



Owego Apalachin (G) 7/8TH Swimming/Diving

Coaches:

- Wendy Goodwin

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 7, 2022	Wed	Practice	N/A	3:30 PM	5:30 PM	TBD		
Sep 8, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	TBD		
Sep 9, 2022	Fri	Practice	N/A	3:30 PM	5:30 PM	TBD		
Sep 12, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	TBD		
Sep 13, 2022	Tue	Practice	N/A	3:30 PM	4:30 PM	TBD		
Sep 13, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	TBD		
Sep 14, 2022	Wed	Practice	N/A	3:30 PM	5:30 PM	TBD		
Sep 15, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	TBD		
Sep 16, 2022	Fri	Practice	N/A	3:30 PM	5:30 PM	TBD		
Sep 19, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	TBD		
Sep 19, 2022	Mon	Regular Season	Union-Endicott	5:30 PM	7:00 PM	OFA Pool		NL
Sep 20, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	TBD		
Sep 21, 2022	Wed	Practice	N/A	3:30 PM	5:30 PM	TBD		
Sep 22, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	TBD		
Sep 22, 2022	Thu	Regular Season	Binghamton, Johnson City	5:30 PM	7:30 PM	OFA Pool		L
Sep 23, 2022	Fri	Practice	N/A	2:00 PM		TBD		
Sep 26, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	TBD		
Sep 27, 2022	Tue	Practice	N/A	3:30 PM	5:00 PM	TBD		
Sep 28, 2022	Wed	Practice	N/A	3:30 PM	5:30 PM	TBD		
Sep 29, 2022	Thu	Regular Season	@ Corning-Painted Post	5:30 PM	7:30 PM	C P P High School	Departure Time: 3:45 PM	L
Sep 30, 2022	Fri	Practice	N/A	3:30 PM	5:30 PM	TBD		
Oct 3, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	TBD		
Oct 4, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	TBD		
Oct 5, 2022	Wed	Practice	N/A	3:30 PM	5:30 PM	TBD		
Oct 6, 2022	Thu	Regular Season	Elmira, Vestal	5:30 PM	7:30 PM	OFA Pool		L
Oct 7, 2022	Fri	Practice	N/A	3:30 PM	5:30 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 10, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	TBD		
Oct 11, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	TBD		
Oct 12, 2022	Wed	Practice	N/A	3:30 PM	5:30 PM	TBD		
Oct 13, 2022	Thu	Regular Season	@ Horseheads	5:30 PM	7:30 PM	HHS HS Pool	Departure Time: 4:00 PM	L
Oct 14, 2022	Fri	Practice	N/A	3:30 PM	5:30 PM	TBD		
Oct 17, 2022	Mon	Regular Season	@ Susquehanna Valley	5:30 PM	6:45 PM	SVHS Pool	Departure Time: 4:00 PM	NL
Oct 18, 2022	Tue	Practice	N/A	3:30 PM	6:00 PM	TBD		
Oct 19, 2022	Wed	Practice (Pasta dinner at 6:00)	N/A	3:30 PM	6:00 PM	TBD		
Oct 20, 2022	Thu	Regular Season	Oneonta @ Maine-Endwell	6:00 PM	7:30 PM	Maine-Endwell HS Pool	Departure Time: 5:00 PM	L

Date: 2024-05-18