



Owego Apalachin (B) V Swimming/Diving

Coaches:

- Jamie Burns

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 16, 2022	Wed	Practice	N/A	4:00 PM		TBD		
Nov 17, 2022	Thu	Practice	N/A	4:00 PM	6:00 PM	TBD		
Nov 18, 2022	Fri	Practice	N/A	4:00 PM	6:00 PM	TBD		
Nov 21, 2022	Mon	Practice	N/A	4:00 PM	6:00 PM	TBD		
Nov 22, 2022	Tue	Practice	N/A	4:00 PM	6:00 PM	TBD		
Nov 23, 2022	Wed	Practice	N/A	4:00 PM	6:00 PM	TBD		
CANCELLED Nov 24, 2022	Thu	Practice	N/A	4:00 PM	6:00 PM	TBD		
Nov 25, 2022	Fri	Practice	N/A	7:00 AM	9:30 AM	TBD		
Nov 26, 2022	Sat	Practice	N/A	9:00 AM	11:00 AM	TBD		
Nov 28, 2022	Mon	Practice	N/A	TBD	6:30 PM	TBD		
Nov 29, 2022	Tue	Practice	N/A	TBD	6:30 PM	TBD		
Nov 30, 2022	Wed	Practice	N/A	TBD	6:30 PM	TBD		
Dec 1, 2022	Thu	Practice	N/A	TBD	6:30 PM	TBD		
Dec 2, 2022	Fri	Practice	N/A	TBD	6:30 PM	TBD		
Dec 5, 2022	Mon	Practice	N/A	TBD	6:30 PM	TBD		
Dec 6, 2022	Tue	Regular Season	@ Chenango Forks	5:30 PM	7:00 PM	High School - Pool	Departure Time: 3:45 PM	L
Dec 7, 2022	Wed	Practice	N/A	TBD	6:30 PM	TBD		
Dec 8, 2022	Thu	Practice	N/A	TBD	6:30 PM	TBD		
Dec 9, 2022	Fri	Practice	N/A	TBD	6:30 PM	TBD		
Dec 12, 2022	Mon	Practice	N/A	TBD	6:30 PM	TBD		
Dec 13, 2022	Tue	Regular Season 57-89 L	Chenango Valley	5:30 PM	7:00 PM	OFA Pool		L
Dec 14, 2022	Wed	Practice	N/A	TBD	6:30 PM	TBD		
Dec 15, 2022	Thu	Practice	N/A	TBD	6:30 PM	TBD		
Dec 16, 2022	Fri	Practice	N/A	TBD	6:30 PM	TBD		
POSTPONED Dec 17, 2022	Sat	Practice	N/A	7:00 AM	10:00 AM	TBD		
Dec 19, 2022	Mon	Practice	N/A	TBD	6:30 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
CANCELLED Dec 21, 2022	Wed	Practice	N/A	TBD	6:30 PM	TBD		
Dec 22, 2022	Thu	Practice	N/A	TBD	6:30 PM	TBD		
Dec 23, 2022	Fri	Practice	N/A	TBD	6:30 PM	TBD		
Dec 24, 2022	Sat	Practice	N/A	7:00 AM	9:00 AM	TBD		
Dec 26, 2022	Mon	Practice	N/A	7:00 AM	10:00 AM	TBD		
Dec 27, 2022	Tue	Practice	N/A	7:00 AM	10:00 AM	TBD		
Dec 28, 2022	Wed	Practice	N/A	7:00 AM	10:00 AM	TBD		
Dec 29, 2022	Thu	Practice	N/A	7:00 AM	10:00 AM	TBD		
Dec 30, 2022	Fri	Practice	N/A	7:00 AM	10:00 AM	TBD		
Dec 31, 2022	Sat	Practice	N/A	7:00 AM	10:00 AM	TBD		
Jan 2, 2023	Mon	Practice	N/A	7:00 AM	10:00 AM	TBD		
Jan 3, 2023	Tue	Regular Season	Oneonta	5:30 PM	7:00 PM	OFA Pool		L
Jan 4, 2023	Wed	Practice	N/A	TBD	6:30 PM	TBD		
Jan 5, 2023	Thu	Practice	N/A	TBD	6:30 PM	TBD		
Jan 6, 2023	Fri	Practice	N/A	TBD	6:30 PM	TBD		
Jan 7, 2023	Sat	Practice	N/A	7:00 AM	10:00 AM	TBD		
Jan 9, 2023	Mon	Practice	N/A	TBD	6:30 PM	TBD		
Jan 10, 2023	Tue	Regular Season 68-55 W	@ Norwich	5:30 PM	7:00 PM	NHS Pool	Departure Time: 3:00 PM	L
Jan 11, 2023	Wed	Practice	N/A	TBD	6:30 PM	TBD		
Jan 12, 2023	Thu	Practice	N/A	TBD	6:30 PM	TBD		
Jan 13, 2023	Fri	Practice	N/A	TBD	6:30 PM	TBD		
Jan 14, 2023	Sat	Practice	N/A	7:00 AM	10:00 AM	TBD		
Jan 16, 2023	Mon	Practice	N/A	TBD	6:30 PM	TBD		
Jan 17, 2023	Tue	Practice	N/A	TBD	6:30 PM	TBD		
Jan 18, 2023	Wed	Regular Season 67-51 W	Susquehanna Valley	5:30 PM	7:00 PM	OFA Pool		L
Jan 19, 2023	Thu	Practice	N/A	TBD	6:30 PM	TBD		
Jan 20, 2023	Fri	Practice	N/A	TBD	6:30 PM	TBD		
Jan 21, 2023	Sat	Practice	N/A	7:00 AM	10:00 AM	TBD		
Jan 23, 2023	Mon	Practice	N/A	TBD	6:30 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 24, 2023	Tue	Regular Season	@ Windsor	5:30 PM	7:00 PM	Windsor High School Pool	Departure Time: 3:45 PM	L
Jan 24, 2023	Tue	Practice	N/A	TBD	6:30 PM	TBD		
Jan 25, 2023	Wed	Practice	N/A	TBD	6:30 PM	TBD		
Jan 26, 2023	Thu	Practice	N/A	TBD	6:30 PM	TBD		
Jan 27, 2023	Fri	Practice	N/A	TBD	6:30 PM	TBD		
Jan 28, 2023	Sat	Practice	N/A	7:00 AM	10:00 AM	TBD		
Jan 30, 2023	Mon	Practice	N/A	TBD	6:30 PM	TBD		
Jan 31, 2023	Tue	Regular Season (Senior Night) 90-56 W	@ Greene	5:30 PM	7:00 PM	Greene HS Pool	Departure Time: 3:45 PM	L
Feb 1, 2023	Wed	Practice	N/A	TBD	6:30 PM	TBD		
Feb 2, 2023	Thu	Practice	N/A	TBD	6:30 PM	TBD		
Feb 3, 2023	Fri	Practice	N/A	TBD	6:30 PM	TBD		
Feb 4, 2023	Sat	Practice	N/A	8:00 AM	11:00 AM	TBD		
Feb 6, 2023	Mon	Practice	N/A	TBD	6:30 PM	TBD		
Feb 7, 2023	Tue	Practice	N/A	TBD	6:30 PM	TBD		
Feb 8, 2023	Wed	Practice	N/A	TBD	6:30 PM	TBD		
Feb 9, 2023	Thu	Practice	N/A	TBD	6:30 PM	TBD		
Feb 10, 2023	Fri	Practice	N/A	TBD	6:30 PM	TBD		
Feb 11, 2023	Sat	Practice	N/A	7:00 AM	10:00 AM	TBD		
Feb 13, 2023	Mon	Practice	N/A	TBD	6:30 PM	TBD		
Feb 14, 2023	Tue	Practice	N/A	TBD	6:30 PM	TBD		
Feb 15, 2023	Wed	Regular Season (Sectional Prelims @ ME HS)	@ TBD	3:30 PM		TBD	Departure Time: 2:30 PM	L
Feb 18, 2023	Sat	Regular Season (Sectional Finals @ ME HS)	@ TBD	2:30 PM		TBD	Departure Time: 1:15 PM	L

Date: 2024-05-03