

Southern Cayuga

(G) V Swimming/Diving

Coaches:

- Heather Rejman

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 8, 2022	Thu	Regular Season 64-80 L	@ Dryden	4:30 PM		Dryden H S	Departure Time: 2:45 PM	L
Sep 20, 2022	Tue	Regular Season 31-56 L	Watkins Glen (Storm)	5:30 PM		Southern Cayuga Jr/Sr High School Pool		L
Sep 23, 2022	Fri	Regular Season (Invitational In The Glen)	Notre Dame, Elmira, Corning-Painted Post, Shenendehowa High School, Ithaca, Hilton, Skaneateles, Lansing, Wallkill, New Paltz, Horseheads @ Watkins Glen (Storm)	4:30 PM	8:00 PM	W G Pool	Departure Time: 2:00 PM	NL
Sep 24, 2022	Sat	Regular Season (Invitational In The Glen Day 2 - Diving 9:30 PM & Swimming 2 PM)	Notre Dame, Elmira, Corning-Painted Post, Shenendehowa High School, Ithaca, Hilton, Skaneateles, Lansing, New Paltz, Wallkill, Horseheads @ Watkins Glen (Storm)	9:30 AM		W G Pool	Departure Time: 11:30 AM	NL
Sep 27, 2022	Tue	Regular Season 35-57 L	Waverly	4:30 PM		Southern Cayuga Jr/Sr High School Pool		L
Sep 28, 2022	Wed	Regular Season 48-18 W	@ Whitney Point	5:00 PM		CEA Pool	Departure Time: 3:00 PM	L
Oct 4, 2022	Tue	Regular Season 68-97 L	@ Lansing	4:30 PM		Lansing HS (Pool)	Departure Time: 3:15 PM	L
Oct 11, 2022	Tue	Regular Season (senior night) 52-28 W	Notre Dame, Elmira	4:30 PM		Southern Cayuga Jr/Sr High School Pool		L
Oct 14, 2022	Fri	Regular Season 46-47 L	Lansing	4:00 PM		Southern Cayuga Jr/Sr High School Pool		L
Oct 17, 2022	Mon	Regular Season 40-50 L	Dryden	4:30 PM		Southern Cayuga Jr/Sr High School Pool		L
Oct 22, 2022	Sat	Regular Season (IAC Championships - Diving 1:30 PM , Swimming 4 PM See notes for GoFan Pre Sale Tickets link)	Whitney Point, Lansing, Dryden, Notre Dame, Elmira, Waverly @ Watkins Glen (Storm)	1:30 PM		W G Pool	Departure Time: 1:00 PM	L
Nov 2, 2022	Wed	Post-Season (Section IV Class C Pre-lims (Tickets online through GoFan))	Dryden, Whitney Point, Susquehanna Valley, Greene, Notre Dame, Elmira, Lansing @ Watkins Glen (Storm)	4:30 PM		W G Pool	Departure Time: 1:30 PM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 5, 2022	Sat	Post-Season (Section IV - Finals Class C (Tickets Through GoFan Only) - Live Stream on NFHS)	Dryden, Whitney Point, Susquehanna Valley, Greene, Notre Dame, Elmira, Lansing @ Watkins Glen (Storm)	11:00 AM		W G Pool	Departure Time: 8:15 AM	NL

Date: 2025-12-09