Southern Cayuga

(G) 7/8TH Cross Country

Coaches:

- George Murphy

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 9, 2025	Tue	Regular Season	Lansing, Moravia, Marathon, Newark Valley	5:00 PM		Southern Cayuga HS Track		L
Sep 16, 2025	Tue	Regular Season	Marathon, Newark Valley, TBD, Whitney Point @ TBD	5:00 PM		Stonehedges Golf Course - Cross Country & Golf	**Departure Time:** 3:30 PM	L
Sep 20, 2025	Sat	Regular Season (Baldwinsville Invite)	@ TBD	10:00 AM		TBD	**Departure Time:** 7:45 AM	L
Sep 23, 2025	Tue	Regular Season	Spencer-Van Etten (S-VE Panthers), Whitney Point @ Dryden	5:00 PM		Dryden H S	**Departure Time:** 2:45 PM	L
Oct 7, 2025	Tue	Regular Season	Marathon, Moravia, Spencer-Van Etten (S-VE Panthers), TBD, Tioga, TBD @ TBD	4:30 PM		Stonehedges Golf Course - Cross Country & Golf	**Departure Time:** 2:45 PM	L
Oct 11, 2025	Sat	Regular Season (Tornado 5000 Invite at Norwich HS)	@ TBD	10:00 AM		TBD	**Departure Time:** 7:30 AM	L
Oct 18, 2025	Sat	Regular Season (Marathon Invite)	@ TBD	9:00 AM		TBD	**Departure Time:** 6:45 AM	L
Oct 21, 2025	Tue	Regular Season (Whitney Point Invite)	@ TBD	4:30 PM		TBD	**Departure Time:** 2:15 PM	L
Oct 23, 2025	Thu	Regular Season (End of Season Invitational @ TBurg)	@ TBD	5:00 PM		TBD	**Departure Time:** 2:45 PM	L
Oct 23, 2025	Thu	Regular Season (IAC Mod End of Year Invitational @ Trumansburg)	@ TBD	5:00 PM		TBD	**Departure Time:** 2:45 PM	L
Oct 29, 2025	Wed	Regular Season (IAC Champs @ Marathon)	@ TBD	4:00 PM		TBD	**Departure Time:** 1:30 PM	L
Nov 1, 2025	Sat	Regular Season	Dryden, Groton, Marathon, Moravia, Newark Valley	5:00 PM		Southern Cayuga HS Track		L

Date: 2026-11-16