

Coaches:

- Nick Rodgers
- Mike Daly

Nov 14, 2022 Mon Practice N/A 4:00 6:00 CFA Wrestling Room Ro	DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 15, 2022 Tue Practice N/A 3.50 5.50 OFA Wrestling Room Nov 16, 2022 Thu Practice N/A 3.50 5.50 OFA Wrestling Room Nov 17, 2022 Thu Practice N/A 3.50 5.50 OFA Wrestling Room Nov 18, 2022 Fri Practice N/A 3.50 5.50 OFA Wrestling Room Nov 19, 2022 Sat Practice N/A 3.50 5.50 OFA Wrestling Room Nov 22, 2022 Tue Practice N/A 3.50 5.50 OFA Wrestling Room Nov 28, 2022 Mon Practice N/A 3.50 5.50 OFA Wrestling Room Nov 29, 2022 Tue Practice N/A 3.50 5.50 OFA Wrestling Room Nov 30, 2022 Wed Practice N/A 3.50 5.50 OFA Wrestling Room Nov 30, 2022 Thu Practice N/A 3.50 5.50 OFA Wrestling Room OFA Wrestling OFA Wrestling Room OFA Wrestling OFA OFA Wrestling OFA Wrestling OFA Wrestling OFA Wrestling OFA OFA Wrestling OFA Wrestling OFA Wrestling	Nov 14, 2022	Mon	Practice	N/A			Wrestling Room		
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Nov 17, 2022 Thu	Nov 16, 2022	Wed	Practice	N/A			Wrestling		
Nov 18, 2022 Fri	Nov 17, 2022	Thu	Practice	N/A			Wrestling		
Nov 19, 2022 Sat Practice N/A St.0 PM PM PM Room Room	Nov 18, 2022	Fri	Practice	N/A			Wrestling		
Nov 22, 2022 Tue Practice N/A 3:50 PM PM PM PM Room Virestling Room Nov 28, 2022 Mon Practice N/A 3:50 PM	Nov 19, 2022	Sat	Practice	N/A			Wrestling		
Nov 28, 2022 Mon Practice N/A 3:50 PM 9:50 PM PM PM PM PM Pom	Nov 22, 2022	Tue	Practice	N/A			Wrestling		
Nov 29, 2022 Tue Practice N/A 3:50 PM PM PM Room Wrestling Room Nov 30, 2022 Wed Practice N/A 3:50 PM 5:50 PM Wrestling Room Dec 1, 2022 Thu Practice N/A 3:50 PM 5:50 PM OFA Wrestling Room Dec 2, 2022 Fri Practice N/A 3:50 PM 5:50 PM OFA Wrestling Room Dec 3, 2022 Sat Regular Season (Larry Goodrich Tournament) Central Valley Academy, Binghamton, Deposit (Deposit-Hancock), Dryden, Elmira, Holland Patent, Ithaca, Elmira Heights, TBD @ Newark Valley Newark Valley High School Departure Time: 8:00 AM L Dec 5, 2022 Mon Practice N/A 3:50 PM PM 5:50 PM PM OFA Wrestling Room Dec 6, 2022 Tue Practice N/A 3:50 PM PM 5:50 PM PM OFA Wrestling Room Dec 7, 2022 Wed Practice N/A 3:50 PM PM 5:50 PM PM OFA Wrestling Room Dec 7, 2022 Thu Practice N/A 3:50 PM PM 5:50 PM PM OFA Wrestling Room	Nov 28, 2022	Mon	Practice	N/A			Wrestling		
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	Dec 8, 2022	Thu	Regular Season	Oneonta					L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 9, 2022	Fri	Practice	N/A	3:50 PM	5:50 PM	OFA Wrestling Room		
Dec 10, 2022	Sat	Regular Season (Campbell-Savona Holiday Dual Meet)	@ TBD	9:30 AM		TBD	Departure Time: 6:40 AM	NL
Dec 12, 2022	Mon	Practice	N/A	3:50 PM	5:50 PM	OFA Wrestling Room		
Dec 14, 2022	Wed	Practice	N/A	3:50 PM	5:50 PM	OFA Wrestling Room		
Dec 14, 2022	Wed	Regular Season	Windsor	6:30 PM	9:00 PM	OFA Gymnasium		L
Dec 15, 2022	Thu	Practice	N/A	3:50 PM	5:50 PM	OFA Wrestling Room		
Dec 16, 2022	Fri	Practice	N/A	3:50 PM	5:50 PM	OFA Wrestling Room		
Dec 19, 2022	Mon	Practice	N/A	3:50 PM	5:50 PM	OFA Wrestling Room		
Dec 20, 2022	Tue	Regular Season 33-25 W	@ Norwich	6:30 PM	9:00 PM	NHS Gym	Departure Time: 4:10 PM	L
Dec 21, 2022	Wed	Practice	N/A	3:50 PM	5:50 PM	OFA Wrestling Room		
Dec 22, 2022	Thu	Practice	N/A	3:50 PM	5:50 PM	OFA Wrestling Room		
Dec 26, 2022	Mon	Practice	N/A	8:00 AM	10:00 AM	OFA Wrestling Room		
Dec 27, 2022	Tue	Practice	N/A	8:00 AM	10:00 AM	OFA Wrestling Room		
Dec 28, 2022	Wed	Regular Season (Mark Cody Duals)	Vestal, Whitney Point, Maine-Endwell, Odessa-Montour, Newark Valley, Victor @ Binghamton	9:00 AM		Binghamton High School-Gym		NL
Dec 28, 2022	Wed	Regular Season (Mark Cody Duals- Binghamton H.S.)	@ TBD	9:30 AM		TBD	Departure Time: 7:20 AM	NL
Dec 30, 2022	Fri	Practice	N/A	8:00 AM	10:00 AM	OFA Wrestling Room		
Dec 31, 2022	Sat	Practice	N/A	8:00 AM	10:00 AM	OFA Wrestling Room		
Jan 2, 2023	Mon	Practice	N/A	8:00 AM	10:00 AM	OFA Wrestling Room		
Jan 4, 2023	Wed	Regular Season	Chenango Valley	6:30 PM	9:00 PM	OFA Gymnasium		L
Jan 7, 2023	Sat	Regular Season (Stan Elinsky Tournament - Deposit Elementary)	@ TBD	9:00 AM		TBD	Departure Time: 6:30 AM	NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 11, 2023	Wed	Regular Season	@ Hancock (Deposit- Hancock)	6:00 PM		Deposit Jr/Sr High School Gym	Departure Time: 4:00 PM	NL
Jan 12, 2023	Thu	Regular Season 48-24 W	@ Susquehanna Valley	6:30 PM	9:00 PM	SVHS Gym	Departure Time: 4:20 PM	L
Jan 14, 2023	Sat	Regular Season (PHX Mid Winter Classic)	Canton, Central Square, Chenango Valley, Churchville- Chili, Cicero-North Syracuse, Copenhagen, Gouverneur, Jamesville-Dewitt (JD/CBA/Solvay), West Genesee, Goshen, General Brown, Carthage, Little Falls, North Rose-Wolcott @ Phoenix	8:00 AM		JCB Gym	Departure Time: 5:15 AM	NL
Jan 20, 2023	Fri	Post-Season (STAC WRESTING TOURNAMENT)	Windsor	5:00 PM		OFA Gymnasium		L
Jan 20, 2023	Fri	Post-Season (STAC Championships @ Owego)	TBD	6:00 PM		OFA Gymnasium		L
Jan 21, 2023	Sat	Post-Season (STAC WRESTING TOURNAMENT)	Windsor	9:00 AM		OFA Gymnasium		L
POSTPONED Jan 25, 2023	Wed	Regular Season	@ Chenango Forks	6:30 PM	9:00 PM	High School - Gym	Departure Time: 4:50 PM	L
Feb 4, 2023	Sat	Post-Season (Section IV Division II Qualifying tournament)	Chenango Valley, Unatego (Unatego/Unadilla), Marathon, Walton (WDA), Lansing (Co- ed), Norwich, Odessa- Montour, Oneonta, Dryden, Elmira Heights, Whitney Point @ Tioga	10:00 AM		High School Gym	Departure Time: 8:00 AM	NL

Date: 2024-05-05