



Owego Apalachin (B) V Winter Track

Coaches:

- Nancy Flynn
- Erica Haray

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 12, 2019	Tue	Practice ((B) V Winter Track)	N/A	3:00 PM	5:00 PM	OFA Stadium		
Nov 13, 2019	Wed	Practice ((B) V Winter Track)	N/A	3:00 PM	5:00 PM	OFA Stadium		
Nov 14, 2019	Thu	Practice ((B) V Winter Track)	N/A	3:00 PM	5:00 PM	OFA Stadium		
Nov 15, 2019	Fri	Practice ((B) V Winter Track)	N/A	3:00 PM	5:00 PM	OFA Stadium		
Nov 18, 2019	Mon	Practice ((B) V Winter Track)	N/A	3:00 PM	5:00 PM	OFA Stadium		
Nov 19, 2019	Tue	Practice ((G) V Winter Track)	N/A	5:45 AM	7:00 AM	OFA Stadium		
Nov 19, 2019	Tue	Practice ((B) V Winter Track)	N/A	5:45 AM	7:00 AM	OFA Stadium		
Nov 19, 2019	Tue	Practice ((B) V Winter Track)	N/A	3:00 PM	5:00 PM	OFA Stadium		
Nov 20, 2019	Wed	Practice ((B) V Winter Track)	N/A	3:00 PM	5:00 PM	OFA Stadium		
Nov 21, 2019	Thu	Practice ((B) V Winter Track)	N/A	5:45 AM	7:00 AM	OFA Stadium		
Nov 21, 2019	Thu	Practice ((G) V Winter Track)	N/A	5:45 AM	7:00 AM	OFA Stadium		
Nov 21, 2019	Thu	Practice ((B) V Winter Track)	N/A	3:00 PM	5:00 PM	OFA Stadium		
Nov 22, 2019	Fri	Practice ((B) V Winter Track)	N/A	3:00 PM	5:00 PM	OFA Stadium		
Nov 23, 2019	Sat	Practice ((B) V Winter Track)	N/A	11:00 AM	1:00 PM	OFA Stadium		
Nov 25, 2019	Mon	Practice ((B) V Winter Track)	N/A	3:00 PM	5:00 PM	OFA Stadium		
Nov 25, 2019	Mon	Practice ((G) V Winter track)	N/A	3:00 PM	5:00 PM	OFA Stadium		
Nov 25, 2019	Mon	Practice ((B) V Winter Track)	N/A	3:00 PM	5:00 PM	OFA Stadium		
Nov 26, 2019	Tue	Practice ((G) V Winter Track)	N/A	5:45 AM	7:00 AM	OFA Stadium		
Nov 26, 2019	Tue	Practice ((B) V Winter Track)	N/A	5:45 AM	7:00 AM	OFA Stadium		
Nov 26, 2019	Tue	Practice ((B) V Winter Track)	N/A	5:45 AM	7:00 AM	OFA Stadium		
Nov 26, 2019	Tue	Practice ((B) V Winter Track)	N/A	3:00 PM	5:00 PM	OFA Stadium		
Nov 26, 2019	Tue	Practice ((G) V Winter track)	N/A	3:00 PM	5:00 PM	OFA Stadium		
Nov 26, 2019	Tue	Practice ((B) V Winter Track)	N/A	3:00 PM	5:00 PM	OFA Stadium		
Nov 27, 2019	Wed	Practice ((B) V Winter Track)	N/A	8:00 AM	9:30 AM	OFA Stadium		
Nov 27, 2019	Wed	Practice ((G) V Winter track)	N/A	8:00 AM	9:30 AM	OFA Stadium		
Nov 30, 2019	Sat	Practice ((G) V Winter track)	N/A	8:00 AM	9:30 AM	OFA Stadium		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 30, 2019	Sat	Practice ((B) V Winter Track)	N/A	8:00 AM	9:30 AM	OFA Stadium		
CANCELLED Dec 2, 2019	Mon	Practice ((B) V Winter Track)	N/A	3:00 PM	5:00 PM	OFA Stadium		
CANCELLED Dec 2, 2019	Mon	Practice ((G) V Winter track)	N/A	3:00 PM	5:00 PM	OFA Stadium		
Dec 3, 2019	Tue	Practice ((B) V Winter Track)	N/A	5:45 AM	7:00 AM	OFA Stadium		
Dec 3, 2019	Tue	Practice ((G) V Winter track)	N/A	5:45 AM	7:00 AM	OFA Stadium		
Dec 3, 2019	Tue	Practice ((B) V Winter Track)	N/A	3:00 PM	5:00 PM	OFA Stadium		
Dec 3, 2019	Tue	Practice ((G) V Winter track)	N/A	3:00 PM	5:00 PM	OFA Stadium		
Dec 4, 2019	Wed	Practice ((G) V Winter track)	N/A	3:00 PM	5:00 PM	OFA Stadium		
Dec 4, 2019	Wed	Practice ((B) V Winter Track)	N/A	3:00 PM	5:00 PM	OFA Stadium		
Dec 5, 2019	Thu	Practice ((B) V Winter Track)	N/A	5:45 AM	7:00 AM	OFA Stadium		
Dec 5, 2019	Thu	Practice ((G) V Winter track)	N/A	5:45 AM	7:00 AM	OFA Stadium		
Dec 5, 2019	Thu	Practice ((B) V Winter Track)	N/A	3:00 PM	5:00 PM	OFA Stadium		
Dec 5, 2019	Thu	Practice ((G) V Winter track)	N/A	3:00 PM	5:00 PM	OFA Stadium		
Dec 6, 2019	Fri	Practice ((G) V Winter track)	N/A	3:00 PM	5:00 PM	OFA Stadium		
Dec 6, 2019	Fri	Practice ((B) V Winter Track)	N/A	3:00 PM	5:00 PM	OFA Stadium		
Dec 9, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Dec 10, 2019	Tue	Practice ((B) V Winter Track)	N/A	5:45 AM	7:00 AM	OFA Stadium		
Dec 10, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Dec 11, 2019	Wed	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Dec 12, 2019	Thu	Practice ((B) V Winter Track)	N/A	5:45 AM	7:00 AM	OFA Stadium		
Dec 12, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Dec 13, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Dec 14, 2019	Sat	Regular Season (Ithaca Bombers Invitational)	@ TBD	9:00 AM		Ithaca College	Departure Time: 7:15 AM	L
Dec 16, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
CANCELLED Dec 17, 2019	Tue	Practice ((B) V Winter Track)	N/A	5:45 AM	7:00 AM	OFA Stadium		
CANCELLED Dec 17, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Dec 18, 2019	Wed	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Dec 19, 2019	Thu	Practice ((B) V Winter Track)	N/A	5:45 AM	7:00 AM	OFA Stadium		
Dec 19, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 20, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Dec 21, 2019	Sat	Regular Season (Quinney Invitational)	@ TBD	2:00 PM		SUNY Cortland	Departure Time: 11:45 AM	L
Dec 28, 2019	Sat	Regular Season	@ TBD	2:00 PM		SUNY Cortland	Departure Time: 12:00 PM	L
Jan 3, 2020	Fri	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Jan 4, 2020	Sat	Regular Season (Section IV Classic)	@ TBD	12:30 PM		Cornell University	Departure Time: 11:15 AM	L
Jan 6, 2020	Mon	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Jan 7, 2020	Tue	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Jan 8, 2020	Wed	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Jan 9, 2020	Thu	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Jan 10, 2020	Fri	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Jan 11, 2020	Sat	Regular Season	@ TBD	5:00 PM		SUNY Cortland	Departure Time: 4:15 PM	L
Jan 13, 2020	Mon	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Jan 14, 2020	Tue	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Jan 15, 2020	Wed	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Jan 16, 2020	Thu	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Jan 17, 2020	Fri	Regular Season (Section IV Class Meet)	@ TBD	5:00 PM		Ithaca College	Departure Time: 3:15 PM	L
Jan 20, 2020	Mon	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Jan 21, 2020	Tue	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Jan 22, 2020	Wed	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Jan 23, 2020	Thu	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Jan 24, 2020	Fri	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Jan 25, 2020	Sat	Regular Season	@ TBD	9:00 AM		SUNY Cortland	Departure Time: 7:30 AM	L
Jan 27, 2020	Mon	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Jan 28, 2020	Tue	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Jan 29, 2020	Wed	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Jan 30, 2020	Thu	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Jan 31, 2020	Fri	Practice	N/A	3:00 PM	5:00 PM	OFA Stadium		
Feb 1, 2020	Sat	Regular Season (SUNY Cortland)	@ TBD	5:00 PM		SUNY Cortland	Departure Time: 4:00 PM	L
Feb 15, 2020	Sat	Post-Season (Section IV Championship)	@ TBD	12:30 PM		Cornell University	Departure Time: 10:45 AM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
TBD		Practice ((G) V Winter track)	N/A	TBD		OFA Stadium		

Date: 2026-02-11