Susquehanna Valley
(B) V Cross Country

Coaches:

- Grace Tabeek, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 16, 2023	Sat	Regular Season (McDaniel/Baxter Invite at CV HS)	@ TBD	9:00 AM	2:00 PM	CV - HS Warrior Stadium	**Departure Point:** Athletic Wing **Departure Time:** 7:30 AM **Return Date:** **Return Time:** 2:30 PM	NL
Sep 23, 2023	Sat	Regular Season (Owego Invitational at Owego HS)	@ TBD	9:00 AM	2:00 PM	OFA Stadium	**Departure Point:** Athletic Wing **Departure Time:** 7:15 AM **Return Date:** **Return Time:** 3:00 PM	NL
Sep 29, 2023	Fri	Regular Season (Pete Matzke Invite @ME (Maine Memorial Elementary))	@ TBD	4:30 PM	8:00 PM	TBD	**Departure Point:** Athletic Wing **Departure Time:** 3:00 PM **Return Date:** **Return Time:** 8:30 PM	NL
Oct 6, 2023	Fri	Regular Season (Bob Greene/Newark Valley Invitational at NV HS)	@ TBD	4:30 PM	8:30 PM	Newark Valley High School	**Departure Point:** Athletic Wing **Departure Time:** 2:30 PM **Return Date:** **Return Time:** 9:30 PM	NL
Oct 14, 2023	Sat	Regular Season (Marathon Invite @Appleby Elementary School)	@ TBD	9:00 AM	2:00 PM	Appleby E S	**Departure Point:** Athletic Wing **Departure Time:** 7:15 AM **Return Date:** **Return Time:** 3:00 PM	NL
Oct 21, 2023	Sat	Regular Season (STAC Cross Country Championships (Var, JV and Mod) at UE (Ann McGuinness))	@ TBD	TBD		TBD	**Departure Point:** Athletic Wing **Departure Time:** 10:30 AM **Return Date:** **Return Time:** 7:30 PM	L
Oct 24, 2023	Tue	Regular Season (Last Chance Meet at Owego HS)	@ TBD	4:30 PM	7:00 PM	OFA Stadium	**Departure Point:** Athletic Wing **Departure Time:** 3:00 PM **Return Date:** **Return Time:** 8:00 PM	NL
Nov 2, 2023	Thu	Regular Season (Cross Country State Qualifiers at Chenango Valley State Park)	@ TBD	TBD		Chenango Valley State Park		NL

Date: 2024-10-12