

Coaches:

- Dan Bertoni, Head Coach
- Mike Terboss, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 21, 2023	Mon	Practice	N/A	8:00 AM	10:00 AM	UEHS Mike Miller Track			
Aug 22, 2023	Tue	Practice	N/A	8:00 AM	10:00 AM	UEHS Mike Miller Track			
Aug 23, 2023	Wed	Practice	N/A	8:00 AM	AM	UEHS Mike Miller Track			
Aug 24, 2023	Thu	Practice	N/A	8:00 AM	AM	UEHS Mike Miller Track			
Aug 25, 2023	Fri	Practice	N/A	8:00 AM	10:00 AM	UEHS Mike Miller Track			
Aug 26, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	UEHS Mike Miller Track			
Aug 28, 2023	Mon	Practice	N/A	8:00 AM	10:00 AM	UEHS Mike Miller Track			
Aug 29, 2023	Tue	Practice	N/A	8:00 AM	10:00 AM	UEHS Mike Miller Track			
Aug 30, 2023	Wed	Practice	N/A	8:00 AM	10:00 AM	UEHS Mike Miller Track			
Aug 31, 2023	Thu	Practice	N/A	8:00 AM	10:00 AM	UEHS Mike Miller Track			
Sep 1, 2023	Fri	Practice	N/A	8:00 AM	10:00 AM	UEHS Mike Miller Track			
Sep 2, 2023	Sat	Regular Season (Corning Relays)	@ TBD	TBD		Watson Homestead, Painted Post, NY	Bus/Driver: DB1	Departure Point: Fran Angeline Field House Departure Time: 7:00 AM Return Date: Return Time: 3:00 PM	NL
Sep 5, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Sep 6, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Sep 7, 2023	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Sep 8, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Sep 9, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	Ann G McGuinness Elementary Cross Country Course			
Sep 11, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Sep 12, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Sep 13, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Sep 14, 2023	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Sep 15, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 16, 2023	Sat	Regular Season (McDaniel Baxter Invite)	@ TBD	TBD		CV - HS Warrior Stadium	Bus/Driver: DB1	Departure Point: Fran Angeline Field House Departure Time: 8:00 AM Return Date: Return Time: 2:00 PM	NL
Sep 18, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Sep 19, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Sep 20, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Sep 21, 2023	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Sep 22, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Sep 23, 2023	Sat	Regular Season (Baldwinsville Invitational)	@ TBD	TBD		Bville - Durgee Jr. High School	Bus/Driver: DB1	Departure Point: Fran Angeline Field House Departure Time: 7:00 AM Return Date: Return Time: 3:00 PM	NL
Sep 25, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Sep 26, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Sep 27, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Sep 28, 2023	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Sep 29, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Sep 30, 2023	Sat	Regular Season (Paul Short Invitational)	@ TBD	TBD		TBD	Bus/Driver: DB1	Departure Point: Fran Angeline Field House Departure Time: 7:00 AM Return Date: Return Time: 7:00 PM	NL
Oct 2, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Oct 3, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Oct 4, 2023	Wed	Regular Season (Delhi Invitational)	@ TBD	TBD		TBD	Bus/Driver: DB1	Departure Point: Fran Angeline Field House Departure Time: 2:00 PM Return Date: Return Time: 8:00 PM	NL
Oct 5, 2023	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Oct 6, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 7, 2023	Sat	Regular Season (Stock Conwicke Invitational)	@ TBD	TBD		Arnold Park	Bus/Driver: DB1	Departure Point: Fran Angeline Field House Departure Time: 8:30 AM Return Date: Return Time: 1:00 PM	NL
Oct 10, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Oct 11, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Oct 12, 2023	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Oct 13, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Oct 14, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	Ann G McGuinness Elementary Cross Country Course			
Oct 16, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Oct 17, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Oct 18, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Oct 19, 2023	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Oct 20, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Oct 21, 2023	Sat	Regular Season (STAC Championships)	TBD	TBD		Ann G McGuinness Elementary Cross Country Course			L
Oct 23, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Oct 24, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Oct 25, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Oct 26, 2023	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Oct 27, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Oct 30, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Oct 31, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Nov 1, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Nov 2, 2023	Thu	Regular Season (State Qualifier)	@ TBD	TBD		Chenango Valley State Park	Bus/Driver: DB1	Departure Point: Fran Angeline Field House Departure Time: 10:00 AM Return Date: Return Time: 3:30 PM	L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 3, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Nov 6, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Nov 7, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Nov 8, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Nov 9, 2023	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Nov 10, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Nov 11, 2023	Sat	Regular Season (State Championships)	@ TBD	TBD		Verona- Sherill HS	Bus/Driver: DB1	Departure Point: Fran Angeline Field House	L

Date: 2025-12-19