

Coaches:

- Dan Bertoni, Head Coach
- Mike Terboss, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 30, 2017	Wed	Practice	N/A	9:30 AM	2:00 PM	Greenwood Park	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 9:00 AM Return Date: Return Time: 2:00 PM	
Sep 9, 2017	Sat	Meet (Oneonta Flash Forbes Invitational)	Vs. Multiple	10:00 AM	12:00 PM	Fortin Park	Bus/Driver: DB2	Departure Point: UEHS Upper Parking Lot Departure Time: 7:00 AM Return Date: Return Time: 12:00 PM	NL
Sep 16, 2017	Sat	Meet (McDaniel/Baxter Invitational)	Vs. Multiple	9:00 AM	12:00 PM	TBD	Bus/Driver: DB2	Departure Point: UEHS Upper Parking Lot Departure Time: 7:00 AM Return Date: Return Time: 12:00 PM	NL
Sep 23, 2017	Sat	Meet (Owego Invitational)	Vs. Multiple	9:00 AM	1:00 PM	Pheasant Hill Country Club	Bus/Driver: DB2	Departure Point: UEHS Upper Parking Lot Departure Time: 7:30 AM Return Date: Return Time: 12:00 PM	NL
Sep 30, 2017	Sat	Meet (EJ Herrmann Invitational)	Vs. Multiple	9:00 AM	1:00 PM	Proctor Park, Utica, NY	Bus/Driver: DB2	Departure Point: UEHS Upper Parking Lot Departure Time: 6:30 AM Return Date: Return Time: 1:00 PM	NL
Oct 7, 2017	Sat	Meet (Conwicke- Stock Invitational)	Vs. Multiple	9:00 AM	1:00 PM	Ann G McGuinness Elementary Cross Country Course			NL
Oct 10, 2017	Tue	Meet (Metro Divisional Championship)	Vs. Multiple	4:00 PM	6:00 PM	Ann G McGuinness Elementary Cross Country Course		Departure Point: JFS Bus Loop/UEHS Upper Parking Lot Departure Time: 2:45 PM	NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 13, 2017	Fri	Meet (Newark Valley Invitational)	Vs. Multiple	4:00 PM	6:00 PM	Newark Valley High School	Bus/Driver: DB2	Departure Point: JFS Bus Loop Then UEHS Upper Parking Lot Departure Time: 2:15 PM Return Date: Return Time: 6:00 PM	NL
Oct 18, 2017	Wed	Practice (Pool workout)	N/A	4:05 PM	5:30 PM	UEHS Pool			
Oct 21, 2017	Sat	Meet (Weedsport Invitational)	Vs. Multiple	6:30 AM	12:00 PM	Weedsport JrSr. High School	Bus/Driver: DB2	Departure Point: UEHS Upper Parking Lot Departure Time: 6:30 AM Return Date: Return Time: 12:00 PM	NL
Oct 24, 2017	Tue	Practice	N/A	4:05 PM	5:30 PM	UEHS Pool			
Oct 28, 2017	Sat	Meet (Cross- Country Boys Championship)	Vs. Multiple	12:00 PM		Fortin Park	Bus/Driver: DB2	Departure Point: UEHS Upper Parking Lot Departure Time: 8:45 AM Return Date: Return Time: 2:00 PM	NL
Oct 30, 2017	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Oct 31, 2017	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Oct 31, 2017	Tue	Meet (Varsity Cross Country Walk-Through)	Vs. Multiple	4:00 PM	5:30 PM	Chenango Valley State Park	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 3:30 PM Return Date: Return Time: 5:30 PM	NL
Nov 1, 2017	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Nov 2, 2017	Thu	Meet (State Qualifier)	Vs. Multiple	11:00 AM	4:00 PM	Chenango Valley State Park	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 9:45 AM Return Date: Return Time: 4:00 PM	NL
Nov 2, 2017	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Nov 3, 2017	Fri	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Nov 4, 2017	Sat	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Nov 6, 2017	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Nov 7, 2017	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			
Nov 8, 2017	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	LEAG DEPARTURE TRANSPORTATION / NON LEAG	1 -
Nov 9, 2017	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track		
Nov 10, 2017	Fri	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track		
Nov 11, 2017	Sat	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track		
Nov 13, 2017	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track		
Nov 14, 2017	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track		
Nov 15, 2017	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track		
Nov 16, 2017	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track		
Nov 17, 2017	Fri	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track		
Nov 18, 2017	Sat	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track		
Nov 20, 2017	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track		
Nov 21, 2017	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track		
Nov 22, 2017	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track		
Nov 23, 2017	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track		
Nov 24, 2017	Fri	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track		
Nov 25, 2017	Sat	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track		

Date: 2025-12-24