



Owego Apalachin (B) 7/8TH Wrestling

Coaches:

- Nick Rodgers
- Gianni Silba
- caleb Monell

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 27, 2023	Mon	Practice (Modified Wrestling Practice)	N/A	3:45 PM	5:45 PM	TBD		
Nov 28, 2023	Tue	Practice (Modified Wrestling Practice)	N/A	3:45 PM	5:45 PM	TBD		
Nov 29, 2023	Wed	Practice (Modified Wrestling Practice)	N/A	3:45 PM	5:45 PM	TBD		
Nov 30, 2023	Thu	Practice (Modified Wrestling Practice)	N/A	3:45 PM	5:45 PM	TBD		
Dec 1, 2023	Fri	Practice (Modified Wrestling Practice)	N/A	3:45 PM	5:45 PM	TBD		
Dec 4, 2023	Mon	Practice (Modified Wrestling Practice)	N/A	3:45 PM	5:45 PM	TBD		
Dec 5, 2023	Tue	Practice (Modified Wrestling Practice)	N/A	3:45 PM	5:45 PM	TBD		
Dec 6, 2023	Wed	Practice (Modified Wrestling Practice)	N/A	3:45 PM	5:45 PM	TBD		
Dec 7, 2023	Thu	Practice (Modified Wrestling Practice)	N/A	3:45 PM	5:45 PM	TBD		
Dec 8, 2023	Fri	Practice (Modified Wrestling Practice)	N/A	3:45 PM	5:45 PM	TBD		
Dec 11, 2023	Mon	Practice (Modified Wrestling Practice)	N/A	3:45 PM	5:45 PM	TBD		
Dec 12, 2023	Tue	Practice (Modified Wrestling Practice)	N/A	3:45 PM	5:45 PM	TBD		
Dec 13, 2023	Wed	Practice (Modified Wrestling Practice)	N/A	3:45 PM	5:45 PM	TBD		
Dec 14, 2023	Thu	Practice (Modified Wrestling Practice)	N/A	3:45 PM	5:45 PM	TBD		
Dec 15, 2023	Fri	Practice (Modified Wrestling Practice)	N/A	3:45 PM	5:45 PM	TBD		
Dec 16, 2023	Sat	Regular Season	Windsor, Norwich, Oneonta, Waverly, Chenango Forks, Chenango Valley @ Susquehanna Valley	10:00 AM	2:00 PM	SVHS Gym	Departure Time: 8:00 AM	L
Dec 18, 2023	Mon	Practice (Modified Wrestling Practice)	N/A	3:45 PM	5:45 PM	TBD		
Dec 19, 2023	Tue	Practice (Modified Wrestling Practice)	N/A	3:45 PM	5:45 PM	TBD		
Dec 20, 2023	Wed	Practice (Modified Wrestling Practice)	N/A	3:45 PM	5:45 PM	TBD		
Dec 21, 2023	Thu	Practice (Modified Wrestling Practice)	N/A	3:45 PM	5:45 PM	TBD		
Jan 27, 2024	Sat	Regular Season (Modified Wrestling Invite)	Vestal, Maine-Endwell, Binghamton, Union-Endicott, Chenango Forks, Chenango Valley, Waverly @ Johnson City	9:00 AM	1:00 PM	JC HS Large Gym	Departure Time: 7:45 AM	L
Feb 3, 2024	Sat	Regular Season (2024 Wyckoff-Riddell Mod Wrestling Invitational - Binghamton High School)	@ TBD	9:30 AM		TBD	Departure Time: 7:45 AM	NL

Date: 2024-05-14