



Trumansburg (B) V Winter Track

Coaches:

- Julian Munoz, Head Coach
- Tim Hamilton

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 1, 2025	Mon	Practice	N/A	3:30 PM	5:30 PM	Cardio Room		
Dec 2, 2025	Tue	Practice	N/A	3:30 PM	5:30 PM	Cardio Room		
Dec 3, 2025	Wed	Practice	N/A	3:30 PM	5:30 PM	Cardio Room		
Dec 4, 2025	Thu	Practice	N/A	3:30 PM	5:30 PM	Cardio Room		
Dec 5, 2025	Fri	Practice	N/A	3:30 PM	5:30 PM	Cardio Room		
Dec 7, 2025	Sun	Regular Season (Bomber Invite)	@ TBD	9:00 AM		Ithaca College	Departure Date: Dec 7, 2025 Departure Time: 8:30 AM	NL
Dec 8, 2025	Mon	Practice	N/A	3:30 PM	5:30 PM	Cardio Room		
Dec 9, 2025	Tue	Practice	N/A	3:30 PM	5:30 PM	Cardio Room		
Dec 10, 2025	Wed	Practice	N/A	3:30 PM	5:30 PM	Cardio Room		
Dec 11, 2025	Thu	Practice	N/A	3:30 PM	5:30 PM	Cardio Room		
Dec 12, 2025	Fri	Practice	N/A	3:30 PM	5:30 PM	Cardio Room		
Dec 12, 2025	Fri	Regular Season (607 Invitational)	@ TBD	TBD		SUNY Cortland	Departure Date: Dec 12, 2025 Departure Time: 3:30 PM	NL
Dec 13, 2025	Sat	Regular Season (607 Invitational)	@ TBD	9:00 AM		TBD	Departure Time: 7:00 AM	L
Dec 15, 2025	Mon	Practice	N/A	3:30 PM	5:30 PM	Cardio Room		
Dec 16, 2025	Tue	Practice	N/A	3:30 PM	5:30 PM	Cardio Room		
Dec 17, 2025	Wed	Practice	N/A	3:30 PM	5:30 PM	Cardio Room		
Dec 18, 2025	Thu	Practice	N/A	3:30 PM	5:30 PM	Cardio Room		
Dec 19, 2025	Fri	Practice	N/A	3:30 PM	5:30 PM	Cardio Room		
Dec 19, 2025	Fri	Regular Season (Section IV Classic)	@ TBD	5:00 PM		SUNY Cortland	Departure Date: Dec 19, 2025 Departure Time: 3:30 PM	L
Dec 20, 2025	Sat	Regular Season (Section IV Classic)	@ TBD	9:00 AM		SUNY Cortland	Departure Date: Dec 20, 2025 Departure Time: 7:00 AM	L
Dec 22, 2025	Mon	Practice	N/A	9:30 AM	11:00 AM	HS Gym		
Dec 22, 2025	Mon	Practice	N/A	10:00 AM	12:00 PM	Weight Room		
Dec 23, 2025	Tue	Practice	N/A	9:30 AM	11:00 AM	HS Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 23, 2025	Tue	Practice	N/A	10:00 AM	12:00 PM	Weight Room		
Dec 24, 2025	Wed	Practice	N/A	10:00 AM	12:00 PM	Weight Room		
Dec 26, 2025	Fri	Practice	N/A	9:30 AM	11:00 AM	HS Gym		
Dec 26, 2025	Fri	Practice	N/A	10:00 AM	12:00 PM	Weight Room		
Dec 29, 2025	Mon	Practice	N/A	9:30 AM	10:00 AM	HS Gym		
Dec 29, 2025	Mon	Practice	N/A	10:00 AM	12:00 PM	Weight Room		
Dec 30, 2025	Tue	Practice	N/A	9:30 AM	10:00 AM	HS Gym		
Dec 30, 2025	Tue	Practice	N/A	10:00 AM	12:00 PM	Weight Room		
Dec 31, 2025	Wed	Practice	N/A	10:00 AM	12:00 PM	Weight Room		
Jan 2, 2026	Fri	Practice	N/A	9:30 AM	10:00 AM	HS Gym		
Jan 2, 2026	Fri	Practice	N/A	10:00 AM	12:00 PM	Weight Room		
Jan 3, 2026	Sat	Regular Season (Quinney Invitational)	@ TBD	12:30 PM		Cornell University	Departure Date: Jan 3, 2026 Departure Time: 11:30 AM	L
Jan 5, 2026	Mon	Practice	N/A	3:30 PM	5:30 PM	Cardio Room		
Jan 6, 2026	Tue	Practice	N/A	3:30 PM	5:30 PM	Cardio Room		
Jan 7, 2026	Wed	Practice	N/A	3:30 PM	5:30 PM	Cardio Room		
Jan 8, 2026	Thu	Practice	N/A	3:30 PM	5:30 PM	Cardio Room		
Jan 9, 2026	Fri	Practice	N/A	3:30 PM	5:30 PM	Cardio Room		
Jan 9, 2026	Fri	Regular Season (Winter Classic)	@ TBD	7:30 PM		SUNY Cortland	Departure Date: Jan 9, 2026 Departure Time: 6:00 PM	L
Jan 10, 2026	Sat	Regular Season (Winter Classic)	@ TBD	9:00 AM		SUNY Cortland	Departure Date: Jan 10, 2026 Departure Time: 7:00 AM	L
Jan 12, 2026	Mon	Practice	N/A	3:30 PM	5:30 PM	Cardio Room		
Jan 13, 2026	Tue	Practice	N/A	3:30 PM	5:30 PM	Cardio Room		
Jan 14, 2026	Wed	Practice	N/A	3:30 PM	5:30 PM	Cardio Room		
Jan 15, 2026	Thu	Practice	N/A	3:30 PM	5:30 PM	Cardio Room		
Jan 16, 2026	Fri	Practice	N/A	3:30 PM	5:30 PM	Cardio Room		
Jan 16, 2026	Fri	Regular Season (Hurley Invitational)	@ TBD	4:00 PM		Ithaca College	Departure Date: Jan 16, 2026 Departure Time: 3:00 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 16, 2026	Fri	Regular Season (Hurley Invitational)	@ TBD	7:30 PM		SUNY Cortland	Departure Date: Jan 16, 2026 Departure Time: 6:00 PM	L
Jan 20, 2026	Tue	Practice	N/A	3:30 PM	5:30 PM	Cardio Room		
Jan 21, 2026	Wed	Practice	N/A	3:30 PM	5:30 PM	Cardio Room		
Jan 22, 2026	Thu	Practice	N/A	3:30 PM	5:30 PM	Cardio Room		
Jan 23, 2026	Fri	Practice	N/A	3:30 PM	5:30 PM	Cardio Room		
Jan 26, 2026	Mon	Practice	N/A	3:30 PM	5:30 PM	Cardio Room		
Jan 27, 2026	Tue	Practice	N/A	3:30 PM	5:30 PM	Cardio Room		
Jan 28, 2026	Wed	Practice	N/A	3:30 PM	5:30 PM	Cardio Room		
Jan 29, 2026	Thu	Practice	N/A	3:30 PM	5:30 PM	Cardio Room		
Jan 30, 2026	Fri	Practice	N/A	3:30 PM	5:30 PM	Cardio Room		
Feb 1, 2026	Sun	Regular Season (Finger Lakes Invite)	@ TBD	12:30 PM		Cornell University	Departure Date: Feb 1, 2026 Departure Time: 11:30 AM	L
Feb 7, 2026	Sat	Post-Season (Section IV Class Championships)	@ TBD	12:30 PM		Cornell University	Departure Date: Feb 7, 2026 Departure Time: 11:30 AM	L
Feb 20, 2026	Fri	Post-Season (Section IV Championships)	@ TBD	4:00 PM		Ithaca College	Departure Date: Feb 20, 2026 Departure Time: 3:00 PM	L

Date: 2025-12-17