



Susquehanna Valley

(B) V Cross Country

Coaches:

- Grace Tabeek, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Sep 16, 2023	Sat	Regular Season (McDaniel/Baxter Invite at CV HS)	@ TBD	9:00 AM	2:00 PM	CV - HS Warrior Stadium	Departure Point: Athletic Wing Departure Time: 7:30 AM NL Return Date: Return Time: 2:30 PM
Sep 23, 2023	Sat	Regular Season (Owego Invitational at Owego HS)	@ TBD	9:00 AM	2:00 PM	OFA Stadium	Departure Point: Athletic Wing Departure Time: 7:15 AM NL Return Date: Return Time: 3:00 PM
Sep 29, 2023	Fri	Regular Season (Pete Matzke Invite @ME (Maine Memorial Elementary))	@ TBD	4:30 PM	8:00 PM	TBD	Departure Point: Athletic Wing Departure Time: 3:00 PM NL Return Date: Return Time: 8:30 PM
Oct 6, 2023	Fri	Regular Season (Bob Greene/Newark Valley Invitational at NV HS)	@ TBD	4:30 PM	8:30 PM	Newark Valley High School	Departure Point: Athletic Wing Departure Time: 2:30 PM NL Return Date: Return Time: 9:30 PM
Oct 14, 2023	Sat	Regular Season (Marathon Invite @Appleby Elementary School)	@ TBD	9:00 AM	2:00 PM	Appleby E S	Departure Point: Athletic Wing Departure Time: 7:15 AM NL Return Date: Return Time: 3:00 PM
Oct 21, 2023	Sat	Regular Season (STAC Cross Country Championships (Var, JV and Mod) at UE (Ann McGuinness))	@ TBD	TBD	TBD		Departure Point: Athletic Wing Departure Time: 10:30 AM L Return Date: Return Time: 7:30 PM
Oct 24, 2023	Tue	Regular Season (Last Chance Meet at Owego HS)	@ TBD	4:30 PM	7:00 PM	OFA Stadium	Departure Point: Athletic Wing Departure Time: 3:00 PM NL Return Date: Return Time: 8:00 PM
Nov 2, 2023	Thu	Regular Season (Cross Country State Qualifiers at Chenango Valley State Park)	@ TBD	TBD		Chenango Valley State Park	NL

Date: 2026-01-16