



Susquehanna Valley

(B) V Cross Country

Coaches:

- Grace Tabeek, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 7, 2024	Sat	Regular Season (Dave 'Flash' Forbes Invite @Fortin Park, Oneonta)	@ TBD	10:00 AM	2:00 PM	Fortin Park	Departure Point: Athletic Wing Departure Time: 7:45 PM Return Date: Return Time: 3:00 PM	L
Sep 13, 2024	Fri	Regular Season (Owego Invitational at Owego HS)	@ TBD	6:30 PM	10:00 PM	Owego Free Academy	Departure Point: Athletic Wing Departure Time: 4:30 PM Return Date: Return Time: 10:45 PM	NL
Sep 21, 2024	Sat	Regular Season (Conwike-Stock Invite host by UE at AGM Elementary)	@ TBD	TBD		Ann G McGuinness Elementary Cross Country Course	Departure Time: 8:30 AM	NL
Sep 27, 2024	Fri	Regular Season (Pete Matzke Invite @ME (Maine Memorial Elementary))	@ TBD	TBD		Maine Memorial ES		NL
Oct 5, 2024	Sat	Regular Season (McDaniel/Baxter Invite at CV HS)	@ TBD	9:00 AM	2:00 PM	CV - HS Warrior Stadium	Departure Point: Athletic Wing Departure Time: 7:30 AM Return Date: Return Time: 3:00 PM	L
Oct 11, 2024	Fri	Regular Season (Bob Greene/Newark Valley Invitational at NV HS)	@ TBD	4:00 PM		Newark Valley High School	Departure Point: Athletic Wing Departure Time: 2:45 PM	NL
Oct 19, 2024	Sat	Regular Season (Marathon Invite @Appleby Elementary School)	@ TBD	TBD		Appleby E S		NL
Oct 26, 2024	Sat	Post-Season (STAC Championship @ Fortin Park)	Horseheads, Corning High, Elmira, Ithaca, Binghamton, Johnson City, Maine-Endwell, Union-Endicott, Vestal, Chenango Valley, Owego Apalachin, Seton Catholic Central, Waverly, Norwich, Windsor @ Oneonta	12:00 PM	12:30 PM	TBD		NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 26, 2024	Sat	Regular Season (STAC Mod, JV and Varsity Championships @Oneonta Fortin Park)	@ TBD	TBD		Fortin Park		L
Oct 29, 2024	Tue	Regular Season (Last Chance Meet at Owego HS)	@ TBD	TBD		Owego Free Academy		NL
Nov 7, 2024	Thu	Post-Season (State Qualifiers at Chenango Valley State Park)	@ TBD	TBD		Chenango Valley State Park		NL

Date: 2026-03-04