

## Coaches:

• Neil Clifford, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 5, 2022	Mon	Regular Season (Week 3)	Watkins Glen, Spencer-Van Etten (S- VE Panthers), Notre Dame, Elmira	5:00 PM		Stadium Field		L
Sep 6, 2022	Tue	Regular Season	Groton, Marathon, Newark Valley @ Southern Cayuga	5:00 PM		Southern Cayuga HS Track		L
Sep 13, 2022	Tue	Regular Season	Watkins Glen, Lansing, Groton, Dryden	5:00 PM	7:00 PM	Stadium Field		L
Sep 20, 2022	Tue	Regular Season	Groton, Notre Dame, Elmira, Watkins Glen @ Dryden	5:00 PM		Dryden H S		L
Sep 24, 2022	Sat	Regular Season (Baldwinsville Invitational)	@ TBD	10:45 AM	2:00 PM	Bville - Durgee Cross Country Trail		L
Sep 27, 2022	Tue	Regular Season	Dryden, Watkins Glen, Lansing	5:00 PM	8:00 PM	Stadium Field		L
Oct 1, 2022	Sat	Regular Season (McQuaid Invitational)	@ McQuaid Jesuit	9:00 AM	2:00 PM	TBD		L
Oct 4, 2022	Tue	Regular Season	Dryden, Lansing, Marathon, Moravia, Southern Cayuga, Whitney Point @ Groton	4:30 PM		Stone Hedges Golf Course		L
Oct 15, 2022	Sat	Regular Season	Homer, Bishop Grimes, Cazenovia, Chittenango, Cincinnatus, Cortland, Jamesville-Dewitt, Mexico, Manlius Pebble Hill, New York Mills, Notre Dame, Utica, Sandy Creek, South Jefferson, Whitesboro, Sullivan West, Altmar-Parish-Williamstown (APW Rebels) @ Tully	8:45 AM	2:00 PM	Tully XC Course		NL
Oct 28, 2022	Fri	Regular Season (Entire IAC)	@ Marathon	4:00 PM	8:00 PM	Appleby E S		L

Date: 2024-05-16