

Coaches:

- Natalie Longo, Head Coach
- Makayla Krause, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	LEAGUE TRANSPORTATION / NON- LEAGUE
Aug 31, 2021	Tue	Practice	N/A	8:00 AM	10:00 AM	UEHS Fran Angeline Field House	
Sep 1, 2021	Wed	Practice	N/A	8:00 AM	10:00 AM	UEHS Fran Angeline Field House	
Sep 3, 2021	Fri	Practice	N/A	8:00 AM	10:00 AM	UEHS Fran Angeline Field House	
Sep 8, 2021	Wed	Practice	N/A	2:20 PM	4:15 PM	TBD	
Sep 9, 2021	Thu	Practice	N/A	2:20 PM	4:15 PM	TBD	
Sep 10, 2021	Fri	Practice	N/A	2:20 PM	4:15 PM	TBD	
Sep 13, 2021	Mon	Practice	N/A	2:20 PM	4:15 PM	TBD	
Sep 14, 2021	Tue	Practice	N/A	2:20 PM	4:15 PM	TBD	
Sep 15, 2021	Wed	Practice	N/A	2:20 PM	4:15 PM	TBD	
Sep 16, 2021	Thu	Practice	N/A	2:20 PM	4:15 PM	TBD	
Sep 17, 2021	Fri	Practice	N/A	2:20 PM	4:15 PM	TBD	
Sep 20, 2021	Mon	Practice	N/A	2:20 PM	4:15 PM	TBD	
Sep 21, 2021	Tue	Practice	N/A	2:20 PM	4:15 PM	TBD	
Sep 22, 2021	Wed	Practice	N/A	2:20 PM	4:15 PM	TBD	
Sep 23, 2021	Thu	Practice	N/A	2:20 PM	4:15 PM	TBD	
Sep 24, 2021	Fri	Practice	N/A	2:20 PM	4:15 PM	TBD	
Sep 27, 2021	Mon	Practice	N/A	2:20 PM	4:15 PM	TBD	
Sep 28, 2021	Tue	Practice	N/A	2:20 PM	4:15 PM	TBD	
Sep 29, 2021	Wed	Practice	N/A	2:20 PM	4:15 PM	TBD	
Sep 30, 2021	Thu	Practice	N/A	2:20 PM	4:15 PM	TBD	
Oct 1, 2021	Fri	Practice	N/A	2:20 PM	4:15 PM	TBD	
Oct 4, 2021	Mon	Practice	N/A	2:20 PM	4:15 PM	TBD	
Oct 5, 2021	Tue	Practice	N/A	2:20 PM	4:15 PM	TBD	
Oct 6, 2021	Wed	Practice	N/A	2:20 PM	4:15 PM	TBD	
Oct 7, 2021	Thu	Practice	N/A	2:20 PM	4:15 PM	TBD	

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 8, 2021	Fri	Practice	N/A	2:20 PM	4:15 PM	TBD		
Oct 11, 2021	Mon	Practice	N/A	2:20 PM	4:15 PM	TBD		
Oct 12, 2021	Tue	Practice	N/A	2:20 PM	4:15 PM	TBD		
Oct 13, 2021	Wed	Practice	N/A	2:20 PM	4:15 PM	TBD		
Oct 14, 2021	Thu	Practice	N/A	2:20 PM	4:15 PM	TBD		
Oct 15, 2021	Fri	Practice	N/A	2:20 PM	4:15 PM	TBD		
Oct 18, 2021	Mon	Practice	N/A	2:20 PM	4:15 PM	TBD		
Oct 19, 2021	Tue	Practice	N/A	2:20 PM	4:15 PM	TBD		
Oct 20, 2021	Wed	Practice	N/A	2:20 PM	4:15 PM	TBD		
Oct 21, 2021	Thu	Practice	N/A	2:20 PM	4:15 PM	TBD		
Oct 22, 2021	Fri	Practice	N/A	2:20 PM	4:15 PM	TBD		
Oct 25, 2021	Mon	Practice	N/A	2:20 PM	4:15 PM	TBD		
Oct 26, 2021	Tue	Practice	N/A	2:20 PM	4:15 PM	TBD		
CANCELLED Oct 26, 2021	Tue	Regular Season (Metro Division Crossover)	Binghamton, Susquehanna Valley, Seton Catholic Central, Johnson City	4:30 PM		Ann G McGuinness Elementary Cross Country Course		L
Oct 27, 2021	Wed	Practice	N/A	2:20 PM	4:15 PM	TBD		
Oct 28, 2021	Thu	Practice	N/A	2:20 PM	4:15 PM	TBD		
Oct 29, 2021	Fri	Practice	N/A	2:20 PM	4:15 PM	TBD		
Oct 30, 2021	Sat	Regular Season (Battle of Hynes Hill)	@ Elmira	10:00 AM		Ann G McGuinness Elementary Cross Country Course		L
Oct 30, 2021	Sat	Regular Season (Union Endicott XC Invitational)	Oneonta	TBD		Ann G McGuinness Elementary Cross Country Course		NL
Nov 1, 2021	Mon	Practice	N/A	2:20 PM	4:15 PM	TBD		
Nov 2, 2021	Tue	Practice	N/A	2:20 PM	4:15 PM	TBD		
Nov 3, 2021	Wed	Practice	N/A	2:20 PM	4:15 PM	TBD		
Nov 4, 2021	Thu	Practice	N/A	2:20 PM	4:15 PM	TBD		
Nov 5, 2021	Fri	Practice	N/A	2:20 PM	4:15 PM	TBD		
Nov 8, 2021	Mon	Practice	N/A	2:20 PM	4:15 PM	TBD		
Nov 9, 2021	Tue	Practice	N/A	2:20 PM	4:15 PM	TBD		

DATE	WEEK	⁽ ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 10, 2021	Wed	Practice	N/A	2:20 PM	4:15 PM	TBD		
Nov 11, 2021	Thu	Practice	N/A	2:20 PM	4:15 PM	TBD		
Nov 12, 2021	Fri	Practice	N/A	2:20 PM	4:15 PM	TBD		
Nov 15, 2021	Mon	Practice	N/A	2:20 PM	4:15 PM	TBD		
Nov 16, 2021	Tue	Practice	N/A	2:20 PM	4:15 PM	TBD		
Nov 17, 2021	Wed	Practice	N/A	2:20 PM	4:15 PM	TBD		
Nov 18, 2021	Thu	Practice	N/A	2:20 PM	4:15 PM	TBD		
Nov 19, 2021	Fri	Practice	N/A	2:20 PM	4:15 PM	TBD		
Nov 22, 2021	Mon	Practice	N/A	2:20 PM	4:15 PM	TBD		
Nov 23, 2021	Tue	Practice	N/A	2:20 PM	4:15 PM	TBD		
Nov 24, 2021	Wed	Practice	N/A	2:20 PM	4:15 PM	TBD		
Nov 26, 2021	Fri	Practice	N/A	2:20 PM	4:15 PM	TBD		
Nov 29, 2021	Mon	Practice	N/A	2:20 PM	4:15 PM	TBD		
Nov 30, 2021	Tue	Practice	N/A	2:20 PM	4:15 PM	TBD		

Date: 2025-12-31