



Owego Apalachin (B) 7/8TH Swimming/Diving

Coaches:

- Summer Pierce
- Wendy Goodwin

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 28, 2022	Mon	Practice	N/A	4:00 PM	5:30 PM	TBD		
Nov 29, 2022	Tue	Practice	N/A	4:00 PM	5:30 PM	TBD		
Nov 30, 2022	Wed	Practice	N/A	4:00 PM	5:30 PM	TBD		
Dec 1, 2022	Thu	Practice	N/A	4:00 PM	5:30 PM	TBD		
Dec 2, 2022	Fri	Practice	N/A	4:00 PM	5:30 PM	TBD		
Dec 5, 2022	Mon	Practice	N/A	4:00 PM	5:30 PM	TBD		
Dec 7, 2022	Wed	Practice	N/A	4:00 PM	5:30 PM	TBD		
Dec 9, 2022	Fri	Practice	N/A	4:00 PM	5:30 PM	TBD		
Dec 12, 2022	Mon	Practice	N/A	4:00 PM	5:30 PM	TBD		
Dec 14, 2022	Wed	Practice	N/A	4:00 PM	5:30 PM	TBD		
Dec 16, 2022	Fri	Practice	N/A	4:00 PM	5:30 PM	TBD		
Dec 19, 2022	Mon	Practice	N/A	4:00 PM	5:30 PM	TBD		
Dec 21, 2022	Wed	Regular Season	Elmira @ Union-Endicott	5:30 PM	7:00 PM	UEHS Pool	Departure Time: 4:00 PM	L
Dec 22, 2022	Thu	Practice	N/A	4:00 PM	5:30 PM	TBD		
Dec 23, 2022	Fri	Practice	N/A	4:00 PM	5:30 PM	TBD		
CANCELLED Jan 2, 2023	Mon	Practice	N/A	4:00 PM	5:30 PM	TBD		
Jan 4, 2023	Wed	Practice	N/A	4:00 PM	5:30 PM	TBD		
Jan 5, 2023	Thu	Regular Season	Horseheads, Vestal	5:30 PM	7:00 PM	OFA Pool		L
Jan 6, 2023	Fri	Practice	N/A	4:00 PM	5:30 PM	TBD		
Jan 9, 2023	Mon	Practice	N/A	4:00 PM	5:30 PM	TBD		
Jan 9, 2023	Mon	Regular Season	Vestal @ Elmira	6:00 PM	7:00 PM	EDA Pool	Departure Time: 4:00 PM	L
Jan 11, 2023	Wed	Practice	N/A	4:00 PM	5:30 PM	TBD		
Jan 13, 2023	Fri	Practice	N/A	4:00 PM	5:30 PM	TBD		
Jan 16, 2023	Mon	Practice	N/A	4:00 PM	5:30 PM	TBD		
Jan 17, 2023	Tue	Practice	N/A	4:00 PM	5:30 PM	TBD		
Jan 19, 2023	Thu	Regular Season	Johnson City, Vestal	5:30 PM	7:00 PM	OFA Pool		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 20, 2023	Fri	Practice	N/A	4:00 PM	5:30 PM	TBD		
Jan 23, 2023	Mon	Practice	N/A	4:00 PM	5:30 PM	TBD		
Jan 24, 2023	Tue	Practice	N/A	4:00 PM	5:30 PM	TBD		
Jan 25, 2023	Wed	Practice	N/A	4:00 PM	5:30 PM	TBD		
Jan 27, 2023	Fri	Regular Season	@ Maine-Endwell	5:30 PM	7:00 PM	Maine-Endwell HS Pool	Departure Time: 4:00 PM	L
Feb 1, 2023	Wed	Regular Season	Corning-Painted Post @ Johnson City	5:30 PM	7:00 PM	JC HS Pool	Departure Time: 4:00 PM	L

Date: 2026-05-02