



Owego Apalachin (B) 7/8TH Wrestling

Coaches:

- Gianno Silba
- caleb Monell

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Dec 6, 2025	Sat	Practice	N/A	8:00 AM	9:00 AM	TBD	
Dec 13, 2025	Sat	Regular Season	Windsor, Norwich, Oneonta, Waverly, Susquehanna Valley, Chenango Forks, Chenango Valley	9:00 AM		OFA Gymnasium	L
Dec 18, 2025	Thu	Regular Season	Chenango Valley @ Johnson City	6:00 PM	9:00 PM	JC HS Large Gym	L
Dec 22, 2025	Mon	Practice (Modified Wrestling)	N/A	8:30 AM	10:30 AM	TBD	
Dec 23, 2025	Tue	Practice (Modified Wrestling)	N/A	8:30 AM	10:30 AM	TBD	
Jan 2, 2026	Fri	Practice (Modified Wrestling Practice)	N/A	8:30 AM	10:30 AM	TBD	
Jan 5, 2026	Mon	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD	
Jan 6, 2026	Tue	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD	
Jan 7, 2026	Wed	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD	
Jan 8, 2026	Thu	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD	
Jan 9, 2026	Fri	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD	
Jan 12, 2026	Mon	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD	
Jan 13, 2026	Tue	Regular Season	Susquehanna Valley	6:00 PM	7:00 PM	OFA Gymnasium	NL
Jan 14, 2026	Wed	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD	
Jan 15, 2026	Thu	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD	
Jan 16, 2026	Fri	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 17, 2026	Sat	Regular Season	Johnson City, Maine-Endwell, Binghamton, Vestal, Chenango Forks, Chenango Valley, Waverly @ Union-Endicott	8:30 AM	2:00 PM	Jennie F Snapp MS Main Gym	Departure Time: 7:00 AM	L
Jan 19, 2026	Mon	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Jan 20, 2026	Tue	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Jan 21, 2026	Wed	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Jan 22, 2026	Thu	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Jan 23, 2026	Fri	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Jan 26, 2026	Mon	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Jan 27, 2026	Tue	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Jan 28, 2026	Wed	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Jan 29, 2026	Thu	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Jan 30, 2026	Fri	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Jan 31, 2026	Sat	Regular Season	Chenango Forks, Chenango Valley, Waverly, Horseheads, Elmira, Corning-Painted Post @ Ithaca	10:00 AM	2:00 PM	IHS Bliss Gym (C149)	Departure Time: 8:00 AM	L
Feb 2, 2026	Mon	Practice	N/A	3:30 PM	5:30 PM	TBD		
Feb 3, 2026	Tue	Practice	N/A	3:30 PM	5:30 PM	TBD		
Feb 4, 2026	Wed	Practice	N/A	3:30 PM	5:30 PM	TBD		
Feb 5, 2026	Thu	Practice	N/A	3:30 PM	5:30 PM	TBD		
Feb 6, 2026	Fri	Practice	N/A	3:30 PM	5:30 PM	TBD		

Date: 2026-02-09

