



Owego Apalachin (B) 7/8TH Wrestling

Coaches:

- Nick Rodgers
- Gianni Silba
- caleb Monell

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 28, 2022	Mon	Practice	N/A	3:50 PM	5:20 PM	OFA Wrestling Room		
Nov 29, 2022	Tue	Practice	N/A	3:50 PM	5:20 PM	OFA Wrestling Room		
Nov 30, 2022	Wed	Practice	N/A	3:50 PM	5:20 PM	OFA Wrestling Room		
Dec 1, 2022	Thu	Practice	N/A	3:50 PM	5:20 PM	OFA Wrestling Room		
Dec 2, 2022	Fri	Practice	N/A	3:50 PM	5:20 PM	OFA Wrestling Room		
Dec 5, 2022	Mon	Practice	N/A	3:50 PM	5:20 PM	OFA Wrestling Room		
Dec 6, 2022	Tue	Practice	N/A	3:50 PM	5:20 PM	OFA Wrestling Room		
Dec 7, 2022	Wed	Practice	N/A	3:50 PM	5:20 PM	OFA Wrestling Room		
Dec 8, 2022	Thu	Practice	N/A	3:50 PM	5:20 PM	OFA Wrestling Room		
Dec 9, 2022	Fri	Practice	N/A	3:50 PM	5:20 PM	OFA Wrestling Room		
Jan 7, 2023	Sat	Regular Season	Johnson City, Ithaca, Maine-Endwell, Corning-Painted Post, Union-Endicott, Elmira @ Horseheads	10:00 AM		HHS Middle School Field House Gym	Departure Time: 8:30 AM	NL
Jan 14, 2023	Sat	Regular Season (Tournament)	Horseheads, Corning-Painted Post, Chenango Valley, Norwich, Johnson City, Vestal @ Windsor	9:00 AM	8:00 PM	Windsor High School	Departure Time: 7:30 AM	L
Jan 28, 2023	Sat	Regular Season	Union-Endicott, Corning-Painted Post, Elmira, Chenango Valley, Vestal @ Susquehanna Valley	11:00 AM	1:00 PM	SVHS Gym	Departure Time: 9:30 AM	L
Feb 4, 2023	Sat	Regular Season (Wyckoff/Riddell Wrestling Invitational - JC Elementary/Middle School)	@ TBD	9:30 PM		TBD	Departure Time: 8:30 AM	NL

Date: 2024-05-15