 3, 2024	Tue	Practice	N/A	2:30 PM	4:30 PM	UEHS Fran Angeline Field House			
Sep 4, 2024	Wed	Practice	N/A	2:30 PM	4:30 PM	UEHS Fran Angeline Field House			
Sep 5, 2024	Thu	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp Work Out Room			
Sep 6, 2024	Fri	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp Work Out Room			
Sep 7, 2024	Sat	Practice (Regular Season (4th Annual Corning Cross Country Action Figure Relay))	N/A	8:00 AM		The Y at Watson Woods		<b>Departure Point:</b> Fran Angeline Field House	
Sep 8, 2024	Sun	Practice	N/A	10:00 AM	12:00 PM	TBD			
Sep 10, 2024	Tue	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp Work Out Room			
Sep 11, 2024	Wed	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp Work Out Room			
Sep 12, 2024	Thu	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp Work Out Room			
Sep 13, 2024	Fri	Practice (Regular Season (Owego Cross Country Night Invite 2024))	N/A	6:00 PM		TBD		<b>Departure Point:</b> Fran Angeline Field House	
Sep 14, 2024	Sat	Practice	N/A	9:00 AM	10:30 AM	Ann G McGuinness Elementary Cross Country Course			
Sep 16, 2024	Mon	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp Work Out Room			
Sep 17, 2024	Tue	Practice	N/A	3:30 PM	5:30 PM	Hickories Park			
Sep 18, 2024	Wed	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp Work Out Room			
Sep 19, 2024	Thu	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp Work Out Room			

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Sep 21, 2024	Sat	Regular Season (Ann G McGuinness Cross Country course)	Horseheads	8:00 AM		Ann G McGuinness Intermediate School			NL
Sep 21, 2024	Sat	Practice (Regular Season (Conwicke-Stock))	N/A	8:00 AM		Horseheads MS		<b>Departure Point:</b> Fran Angeline Field House	
Sep 23, 2024	Mon	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp Work Out Room			
Sep 24, 2024	Tue	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp Work Out Room			
Sep 25, 2024	Wed	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp Work Out Room			
Sep 26, 2024	Thu	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp Work Out Room			
Sep 27, 2024	Fri	Practice (Pete Matzke Invitational)	N/A	TBD		TBD		<b>Departure Point:</b> JFS <b>Departure Time:</b> 2:30 PM	
Sep 30, 2024	Mon	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp Work Out Room			
Oct 5, 2024	Sat	Practice (McDaniel Baxter Invitational)	N/A	7:30 AM		TBD		<b>Departure Point:</b> Fran Angeline Field House	
Oct 11, 2024	Fri	Regular Season (Bob Greene Invitational)	@ TBD	2:30 PM	7:30 PM	Newark Valley High School	<b>Bus/Driver:</b> DB1	<b>Departure Point:</b> JFS Bus Loop <b>Departure Time:</b> 2:00 PM <b>Return Date:</b> <b>Return Time:</b> 7:30 PM	NL
Oct 11, 2024	Fri	Practice (Bob Greene Invitational )	N/A	TBD		Newark Valley High School		<b>Departure Point:</b> JFS <b>Departure Time:</b> 2:30 PM	
Oct 22, 2024	Tue	Regular Season (Whitney Point Invitational)	@ TBD	3:30 PM	6:30 PM	Whitney Point High School	<b>Bus/Driver:</b> DB1	<b>Departure Point:</b> JFS Bus Loop <b>Departure Time:</b> 2:30 PM <b>Return Date:</b> <b>Return Time:</b> 6:30 PM	NL
Oct 22, 2024	Tue	Practice (Whitney Point Invitational)	N/A	TBD		Whitney Point - Rotary Field at Caryl E Adams School		<b>Departure Point:</b> JFS <b>Departure Time:</b> 2:30 PM	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 26, 2024	Sat	Regular Season (STAC Championship )	@ TBD	7:45 AM	3:00 PM	Fortin Park Oneonta	<b>Bus/Driver:</b> DB1	<b>Departure Point:</b> Fran Angeline Field House <b>Departure Time:</b> 7:45 AM <b>Return Date:</b> <b>Return Time:</b> 3:00 PM L
Oct 26, 2024	Sat	Post-Season (STAC Championship @ Fortin Park)	Horseheads, Corning High, Elmira, Ithaca, Binghamton, Johnson City, Maine-Endwell, Vestal, Chenango Valley, Owego Apalachin, Seton Catholic Central, Norwich, Susquehanna Valley, Windsor, TBD @ Oneonta	12:00 PM		TBD		NL
Oct 28, 2024	Mon	Practice (STAC Championship)	N/A	7:35 AM		Fortin Park Oneonta	<b>Class Dismissal:</b> 7:45 AM	<b>Departure Point:</b> Fran Angeline Field House
Nov 2, 2024	Sat	Regular Season (Battle of Hynes Hill)	TBD	TBD		Ann G McGuinness Elementary Cross Country Course		L
Nov 2, 2024	Sat	Practice (Battle of Hynes Hill)	N/A	TBD		Ann G McGuinness Elementary Cross Country Course		

Date: 2025-12-19