



# Owego Apalachin (G) 7/8TH Swimming/Diving

## Coaches:

- Wendy Goodwin

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 7, 2023	Thu	Practice (Modify Girls swim Practice)	N/A	4:00 PM	6:00 PM	TBD		
Sep 8, 2023	Fri	Practice (Modify Girls swim Practice)	N/A	4:00 PM	6:00 PM	TBD		
Sep 11, 2023	Mon	Practice (Modify Girls swim Practice)	N/A	4:00 PM	6:00 PM	TBD		
Sep 12, 2023	Tue	Practice (Modify Girls swim Practice)	N/A	4:00 PM	6:00 PM	TBD		
Sep 13, 2023	Wed	Practice (Modify Girls swim Practice)	N/A	4:00 PM	6:00 PM	TBD		
Sep 14, 2023	Thu	Practice (Modify Girls swim Practice)	N/A	4:00 PM	6:00 PM	TBD		
Sep 15, 2023	Fri	Practice (Modify Girls swim Practice)	N/A	4:00 PM	6:00 PM	TBD		
Sep 18, 2023	Mon	Practice (Modify Girls swim Practice)	N/A	4:00 PM	6:00 PM	TBD		
Sep 19, 2023	Tue	Practice (Modify Girls swim Practice)	N/A	4:00 PM	6:00 PM	TBD		
Sep 20, 2023	Wed	Practice (Modify Girls swim Practice)	N/A	4:00 PM	6:00 PM	TBD		
Sep 21, 2023	Thu	Regular Season	Binghamton, Johnson City	5:30 PM	7:30 PM	OFA Pool		L
Sep 22, 2023	Fri	Practice (Modify Girls swim Practice)	N/A	4:00 PM	6:00 PM	TBD		
Sep 25, 2023	Mon	Practice (Modify Girls swim Practice)	N/A	4:00 PM	6:00 PM	TBD		
Sep 26, 2023	Tue	Practice (Modify Girls swim Practice)	N/A	4:00 PM	6:00 PM	TBD		
Sep 27, 2023	Wed	Practice (Modify Girls swim Practice)	N/A	4:00 PM	6:00 PM	TBD		
Sep 28, 2023	Thu	Regular Season	TBD @ Corning-Painted Post	5:30 PM	7:30 PM	C P P High School	<b>Departure Time:</b> 4:00 PM	L
Sep 29, 2023	Fri	Practice (Modify Girls swim Practice)	N/A	4:00 PM	6:00 PM	TBD		
Oct 2, 2023	Mon	Practice	N/A	4:00 PM	5:45 PM	TBD		
Oct 3, 2023	Tue	Practice	N/A	4:00 PM	5:45 PM	TBD		
Oct 4, 2023	Wed	Practice	N/A	4:00 PM	5:45 PM	TBD		
Oct 5, 2023	Thu	Regular Season	Elmira, Vestal	5:30 PM	7:30 PM	OFA Pool		L
Oct 6, 2023	Fri	Practice	N/A	4:00 PM	5:45 PM	TBD		
Oct 10, 2023	Tue	Regular Season	Susquehanna Valley	5:30 PM	7:00 PM	OFA Pool		L
Oct 11, 2023	Wed	Practice	N/A	4:00 PM	5:45 PM	TBD		
Oct 12, 2023	Thu	Practice	N/A	4:00 PM	5:45 PM	TBD		
Oct 12, 2023	Thu	Regular Season	Horseheads @ Waverly	5:30 PM	7:30 PM	TBD	<b>Departure Time:</b> 4:30 PM	L

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Oct 13, 2023	Fri	Practice	N/A	4:00 PM	5:45 PM	TBD		
Oct 16, 2023	Mon	Practice	N/A	4:00 PM	5:45 PM	TBD		
Oct 16, 2023	Mon	Regular Season	@ Watkins Glen (Storm)	5:30 PM	7:00 PM	W G Pool		NL
Oct 17, 2023	Tue	Practice	N/A	4:00 PM	5:45 PM	TBD		
Oct 18, 2023	Wed	Practice	N/A	4:00 PM	5:45 PM	TBD		
Oct 19, 2023	Thu	Regular Season	Oneonta @ Maine-Endwell	5:45 PM	7:30 PM	Maine-Endwell HS Pool	<b>Departure Time:</b> 4:30 PM	L
Oct 20, 2023	Fri	Practice	N/A	4:00 PM	5:45 PM	TBD		

Date: 2024-05-04