



Susquehanna Valley

(G) V Cross Country

Coaches:

- Grace Tabeek, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 6, 2025	Sat	Regular Season (Oneonta Meet at Fortin Park, Oneonta)	@ TBD	9:00 AM	2:00 PM	Fortin Park		Departure Point: Athletic Wing Departure Time: 7:30 AM Return Date: Return Time: 3:00 PM	NL
Sep 13, 2025	Sat	Regular Season (Stock Conwicke Meet, Arnold Park in Vestal)	@ TBD	10:00 AM	3:00 PM	Arnold Park		Departure Point: Athletic Wing Departure Time: 8:30 AM Return Date: Return Time: 3:30 PM	L
Sep 19, 2025	Fri	Regular Season (Owego Night Meet at Owego HS)	@ TBD	5:30 PM	9:00 PM	Owego Free Academy		Departure Point: Athletic Wing Departure Time: 4:00 PM Return Date: Return Time: 9:45 PM	NL
Sep 26, 2025	Fri	Regular Season (Pete Matzke Invite @ME (Maine Memorial Elementary))	@ TBD	4:00 PM	8:00 PM	Maine Memorial ES		Departure Point: Athletic Wing Departure Time: 2:30 PM Return Date: Return Time: 8:45 PM	L
Oct 4, 2025	Sat	Regular Season (McDaniel/Baxter Invite at CV HS)	@ TBD	9:45 AM		TBD		Departure Point: Athletic Wing Departure Time: 8:00 AM Return Date: Return Time: 2:00 PM	NL
Oct 10, 2025	Fri	Regular Season (Newark Valley Meet at Newark Valley HS)	@ TBD	3:30 PM	8:00 PM	Newark Valley High School	Class Dismissal: 1:15 PM	Departure Point: Athletic Wing Departure Time: 1:30 PM Return Date: Return Time: 9:00 PM	NL
Oct 18, 2025	Sat	Regular Season (Marathon Invite @Appleby Elementary School)	@ TBD	9:00 AM	2:00 PM	Appleby ES	Class Dismissal: 1:15 PM	Departure Point: Athletic Wing Departure Time: 7:30 AM Return Date: Return Time: 2:00 PM	NL
Oct 25, 2025	Sat	Regular Season (STAC Championships, Location to be Determined)	@ TBD	9:00 AM	2:00 PM	TBD	Class Dismissal: 1:15 PM	Departure Point: Athletic Wing Departure Time: 7:30 AM Return Date: Return Time: 3:00 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 6, 2025	Thu	Post-Season (2025 Varsity Boys and Girls Sectionals at CV State Park)	@ TBD	TBD		Chenango Valley State Park			NL
							Departure Point: Athletic Wing		
							Departure Time: 8:00 AM		
							Return Date:		
							Return Time: 4:00 PM		

Date: 2025-12-08