



# Owego Apalachin (B) 7/8TH Wrestling

## Coaches:

- Gianno Silba
- caleb Monell

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 18, 2019	Mon	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Nov 19, 2019	Tue	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Nov 20, 2019	Wed	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Nov 21, 2019	Thu	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Nov 23, 2019	Sat	Practice	N/A	11:00 AM	1:00 PM	OFA Wrestling Room		
Nov 25, 2019	Mon	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Nov 26, 2019	Tue	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Nov 27, 2019	Wed	Practice	N/A	11:00 AM	1:00 PM	OFA Wrestling Room		
Nov 29, 2019	Fri	Practice	N/A	11:00 AM	1:00 PM	OFA Wrestling Room		
CANCELLED Dec 2, 2019	Mon	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Dec 3, 2019	Tue	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Dec 4, 2019	Wed	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Dec 5, 2019	Thu	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Dec 6, 2019	Fri	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Dec 7, 2019	Sat	Regular Season	Vestal, Chenango Forks, Chenango Valley, Windsor @ Binghamton	9:30 AM	12:00 PM	Binghamton High School-Gym	Departure Time: 8:30 AM	L
Dec 9, 2019	Mon	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Dec 10, 2019	Tue	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Dec 11, 2019	Wed	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Dec 12, 2019	Thu	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Dec 13, 2019	Fri	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Dec 16, 2019	Mon	Regular Season	Corning-Painted Post, Maine-Endwell, Union-Endicott @ Elmira	5:00 PM	7:00 PM	EDA Gym	Departure Time: 3:15 PM	L
CANCELLED Dec 17, 2019	Tue	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Dec 18, 2019	Wed	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Dec 19, 2019	Thu	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 20, 2019	Fri	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Dec 26, 2019	Thu	Practice	N/A	11:00 AM	1:00 PM	OFA Wrestling Room		
Dec 27, 2019	Fri	Scrimmage (Modified Wrestling Scrimmage)	@ Union-Endicott	11:00 AM	1:00 PM	UEHS Frank Sorochinsky Wrestling Room	Departure Time: 10:30 AM	NL
Dec 27, 2019	Fri	Practice	N/A	11:00 AM	1:00 PM	OFA Wrestling Room		
CANCELLED Dec 30, 2019	Mon	Practice	N/A	11:00 AM	1:00 PM	OFA Wrestling Room		
Dec 31, 2019	Tue	Practice	N/A	11:00 AM	1:00 PM	OFA Wrestling Room		
Jan 2, 2020	Thu	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Jan 3, 2020	Fri	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Jan 4, 2020	Sat	Regular Season	Horseheads, Vestal, Corning-Painted Post, Ithaca, Elmira	10:00 AM		OFA Gymnasium		L
Jan 6, 2020	Mon	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
CANCELLED Jan 7, 2020	Tue	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Jan 8, 2020	Wed	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Jan 10, 2020	Fri	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Jan 11, 2020	Sat	Regular Season	Binghamton, Ithaca, Johnson City, Corning-Painted Post @ Chenango Forks	9:30 AM		High School - Gym	Departure Time: 8:15 AM	L
Jan 13, 2020	Mon	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Jan 14, 2020	Tue	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Jan 15, 2020	Wed	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Jan 16, 2020	Thu	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Jan 20, 2020	Mon	Practice	N/A	11:00 AM	1:00 PM	OFA Wrestling Room		
Jan 21, 2020	Tue	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Jan 22, 2020	Wed	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Jan 23, 2020	Thu	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Jan 24, 2020	Fri	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Jan 25, 2020	Sat	Regular Season	Union-Endicott, Maine-Endwell, Susquehanna Valley, Deposit (Deposit-Hancock), Unatego (UV/U/F/GMU) @ Oneonta	10:00 AM	1:00 PM	Oneonta High School	Departure Time: 7:30 AM	L
Jan 27, 2020	Mon	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 28, 2020	Tue	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Jan 29, 2020	Wed	Regular Season	Horseheads	5:15 PM		OFA Gymnasium		L
Jan 30, 2020	Thu	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Feb 3, 2020	Mon	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Feb 4, 2020	Tue	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Feb 5, 2020	Wed	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Feb 6, 2020	Thu	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
CANCELLED Feb 7, 2020	Fri	Practice	N/A	3:00 PM	4:45 PM	OFA Wrestling Room		
Feb 8, 2020	Sat	Regular Season (Johnson City Invitational)	@ TBD	9:30 AM		JC HS Large Gym	<b>Departure Time:</b> 8:00 AM	L

Date: 2026-02-09