## Coaches:



• Shannon Gawronski

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START END TIME TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Mar 28, 2024	Thu	Regular Season (Rotary Relays)	Spencer-Van Etten, Norwich @ Chenango Forks	4:30 PM	High School - Stadium		NL
POSTPONED Apr 10, 2024	Wed	Regular Season (MAC)	Bainbridge Guilford, Sidney, Unadilla Valley (UV) @ Greene (Greene/Oxford)	4:30 PM	Greene High School Track		L
Apr 15, 2024	Mon	Regular Season	Harpursville (Afton/Harpur), Sidney, Walton @ Deposit (Deposit-Hancock)	4:30 PM	Ron O'Connell Athletic Stadium		L
Apr 17, 2024	Wed	Regular Season (MAC)	Deposit (Deposit- Hancock), Bainbridge Guilford @ Delaware Academy	4:30 PM	Track and Field Complex		L
Apr 20, 2024	Sat	Regular Season (Quinney Invite)	Laurens (Laurens/Milford), Franklin, Harpursville (Afton/Harpur), Whitney Point, Walton, Cooperstown, Gilbertsville-Mount Upton, Schenevus (Schenevus/Worcester), Edmeston (Morris/Edmeston), Cherry Valley- Springfield (CVS-SS), Unadilla Valley (UV), Bainbridge Guilford @ Sidney	10:00 AM	Sidney HS Track		NL
Apr 24, 2024	Wed	Regular Season	Unatego, Sidney @ Deposit (Deposit- Hancock)	4:30 PM	Ron O'Connell Athletic Stadium		L
May 1, 2024	Wed	Regular Season (MAC RELAYS (Senior Recognition @4:00))	Bainbridge Guilford, Sidney, Unadilla Valley (UV), Delaware Academy, Deposit (Deposit-Hancock), Afton (Afton/Harpur), Unatego @ Walton	4:15 PM	Walton Track		L
May 3, 2024	Fri	Regular Season (REK Invitational hosted by Norwich at Sidney)	Deposit (Deposit- Hancock), Cincinnatus, Bainbridge Guilford, Unadilla Valley (UV), Gilbertsville-Mount Upton, Edmeston (Morris/Edmeston), DeRuyter, Afton (Afton/Harpur), Unatego, Newark Valley, Norwich, Morrisville-Eaton, TBD @ Sidney		Sidney HS Track		NL

DATE	WEEK	ТҮРЕ	OPPONENTS	START E TIME T	IND LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 8, 2024	Wed	Regular Season	Stamford, Laurens (Laurens/Milford), Unatego, Unadilla Valley (UV), Deposit (Deposit- Hancock), South Kortright, Edmeston (Morris/Edmeston), Cherry Valley- Springfield (CVS-SS), Bainbridge Guilford, Walton, Schenevus (Schenevus/Worcester), Charlotte Valley, Gilbertsville-Mount Upton, Franklin @ Delaware Academy	4:00 PM	Track and Field Complex		L
May 10, 2024	Fri	Regular Season (Yellowjacket Invite)	Walton, Stamford, Milford (Laurens/Milford Boys and Girls), Unatego, Unadilla Valley (UV), South Kortright, Edmeston (Morris/Edmeston), Bainbridge Guilford @ Oneonta	4:00 PM	Oneonta High School		L
May 15, 2024	Wed	Regular Season (MAC CHAMPIONSHIPS)	Bainbridge Guilford, Harpursville (Afton/Harpur), Unatego, Deposit (Deposit- Hancock), Unadilla Valley (UV), Delaware Academy, Walton @ Sidney	4:15 PM	Sidney HS Track		L
May 20, 2024	Mon	Regular Season	Sidney	4:30 PM	Greene High School Track		L
May 20, 2024	Mon	Regular Season	Bainbridge Guilford, Sidney	4:30 PM	Greene High School Track		L

Date: 2025-12-05