



Susquehanna Valley

(B) V Cross Country

Coaches:

- Grace Tabeek, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 8, 2018	Sat	Regular Season (Windsor Invitational)	@ TBD	9:00 AM	12:00 PM	Windsor Cross Country Course	Departure Point: Athletic Wing Departure Time: 7:30 AM Return Date: Return Time: 1:00 PM		NL
Sep 15, 2018	Sat	Regular Season (McDaniel-Baxter Invitational @CV)	@ Chenango Valley	9:00 AM	12:00 PM	TBD	Departure Point: Athletic Wing Departure Time: 7:30 AM Return Date: Return Time: 12:30 PM		NL
Sep 29, 2018	Sat	Regular Season (Maine Endwell Invitational)	@ TBD	9:00 AM	12:00 PM	Maine Memorial ES	Departure Point: Athletic Wing Departure Time: 7:00 AM Return Date: Return Time: 1:00 PM		NL
Oct 2, 2018	Tue	Regular Season (@Norwich, Gibson Elementary)	@ TBD	4:30 PM	6:30 PM	TBD	Departure Point: Athletic Wing Departure Time: 2:30 PM Return Date: Return Time: 8:00 PM		L
Oct 6, 2018	Sat	Regular Season (Stooke-Conwickie (Vestal Invitational))	@ TBD	9:00 AM	2:00 PM	Arnold Park	Departure Point: Athletic Wing Departure Time: 7:30 AM Return Date: Return Time: 4:00 PM		NL
Oct 9, 2018	Tue	Regular Season (Senior Day, STAC East Divisional Championships)	Chenango Valley, Seton Catholic Central, Norwich, Oneonta, Windsor, Chenango Forks	3:30 PM	6:30 PM	Cole Park	Departure Point: Athletic Wing Departure Time: 2:30 PM		L
Oct 12, 2018	Fri	Regular Season (Newark Valley CC Meet, @NV)	@ TBD	4:00 PM	7:30 PM	Newark Valley High School	Class Dismissal: 1:45 PM Departure Point: Athletic Wing Departure Time: 2:00 PM Return Date: Return Time: 9:00 PM		L
Oct 20, 2018	Sat	Regular Season (Marathon Invitational)	@ TBD	9:00 AM	2:00 PM	Appleby ES	Departure Point: Athletic Wing Departure Time: 6:45 AM Return Date: Return Time: 4:00 PM		NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 23, 2018	Tue	Post-Season (STAC Championship)	Elmira, Oneonta, Seton Catholic Central, Corning-Painted Post, Windsor, Norwich, Ithaca, Binghamton, Chenango Valley, Maine-Endwell, Union-Endicott, Chenango Forks, Horseheads @ TBD	3:30 PM	5:30 PM	Pheasant Hill Country Club		Departure Point: Athletic Wing Departure Time: 1:30 PM Return Date: Return Time: 8:30 PM	L
Oct 23, 2018	Tue	Post-Season (STAC Championship)	Binghamton, Chenango Forks, Chenango Valley, Corning-Painted Post, Elmira, Horseheads, Johnson City, Maine-Endwell, Norwich, Oneonta, Seton Catholic Central, Union-Endicott, Vestal, Windsor, Ithaca @ Owego Apalachin	3:30 PM		Pheasant Hill Country Club			L
Nov 1, 2018	Thu	Regular Season (Cross Country Sectionals)	@ TBD	11:00 AM	3:00 PM	TBD	Class Dismissal: 9:45 AM	Departure Point: Athletic Wing Departure Time: 10:00 AM Return Date: Return Time: 3:30 PM	L

Date: 2026-02-01