Coaches:



• Andrea Guccia

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	LEAGUE DEPARTURE TRANSPORTATION / NON- LEAGUE
Aug 21, 2023	Mon	Practice	N/A	4:30 PM	6:30 PM	UEHS Small Gym	
Aug 22, 2023	Tue	Practice	N/A	4:30 PM	6:30 PM	UEHS Small Gym	
Aug 23, 2023	Wed	Practice	N/A	4:30 PM	6:30 PM	UEHS Small Gym	
Aug 29, 2023	Tue	Practice	N/A	4:00 PM	6:00 PM	UEHS Small Gym	
Aug 31, 2023	Thu	Practice	N/A	4:00 PM	6:00 PM	UEHS Small Gym	
Sep 1, 2023	Fri	Practice	N/A	10:00 AM	12:00 PM	UEHS Small Gym	
Sep 5, 2023	Tue	Practice	N/A	4:00 PM	6:00 PM	UEHS Small Gym	
Sep 6, 2023	Wed	Practice	N/A	4:00 PM	6:00 PM	UEHS Small Gym	
Sep 7, 2023	Thu	Practice	N/A	4:00 PM	6:00 PM	UEHS Small Gym	
Sep 9, 2023	Sat	Practice	N/A	9:00 AM	11:00 AM	Jennie F Snapp MS Small Gym	
Sep 11, 2023	Mon	Practice	N/A	4:00 PM	6:00 PM	UEHS Small Gym	
Sep 12, 2023	Tue	Practice	N/A	4:00 PM	6:00 PM	UEHS Small Gym	
Sep 13, 2023	Wed	Practice	N/A	4:00 PM	6:00 PM	UEHS Small Gym	
Sep 14, 2023	Thu	Practice	N/A	4:00 PM	6:00 PM	UEHS Small Gym	
Sep 16, 2023	Sat	Practice	N/A	9:00 AM	11:00 AM	Jennie F Snapp MS Small Gym	
Sep 18, 2023	Mon	Practice	N/A	4:00 PM	6:00 PM	UEHS Small Gym	
Sep 19, 2023	Tue	Practice	N/A	4:00 PM	6:00 PM	UEHS Small Gym	
Sep 20, 2023	Wed	Practice	N/A	5:30 PM	7:00 PM	UEHS Small Gym	
Sep 21, 2023	Thu	Practice	N/A	4:00 PM	6:00 PM	UEHS Small Gym	
Sep 23, 2023	Sat	Practice	N/A	9:00 AM	11:00 AM	UEHS Small Gym	
Sep 25, 2023	Mon	Practice	N/A	4:00 PM	6:00 PM	UEHS Small Gym	
Sep 26, 2023	Tue	Practice	N/A	4:00 PM	6:00 PM	UEHS Small Gym	
Sep 27, 2023	Wed	Regular Season	Johnson City (Fall), Seton Catholic Central @ Vestal (Football)	7:00 PM		Vestal High School Gym	L
Sep 28, 2023	Thu	Practice	N/A	4:00 PM	6:00 PM	UEHS Small Gym	

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 30, 2023	Sat	Practice	N/A	9:00 AM	11:00 AM	UEHS Small Gym			
Oct 4, 2023	Wed	Practice	N/A	4:00 PM	6:00 PM	UEHS Small Gym			
Oct 4, 2023	Wed	Regular Season (Cheer STAC Meet)	Ithaca (Fall), Maine-Endwell (Fall) @ Corning- Painted Post (Fall)	7:00 PM		C P P Middle School			L
Oct 5, 2023	Thu	Practice	N/A	4:00 PM	6:00 PM	UEHS Small Gym			
Oct 6, 2023	Fri	Practice	N/A	4:00 PM	6:00 PM	UEHS Small Gym			
Oct 6, 2023	Fri	Regular Season	@ Corning- Painted Post (Fall)	7:00 PM		Corning Memorial Stadium			L
Oct 7, 2023	Sat	Practice	N/A	9:00 AM	11:00 AM	Jennie F Snapp MS Small Gym			
Oct 10, 2023	Tue	Practice	N/A	4:00 PM	6:00 PM	UEHS Small Gym			
Oct 11, 2023	Wed	Practice	N/A	4:00 PM	6:00 PM	UEHS Small Gym			
Oct 11, 2023	Wed	Regular Season	Ithaca (Fall), Johnson City (Fall) @ Horseheads (Fall)	6:00 PM	9:00 PM	HHS Middle School Field House Gym			L
Oct 12, 2023	Thu	Practice	N/A	4:00 PM	6:00 PM	UEHS Small Gym			
Oct 13, 2023	Fri	Practice	N/A	4:00 PM	6:00 PM	UEHS Small Gym			
Oct 15, 2023	Sun	Regular Season (John Jay Cheer Comp)	@ TBD	TBD		John Jay HS	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 9:00 AM Return Date: Return Time: 2:00 PM	NL
Oct 17, 2023	Tue	Practice	N/A	4:00 PM	6:00 PM	UEHS Small Gym			
Oct 18, 2023	Wed	Practice	N/A	4:00 PM	6:00 PM	UEHS Small Gym			
Oct 19, 2023	Thu	Practice	N/A	4:00 PM	6:00 PM	UEHS Small Gym			
Oct 20, 2023	Fri	Practice	N/A	4:00 PM	6:00 PM	UEHS Small Gym			
Oct 22, 2023	Sun	Regular Season (STAC)	TBD	7:00 AM	3:00 PM	UEHS Main Gym			L
Oct 22, 2023	Sun	Post-Season (STAC Championships @ UE)	Ithaca (Fall)	12:00 PM		TBD			L
Oct 24, 2023	Tue	Practice	N/A	4:00 PM	6:00 PM	UEHS Small Gym			
Oct 25, 2023	Wed	Practice	N/A	4:00 PM	6:00 PM	UEHS Small Gym			
Oct 26, 2023	Thu	Practice	N/A	4:00 PM	6:00 PM	UEHS Small Gym			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 27, 2023	Fri	Practice	N/A	4:00 PM	6:00 PM	UEHS Small Gym		
Oct 27, 2023	Fri	Regular Season	Elmira (Fall)	7:00 PM	9:00 PM	UEHS Ty Cobb Stadium		L
Oct 29, 2023	Sun	Regular Season (Sectionals)	TBD	7:00 AM	3:00 PM	UEHS Main Gym, UEHS Main Cafeteria		L
Oct 31, 2023	Tue	Practice	N/A	4:00 PM	5:30 PM	UEHS Small Gym		
Oct 31, 2023	Tue	Practice	N/A	4:00 PM	6:00 PM	UEHS Small Gym		
Nov 1, 2023	Wed	Practice	N/A	4:00 PM	5:30 PM	UEHS Small Gym		
Nov 2, 2023	Thu	Practice	N/A	4:00 PM	5:30 PM	UEHS Small Gym		
Nov 3, 2023	Fri	Practice	N/A	4:00 PM	5:30 PM	UEHS Small Gym		
TBD		Practice (Try outs)	N/A	4:00 PM	6:30 PM	UEHS Small Gym		

Date: 2024-05-01