## **Southern Cayuga** (G) V Cross Country

Coaches:

Brett Jillson

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START ENI		TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 30, 2025	Sat	Regular Season (Varsity - Corning Relays)	@ TBD	9:00 AM	TBD	<b>Departure Time:</b> 7:45 AM	L
Sep 9, 2025	Tue	Regular Season	Lansing, Moravia, Marathon, Newark Valley	5:00 PM	Southern Cayuga HS Track		L
Sep 13, 2025	Sat	Regular Season (Queensbury Invite - Queensbury Union Free School District Campus, Queensbury, New York 12804)	@ TBD	12:00 PM	TBD	<b>Departure Time:</b> 7:00 AM	L
Sep 20, 2025	Sat	Regular Season (Baldwinsville Invite)	@ TBD	10:00 AM	TBD	<b>Departure Time:</b> 7:45 AM	L
Sep 23, 2025	Tue	Regular Season (Senior Night- Senior Festivities @ 4:40pm)	Spencer-Van Etten (S- VE Panthers), Whitney Point @ Dryden	5:00 PM	Dryden H S	<b>Departure Time:</b> 3:00 PM	L
Oct 7, 2025	Tue	Post-Season (IAC Small School Champs-Stonehedges Golf Course in Groton)	@ TBD	4:30 PM	TBD	<b>Departure Time:</b> 2:45 PM	NL
Oct 11, 2025	Sat	Regular Season (Tornado 5000 Invite at Norwich HS)	@ TBD	10:00 AM	TBD	<b>Departure Time:</b> 7:30 AM	L
Oct 18, 2025	Sat	Post-Season (Marathon Invite @ Appleby Elementary School)	@ TBD	9:00 AM	TBD	<b>Departure Time:</b> 6:45 AM	NL
Oct 21, 2025	Tue	Regular Season (Whitney Point Invite @ Whitney Point High School)	@ TBD	4:30 PM	TBD	<b>Departure Time:</b> 2:15 PM	L
Oct 29, 2025	Wed	Post-Season (IAC Champs @ Marathon - Appleby Elementary School)	@ TBD	4:00 PM	TBD	Departure Time: 1:30 PM	L
CANCELLED Nov 3, 2025	Mon	Post-Season (Practice @ Chenango Valley State Park)	@ TBD	4:00 PM	TBD	Departure Time: 2:00 PM	NL
Nov 6, 2025	Thu	Post-Season (SEC IV Champs/State Quals @ Chenango Valley State Park)	@ TBD	10:30 AM	TBD	<b>Departure Time:</b> 7:30 AM	NL
Nov 15, 2025	Sat	Post-Season (NYSPHAA State Champs @ Queensbury HS)	@ TBD	9:00 AM	TBD		NL
Nov 22, 2025	Sat	Post-Season (NYS Federation and Nike SC Regional Meet @ Bowdoin State Park)	@ TBD	TBD	TBD		NL

Date: 2025-12-05