

# Southern Cayuga

## (G) V Swimming/Diving

### Coaches:

- Heather Rejman

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 12, 2023	Tue	Regular Season 63-99 L	@ Lansing	4:30 PM		Lansing HS (Pool)	<b>Departure Time:</b> 3:15 PM	L
Sep 13, 2023	Wed	Regular Season (Dual Meet)	Oswego @ Skaneateles	5:15 PM		Weedsport High School Pool	<b>Departure Time:</b> 4:00 PM	NL
Sep 14, 2023	Thu	Regular Season 25-65 L	Dryden	4:30 PM		Southern Cayuga Jr/Sr High School Pool		L
Sep 22, 2023	Fri	Regular Season (Invitational In the Glen - Day 1 - Live Stream on NFHS )	Notre Dame, Elmira, Lansing, Shenendehowa High School, Valley Central, Skaneateles, Wallkill, Fairport, Albany Academies, Hilton, Corning-Painted Post, Waverly, Horseheads, Burnt Hills-Ballston Lake HS, Whitney Point @ Watkins Glen (Storm)	4:30 PM	8:00 PM	W G Pool	<b>Departure Time:</b> 2:30 PM	NL
Sep 23, 2023	Sat	Regular Season (Invitational In the Glen - Day 2 Diving 9:30 AM & Swimming 2 PM - NFHS Live Stream Swim Only )	Notre Dame, Elmira, Lansing, Shenendehowa High School, Valley Central, Skaneateles, Wallkill, Fairport, Albany Academies, Hilton, Burnt Hills-Ballston Lake HS, Corning-Painted Post, Waverly, Horseheads, Whitney Point @ Watkins Glen (Storm)	9:30 AM	8:00 PM	W G Pool	<b>Departure Time:</b> 11:30 AM	NL
Sep 26, 2023	Tue	Regular Season 43-94 L	@ Dryden	4:30 PM		Dryden H S	<b>Departure Time:</b> 2:45 PM	L
Sep 28, 2023	Thu	Regular Season	Notre Dame, Elmira	4:30 PM		Southern Cayuga Jr/Sr High School Pool		L
Oct 4, 2023	Wed	Regular Season 48-91 L	@ Watkins Glen (Storm)	5:00 PM	7:00 PM	W G Pool	<b>Departure Time:</b> 3:00 PM	L
Oct 11, 2023	Wed	Regular Season	Lansing	4:30 PM		Southern Cayuga Jr/Sr High School Pool		L
Oct 17, 2023	Tue	Regular Season (Senior Night) 48-27 W	Whitney Point	5:30 PM		Southern Cayuga Jr/Sr High School Pool		L

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Oct 21, 2023	Sat	Regular Season (IAC Championships )	Dryden, Lansing, Whitney Point, Notre Dame, Elmira @ Watkins Glen (Storm)	11:30 AM	5:30 PM	W G Pool	<b>Departure Time:</b> 11:45 AM	L
Nov 1, 2023	Wed	Post-Season (Section IV Class C Pre-lims (Tickets online through GoFan))	Lansing, Notre Dame, Elmira, Dryden, Whitney Point, Greene, Susquehanna Valley @ Watkins Glen (Storm)	5:00 PM		W G Pool	<b>Departure Time:</b> 2:30 PM	NL
Nov 4, 2023	Sat	Post-Season (Section IV Finals - Class C (Tickets online through GoFan))	Notre Dame, Elmira, Lansing, Whitney Point, Dryden, Greene, Susquehanna Valley @ Watkins Glen (Storm)	11:00 AM		W G Pool		NL

Date: 2025-12-06