



• Natalie Longo, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 7, 2019	Sat	Meet (Oneonta Invitational)	Vs. Multiple	8:30 AM	12:30 PM	Fortin Park	<b>Bus/Driver:</b> DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 7:00 AM Return Date: Return Time: 12:30 PM	NL
Sep 11, 2019	Wed	Scrimmage (Practice)	TBD	3:00 PM	4:45 PM	Oakley Corners State Forest, Owego	Bus/Driver: DB1	Departure Point: JFS Bus Loop Departure Time: 2:30 PM Return Date: Return Time: 4:45 PM	L
Sep 14, 2019	Sat	Meet (Owego Invitational)	Vs. Multiple	9:00 AM	12:30 PM	OFA Stadium	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 7:30 AM Return Date: Return Time: 12:30 PM	NL
Sep 21, 2019	Sat	Meet (Baldwinsville Invitational)	Vs. Multiple	9:00 AM	2:00 PM	Bville - Durgee Jr. High School	<b>Bus/Driver:</b> DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 7:00 AM Return Date: Return Time: 2:00 PM	NL
Sep 25, 2019	Wed	Scrimmage (Practice at Lower Highland Park)	TBD	2:45 PM		Highland Park - Lower	Bus/Driver: DB1	Departure Point: JFS Bus Loop Departure Time: 2:30 PM	L
Sep 28, 2019	Sat	Meet (EJ Hermann Invitational)	Vs. Multiple	10:30 AM	2:15 PM	Proctor H S	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 8:30 AM Return Date: Return Time: 2:15 PM	NL
Oct 4, 2019	Fri	Meet (Conwicke Stock Invitational - Senior Night)	Vs. Multiple	4:00 PM	7:00 PM	Ann G McGuinness Elementary Cross Country Course	Bus/Driver: DB1	Departure Point: JFS Bus Loop Departure Time: 3:00 PM	NL
POSTPONED Oct 7, 2019	Mon	Meet (Metro Division Championship)	Vs. Multiple	4:30 PM	7:00 PM	Ann G McGuinness Elementary Cross Country Course			NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 11, 2019	Fri	Meet (Newark Valley Invitational)	Vs. Multiple	4:00 PM	5:30 PM	Newark Valley High School	<b>Bus/Driver:</b> DB1	Departure Point: JFS Bus Loop Departure Time: 2:15 PM Return Date: Return Time: 6:30 PM	NL
Oct 22, 2019	Tue	Meet (Whitney Point Invitational)	Vs. Multiple	4:00 PM	5:30 PM	Whitney Point High School	<b>Bus/Driver:</b> DB1	Departure Point: JFS Bus Loop Departure Time: 2:15 PM Return Date: Return Time: 5:30 PM	NL
Oct 26, 2019	Sat	Meet (STAC Championship)	Vs. Multiple	10:00 AM	1:00 PM	Ann G McGuinness Elementary Cross Country Course			NL
Oct 29, 2019	Tue	Meet (Divisional Crossover (Bing, SV, Oneonta, Owego))	Vs. Multiple	4:30 PM	7:00 PM	TBD	<b>Bus/Driver:</b> DB1	Departure Point: JFS Bus Loop Departure Time: 3:00 PM Return Date: Return Time: 7:30 PM	NL
Oct 30, 2019	Wed	Meet (Practice at Apple Hills)	Vs. Multiple	3:45 PM	5:30 PM	Apple Hills			NL

Date: 2026-01-01