

Coaches:

- Dan Bertoni, Head Coach
- Mike Terboss, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	LEAGUE DEPARTURE TRANSPORTATION / NON- LEAGUE
Aug 18, 2025	Mon	Practice	N/A	8:00 AM	10:00 AM	Ann G McGuinness Elementary Cross Country Course	
Aug 19, 2025	Tue	Practice	N/A	8:00 AM	10:00 AM	UEHS Mike Miller Track	
Aug 20, 2025	Wed	Practice	N/A	8:00 AM	10:00 AM	Ann G McGuinness Elementary Cross Country Course	
Aug 21, 2025	Thu	Practice	N/A	8:00 AM	10:00 AM	UEHS Mike Miller Track	
Aug 22, 2025	Fri	Practice	N/A	8:00 AM	10:00 AM	Ann G McGuinness Elementary Cross Country Course	
Aug 25, 2025	Mon	Practice	N/A	8:00 AM	10:00 AM	UEHS Mike Miller Track	
Aug 26, 2025	Tue	Practice	N/A	8:00 AM	10:00 AM	UEHS Mike Miller Track	
Aug 27, 2025	Wed	Practice	N/A	8:00 AM	10:00 AM	UEHS Mike Miller Track	
Aug 28, 2025	Thu	Practice	N/A	8:00 AM	10:00 AM	UEHS Mike Miller Track	
Aug 29, 2025	Fri	Practice	N/A	8:00 AM	10:00 AM	Ann G McGuinness Elementary Cross Country Course	
Aug 30, 2025	Sat	Practice	N/A	8:00 AM	10:00 AM	Ann G McGuinness Elementary Cross Country Course	
Sep 2, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	UEHS Mike Miller Track	
Sep 3, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	UEHS Mike Miller Track	
Sep 4, 2025	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room	

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Sep 5, 2025	Fri	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room			
Sep 6, 2025	Sat	Regular Season (Flash Forbes Invite)	@ TBD	TBD	3:00 PM	Fortin Park	Bus/Driver: DB1	Departure Point: Fran Angeline Field House Departure Time: 7:30 AM Return Date: Return Time: 3:00 PM	L
Sep 8, 2025	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room			
Sep 9, 2025	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room			
Sep 10, 2025	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room			
Sep 11, 2025	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room			
Sep 12, 2025	Fri	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room			
Sep 13, 2025	Sat	Regular Season (Stock Conwicke Arnold Park on Andrews Road in Vestal)	Horseheads	10:00 AM	3:00 PM	UEHS Ty Cobb Stadium			L
Sep 15, 2025	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room			
Sep 16, 2025	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room			

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Sep 17, 2025	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, Ann G McGuinness Elementary Cross Country Course			
Sep 18, 2025	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room			
Sep 19, 2025	Fri	Regular Season (Owego Invitational)	@ TBD	TBD	10:00 PM	Owego Free Academy	Bus/Driver: DB1	Departure Point: Fran Angeline Field House Departure Time: 4:30 PM Return Date: Return Time: 10:00 PM	L
Sep 20, 2025	Sat	Practice	N/A	10:30 AM	11:30 AM	Ann G McGuinness Elementary Cross Country Course			
Sep 22, 2025	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room			
Sep 23, 2025	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Frank Sorochinsky Wrestling Room, UEHS Pool			
Sep 24, 2025	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room			
Sep 25, 2025	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room			
Sep 26, 2025	Fri	Regular Season (Pete Matzke Invitational)	@ TBD	TBD	7:00 PM	Maine Memorial ES	Bus/Driver: DB1	Departure Point: JFS Bus Loop Departure Time: 2:45 PM	L
Sep 27, 2025	Sat	Practice	N/A	11:00 AM	12:00 PM	UEHS Pool			
Sep 29, 2025	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room			

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Sep 30, 2025	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room			
Oct 1, 2025	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room			
Oct 2, 2025	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room			
Oct 3, 2025	Fri	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room			
Oct 4, 2025	Sat	Regular Season (Daniel Baxter Invitational)	@ TBD	TBD	12:30 PM	CV - Multi- Purpose Field	Bus/Driver: DB1	Departure Point: Fran Angeline Field House Departure Time: 8:00 AM Return Date: Return Time: 12:30 PM	L
Oct 6, 2025	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room			
Oct 7, 2025	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room			
Oct 8, 2025	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room			
Oct 9, 2025	Thu	Practice	N/A	3:15 PM	5:15 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room			
Oct 10, 2025	Fri	Regular Season (Bob Greene Invitational)	@ TBD	TBD	7:30 PM	Newark Valley High School	Bus/Driver: DB1	Departure Point: Fran Angeline Field House Departure Time: 2:15 PM Return Date: Return Time: 7:30 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	ETRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 11, 2025	Sat	Practice	N/A	9:00 AM	10:30 AM	Ann G McGuinness Elementary Cross Country Course			
Oct 14, 2025	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room			
Oct 15, 2025	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room			
Oct 16, 2025	Thu	Practice	N/A	3:30 PM	5:30 PM	Ann G McGuinness Elementary Cross Country Course			
Oct 17, 2025	Fri	Practice	N/A	3:30 PM	5:00 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room			
Oct 20, 2025	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room			
Oct 21, 2025	Tue	Regular Season (Whitney Point Invitational)	@ TBD	TBD	6:30 PM	Whitney Point High School	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 2:30 PM Return Date: Return Time: 6:30 PM	NL
Oct 22, 2025	Wed	Practice	N/A	3:30 PM	5:00 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room			
Oct 23, 2025	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room			
Oct 24, 2025	Fri	Practice	N/A	3:30 PM	5:00 PM	Ann G McGuinness Elementary Cross Country Course			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 25, 2025	Sat	Regular Season (STAC Championships)	TBD	TBD	3:00 PM	Ann G McGuinness Elementary Cross Country Course			L
Oct 27, 2025	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room			
Oct 28, 2025	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room			
Oct 30, 2025	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room			
Oct 31, 2025	Fri	Practice	N/A	3:30 PM	5:00 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room			
Nov 3, 2025	Mon	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room			
Nov 4, 2025	Tue	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room			
Nov 5, 2025	Wed	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room			
Nov 6, 2025	Thu	Practice	N/A	3:30 PM	5:30 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room			
Nov 6, 2025	Thu	Post-Season (State Qualifiers)	@ TBD	TBD	3:30 PM	Chenango Valley State Park	Bus/Driver: DB1	Departure Point: Fran Angeline Field House Departure Time: 10:00 AM Return Date: Return Time: 3:30 PM	L

DATE	WEEK	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 8, 2025	Sat	Practice	N/A	12:00 PM	1:00 PM	Ann G McGuinness Elementary Cross Country Course		
Nov 10, 2025	Mon	Practice	N/A	3:30 PM	5:00 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room		
Nov 12, 2025	Wed	Practice	N/A	3:30 PM	5:00 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room		
Nov 13, 2025	Thu	Practice	N/A	3:30 PM	5:00 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room		
Nov 14, 2025	Fri	Practice	N/A	3:30 PM	5:00 PM	UEHS Mike Miller Track, UEHS Frank Sorochinsky Wrestling Room		
Nov 15, 2025	Sat	Post-Season (State Championships)	@ TBD	TBD		TBD		L

Date: 2025-12-17