Southern Cayuga

(G) 7/8TH Cross Country

Coaches:

- George Murphy

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 11, 2024	Wed	Regular Season (Regular Season Meet @ Candor)	@ TBD	5:00 PM		TBD	**Departure Time:** 3:00 PM	L
Sep 17, 2024	Tue	Regular Season (Regular Season Meet @ Groton)	@ TBD	5:00 PM		TBD	**Departure Time:** 3:15 PM	L
Sep 21, 2024	Sat	Regular Season (Baldwinsville Invitational @ Durgee Jr HS)	@ TBD	10:00 AM		TBD	**Departure Time:** 7:45 AM	L
Sep 24, 2024	Tue	Regular Season	Spencer-Van Etten (S-VE Panthers), Groton, Marathon, Newark Valley	5:00 PM		Southern Cayuga HS Track		L
Oct 1, 2024	Tue	Regular Season	Elmira Heights @ Watkins Glen	5:00 PM		Watkins Glen State Park	**Departure Time:** 3:00 PM	L
Oct 1, 2024	Tue	Regular Season (Watkins Glen Mid Season Free Meet)	@ TBD	TBD		TBD		L
Oct 19, 2024	Sat	Regular Season (Marathon Invite)	@ TBD	9:15 AM		TBD	**Departure Time:** 7:15 AM	NL
Oct 24, 2024	Thu	Regular Season (IAC Mod End of the Year Invitational @ Trumansburg)	@ TBD	4:30 PM		TBD	**Departure Time:** 2:45 PM	L
Oct 30, 2024	Wed	Regular Season (Mod Classic Invite @ Marathon's Appleby Elementary School)	@ TBD	4:00 PM		TBD	**Departure Time:** 2:00 PM	L

Date: 2026-10-09