



Owego Apalachin

(G) 7/8TH Swimming/Diving

Coaches:

- Wendy Goodwin

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 11, 2019	Wed	Practice	N/A	3:30 PM	5:30 PM	OFA Pool		
Sep 12, 2019	Thu	Practice	N/A	3:30 PM	5:30 PM	OFA Pool		
Sep 13, 2019	Fri	Practice	N/A	3:30 PM	5:30 PM	OFA Pool		
Sep 16, 2019	Mon	Practice	N/A	3:30 PM	5:30 PM	OFA Pool		
Sep 17, 2019	Tue	Practice	N/A	3:30 PM	5:30 PM	OFA Pool		
Sep 18, 2019	Wed	Practice	N/A	3:30 PM	5:30 PM	OFA Pool		
Sep 19, 2019	Thu	Practice	N/A	3:30 PM	5:30 PM	OFA Pool		
Sep 20, 2019	Fri	Practice	N/A	3:30 PM	5:30 PM	OFA Pool		
Sep 23, 2019	Mon	Regular Season	@ Vestal	5:30 PM		Vestal High School Baseball Field	Departure Time: 4:00 PM	L
Sep 24, 2019	Tue	Practice	N/A	3:30 PM	5:30 PM	OFA Pool		
Sep 25, 2019	Wed	Practice	N/A	3:30 PM	5:30 PM	OFA Pool		
Sep 26, 2019	Thu	Practice	N/A	3:30 PM	5:30 PM	OFA Pool		
Sep 30, 2019	Mon	Practice	N/A	3:30 PM	5:30 PM	OFA Pool		
Oct 7, 2019	Mon	Practice	N/A	3:30 PM	5:30 PM	OFA Pool		
Oct 10, 2019	Thu	Regular Season	Oneonta @ Susquehanna Valley	6:15 PM	7:30 PM	SVHS Pool	Departure Time: 4:20 PM	L

Date: 2026-01-21