



Owego Apalachin (B) V Wrestling

Coaches:

- Nick Rodgers
- Mike Daly

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 14, 2022	Mon	Practice	N/A	4:00 PM	6:00 PM	OFA Wrestling Room		
Nov 15, 2022	Tue	Practice	N/A	3:50 PM	5:50 PM	OFA Wrestling Room		
Nov 16, 2022	Wed	Practice	N/A	3:50 PM	5:50 PM	OFA Wrestling Room		
Nov 17, 2022	Thu	Practice	N/A	3:50 PM	5:50 PM	OFA Wrestling Room		
Nov 18, 2022	Fri	Practice	N/A	3:50 PM	5:50 PM	OFA Wrestling Room		
Nov 19, 2022	Sat	Practice	N/A	5:00 PM	6:30 PM	OFA Wrestling Room		
Nov 22, 2022	Tue	Practice	N/A	3:50 PM	5:50 PM	OFA Wrestling Room		
Nov 28, 2022	Mon	Practice	N/A	3:50 PM	5:50 PM	OFA Wrestling Room		
Nov 29, 2022	Tue	Practice	N/A	3:50 PM	5:50 PM	OFA Wrestling Room		
Nov 30, 2022	Wed	Practice	N/A	3:50 PM	5:50 PM	OFA Wrestling Room		
Dec 1, 2022	Thu	Practice	N/A	3:50 PM	5:50 PM	OFA Wrestling Room		
Dec 2, 2022	Fri	Practice	N/A	3:50 PM	5:50 PM	OFA Wrestling Room		
Dec 3, 2022	Sat	Regular Season (Larry Goodrich Tournament)	Central Valley Academy, Binghamton, Deposit (Deposit-Hancock), Dryden, Elmira, Holland Patent, Ithaca, Elmira Heights, TBD @ Newark Valley	10:00 AM		Newark Valley High School	Departure Time: 8:00 AM	L
Dec 5, 2022	Mon	Practice	N/A	3:50 PM	5:50 PM	OFA Wrestling Room		
Dec 6, 2022	Tue	Practice	N/A	3:50 PM	5:50 PM	OFA Wrestling Room		
Dec 7, 2022	Wed	Practice	N/A	3:50 PM	5:50 PM	OFA Wrestling Room		
Dec 8, 2022	Thu	Regular Season	Oneonta	6:30 PM	9:00 PM	OFA Gymnasium		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 9, 2022	Fri	Practice	N/A	3:50 PM	5:50 PM	OFA Wrestling Room		
Dec 10, 2022	Sat	Regular Season (Campbell-Savona Holiday Dual Meet)	@ TBD	9:30 AM		TBD	Departure Time: 6:40 AM	NL
Dec 12, 2022	Mon	Practice	N/A	3:50 PM	5:50 PM	OFA Wrestling Room		
Dec 14, 2022	Wed	Practice	N/A	3:50 PM	5:50 PM	OFA Wrestling Room		
Dec 14, 2022	Wed	Regular Season	Windsor	6:30 PM	9:00 PM	OFA Gymnasium		L
Dec 15, 2022	Thu	Practice	N/A	3:50 PM	5:50 PM	OFA Wrestling Room		
Dec 16, 2022	Fri	Practice	N/A	3:50 PM	5:50 PM	OFA Wrestling Room		
Dec 19, 2022	Mon	Practice	N/A	3:50 PM	5:50 PM	OFA Wrestling Room		
Dec 20, 2022	Tue	Regular Season 33-25 W	@ Norwich	6:30 PM	9:00 PM	NHS Gym	Departure Time: 4:10 PM	L
Dec 21, 2022	Wed	Practice	N/A	3:50 PM	5:50 PM	OFA Wrestling Room		
Dec 22, 2022	Thu	Practice	N/A	3:50 PM	5:50 PM	OFA Wrestling Room		
Dec 26, 2022	Mon	Practice	N/A	8:00 AM	10:00 AM	OFA Wrestling Room		
Dec 27, 2022	Tue	Practice	N/A	8:00 AM	10:00 AM	OFA Wrestling Room		
Dec 28, 2022	Wed	Regular Season (Mark Cody Duals)	Vestal, Whitney Point, Maine-Endwell, Odessa-Montour, Newark Valley, Victor @ Binghamton	9:00 AM		Binghamton High School-Gym		NL
Dec 28, 2022	Wed	Regular Season (Mark Cody Duals-Binghamton H.S.)	@ TBD	9:30 AM		TBD	Departure Time: 7:20 AM	NL
Dec 30, 2022	Fri	Practice	N/A	8:00 AM	10:00 AM	OFA Wrestling Room		
Dec 31, 2022	Sat	Practice	N/A	8:00 AM	10:00 AM	OFA Wrestling Room		
Jan 2, 2023	Mon	Practice	N/A	8:00 AM	10:00 AM	OFA Wrestling Room		
Jan 4, 2023	Wed	Regular Season	Chenango Valley	6:30 PM	9:00 PM	OFA Gymnasium		L
Jan 7, 2023	Sat	Regular Season (Stan Elinsky Tournament - Deposit Elementary)	@ TBD	9:00 AM		TBD	Departure Time: 6:30 AM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 11, 2023	Wed	Regular Season	@ Hancock (Deposit-Hancock)	6:00 PM		Deposit Jr/Sr High School Gym	Departure Time: 4:00 PM	NL
Jan 12, 2023	Thu	Regular Season 48-24 W	@ Susquehanna Valley	6:30 PM	9:00 PM	SVHS Gym	Departure Time: 4:20 PM	L
Jan 14, 2023	Sat	Regular Season (PHX Mid Winter Classic)	Canton, Central Square, Chenango Valley, Churchville-Chili, Cicero-North Syracuse, Copenhagen, Gouverneur, Jamesville-Dewitt (JD/CBA/Solvay), West Genesee, Goshen, General Brown, Carthage, Little Falls, North Rose-Wolcott @ Phoenix	8:00 AM		JCB Gym	Departure Time: 5:15 AM	NL
Jan 20, 2023	Fri	Post-Season (STAC WRESTLING TOURNAMENT)	Windsor	5:00 PM		OFA Gymnasium		L
Jan 20, 2023	Fri	Post-Season (STAC Championships @ Owego)	TBD	6:00 PM		OFA Gymnasium		L
Jan 21, 2023	Sat	Post-Season (STAC WRESTLING TOURNAMENT)	Windsor	9:00 AM		OFA Gymnasium		L
POSTPONED Jan 25, 2023	Wed	Regular Season	@ Chenango Forks	6:30 PM	9:00 PM	High School - Gym	Departure Time: 4:50 PM	L
Feb 4, 2023	Sat	Post-Season (Section IV Division II Qualifying tournament)	Chenango Valley, Unatego (Unatego/Unadilla), Marathon, Walton (WDA), Lansing (Co-ed), Norwich, Odessa-Montour, Oneonta, Dryden, Elmira Heights, Whitney Point @ Tioga	10:00 AM		High School Gym	Departure Time: 8:00 AM	NL

Date: 2024-05-05