



Trumansburg

(G) MOD7/8/9 Cross Country

Coaches:

- Rob Reakes
- Todd Robinson

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Aug 28, 2023	Mon	Practice	N/A	9:30 AM	11:00 AM	MS Gym		
Aug 31, 2023	Thu	Practice	N/A	9:30 AM	11:00 AM	MS Gym		
Sep 5, 2023	Tue	Practice	N/A	3:30 PM	5:00 PM	MS Gym		
Sep 5, 2023	Tue	Regular Season (@ WG State Park)	Spencer-Van Etten (S-VE Panthers) @ Watkins Glen	5:00 PM	7:00 PM	Watkins Glen State Park		L
Sep 6, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	MS Gym		
Sep 7, 2023	Thu	Practice	N/A	3:30 PM	5:00 PM	MS Gym		
Sep 8, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	MS Gym		
Sep 9, 2023	Sat	Practice	N/A	9:00 AM	10:30 AM	TBD		
Sep 11, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	MS Gym		
Sep 12, 2023	Tue	Regular Season	TBD, TBD, TBD, TBD @ Groton	5:00 PM		TBD		L
Sep 13, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	MS Gym		
Sep 14, 2023	Thu	Practice	N/A	3:30 PM	5:00 PM	MS Gym		
Sep 15, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	MS Gym		
Sep 18, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	MS Gym		
Sep 19, 2023	Tue	Regular Season (Week 3)	Groton, Lansing, Southern Cayuga, Watkins Glen	5:00 PM		Stadium Field		L
Sep 21, 2023	Thu	Practice	N/A	3:30 PM	5:00 PM	MS Gym		
Sep 22, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	MS Gym		
Sep 25, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	MS Gym		
Sep 27, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	MS Gym		
Sep 28, 2023	Thu	Practice	N/A	3:30 PM	5:00 PM	MS Gym		
Sep 30, 2023	Sat	Regular Season	@ TBD	9:00 AM		Genesee Valley Park	Bus/Driver: Stacy Wright	Departure Point: Middle School-Bus 183 Departure Time: 6:00 AM L
Oct 2, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	MS Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Oct 3, 2023	Tue	Regular Season	TBD, Marathon @ Groton	5:00 PM		Stonehedges Golf Course - Cross Country & Golf	Bus/Driver: Elijah Jordan	Departure Point: HS and MS 168 Departure Time: 3:00 PM
Oct 5, 2023	Thu	Practice	N/A	3:30 PM	5:00 PM	MS Gym		L
Oct 6, 2023	Fri	Regular Season	@ TBD	4:00 PM		Newark Valley High School	Bus/Driver: Stacy Wright	Departure Point: Middle School-Bus 183 Departure Time: 2:00 PM
Oct 10, 2023	Tue	Practice	N/A	3:30 PM	5:00 PM	MS Gym		
Oct 11, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	MS Gym		
Oct 12, 2023	Thu	Practice	N/A	3:30 PM	5:00 PM	MS Gym		
Oct 13, 2023	Fri	Practice	N/A	3:00 PM	4:15 PM	MS Gym		
Oct 14, 2023	Sat	Regular Season (35th Annual Marathon XC Invitational)	@ Marathon	9:00 AM		Appleby E S		L
Oct 16, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	MS Gym		
Oct 18, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	MS Gym		
Oct 19, 2023	Thu	Regular Season (IAC Modified Meet @ Trumansburg)	Notre Dame, Elmira	4:00 PM		Stadium Field		L
Oct 19, 2023	Thu	Regular Season	Groton, Lansing, Marathon, Watkins Glen	4:00 PM		Football Practice Field		L
Oct 19, 2023	Thu	Regular Season (IAC Modified End of the Year Invitational)	TBD	5:00 PM		Stadium Field		L

Date: 2026-01-20