



Owego Apalachin (B) 7/8TH Wrestling

Coaches:

- Gianno Silba
- caleb Monell

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 2, 2024	Mon	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Dec 3, 2024	Tue	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Dec 4, 2024	Wed	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Dec 5, 2024	Thu	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Dec 6, 2024	Fri	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Dec 9, 2024	Mon	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Dec 10, 2024	Tue	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Dec 11, 2024	Wed	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Dec 12, 2024	Thu	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Dec 13, 2024	Fri	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Dec 14, 2024	Sat	Regular Season	Windsor, Norwich, Oneonta, Waverly, Susquehanna Valley, Chenango Valley @ Chenango Forks	9:00 AM		High School - Gym	Departure Time: 7:15 AM	L
Dec 16, 2024	Mon	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Dec 17, 2024	Tue	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Dec 17, 2024	Tue	Regular Season	Johnson City @ Chenango Valley	6:30 PM		CV - HS Gym		NL
Dec 18, 2024	Wed	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Dec 19, 2024	Thu	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Dec 20, 2024	Fri	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Dec 23, 2024	Mon	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	434 sportsplex		
Dec 27, 2024	Fri	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	434 sportsplex		
Dec 30, 2024	Mon	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	434 sportsplex		
Jan 2, 2025	Thu	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	434 sportsplex		
Jan 6, 2025	Mon	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Jan 7, 2025	Tue	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Jan 8, 2025	Wed	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Jan 9, 2025	Thu	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 10, 2025	Fri	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Jan 13, 2025	Mon	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Jan 14, 2025	Tue	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Jan 15, 2025	Wed	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Jan 16, 2025	Thu	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Jan 17, 2025	Fri	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Jan 18, 2025	Sat	Regular Season	Johnson City, Chenango Valley, Union-Endicott, Binghamton, Vestal, Maine-Endwell, Waverly @ Chenango Forks	9:00 AM	12:00 PM	High School - Gym		L
Jan 18, 2025	Sat	Regular Season (STAC Event - Chenango Forks)	@ TBD	10:00 AM		TBD	Departure Time: 7:00 AM	NL
Jan 21, 2025	Tue	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Jan 22, 2025	Wed	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Jan 23, 2025	Thu	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Jan 24, 2025	Fri	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Jan 27, 2025	Mon	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Jan 28, 2025	Tue	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Jan 30, 2025	Thu	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Jan 31, 2025	Fri	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:30 PM	TBD		
Feb 1, 2025	Sat	Regular Season	Chenango Forks, Chenango Valley, Waverly, Horseheads, Elmira, Corning-Painted Post @ Ithaca	10:00 AM		IHS Bliss Gym (C149)	Departure Time: 8:00 AM	L
Feb 8, 2025	Sat	Regular Season (25 Wyckoff-Riddell Mod Wrestling Invitational-Binghamton H.S.)	@ TBD	9:30 AM		TBD	Departure Time: 7:30 AM	NL

Date: 2026-02-08