

Coaches:

• Alessio De Michele

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 21, 2023	Mon	Practice	N/A	9:30 AM	11:30 AM	TBD	
Aug 21, 2023	Mon	Practice	N/A	6:30 PM	8:00 PM	TBD	
Aug 22, 2023	Tue	Practice (First hour in weight room)	N/A	9:00 AM	11:30 AM	TBD	
Aug 22, 2023	Tue	Practice	N/A	6:30 PM	8:15 PM	TBD	
Aug 23, 2023	Wed	Practice	N/A	9:30 AM	11:30 AM	TBD	
Aug 23, 2023	Wed	Practice	N/A	6:30 PM	8:00 PM	TBD	
Aug 24, 2023	Thu	Practice	N/A	9:30 AM	11:30 AM	TBD	
Aug 25, 2023	Fri	Practice (First hour in weight room)	N/A	9:00 AM	11:30 AM	TBD	
Aug 26, 2023	Sat	Practice	N/A	10:00 AM	11:45 AM	TBD	
Aug 28, 2023	Mon	Scrimmage	Vestal, Chenango Forks, Maine-Endwell	10:00 AM		OFA Stadium	NL
Aug 29, 2023	Tue	Practice	N/A	10:00 AM	11:45 AM	TBD	
Aug 31, 2023	Thu	Practice	N/A	10:00 AM	11:45 AM	TBD	
Sep 1, 2023	Fri	Regular Season 2-0 W	Windsor	7:00 PM	9:00 PM	OFA Stadium	L
Sep 5, 2023	Tue	Practice	N/A	3:00 PM	4:45 PM	TBD	
Sep 5, 2023	Tue	Practice	N/A	3:30 PM	5:15 PM	TBD	
Sep 6, 2023	Wed	Practice	N/A	3:00 PM	4:45 PM	TBD	
Sep 6, 2023	Wed	Practice	N/A	3:30 PM	5:15 PM	TBD	
Sep 8, 2023	Fri	Practice	N/A	3:45 PM	5:15 PM	TBD	
Sep 8, 2023	Fri	Practice	N/A	3:45 PM	5:00 PM	TBD	
Sep 11, 2023	Mon	Practice	N/A	3:45 PM	5:15 PM	TBD	
Sep 13, 2023	Wed	Practice	N/A	7:00 PM	8:30 PM	TBD	
Sep 14, 2023	Thu	Regular Season 5-0 W	Waverly	7:00 PM	9:30 PM	OFA Stadium	L
Sep 15, 2023	Fri	Practice	N/A	3:45 PM	5:15 PM	TBD	
Sep 18, 2023	Mon	Practice	N/A	7:00 PM	8:30 PM	TBD	
Sep 19, 2023	Tue	Practice	N/A	7:00 PM	8:30 PM	TBD	
Sep 20, 2023	Wed	Practice	N/A	7:00 PM	8:30 PM	TBD	

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 22, 2023	Fri	Practice	N/A	3:45 PM	5:15 PM	TBD	
Sep 25, 2023	Mon	Practice	N/A	7:00 PM	8:30 PM	TBD	
Sep 26, 2023	Tue	Regular Season 3-4 L	Chenango Valley	7:00 PM	9:30 PM	OFA Stadium	L
Sep 27, 2023	Wed	Practice	N/A	3:45 PM	5:30 PM	TBD	
Sep 29, 2023	Fri	Practice	N/A	3:45 PM	5:30 PM	TBD	
Oct 2, 2023	Mon	Practice	N/A	6:30 PM	8:00 PM	TBD	
Oct 3, 2023	Tue	Regular Season 2-3 L	Seton Catholic Central	7:00 PM	9:30 PM	OFA Stadium	L
Oct 4, 2023	Wed	Practice	N/A	3:45 PM	5:15 PM	TBD	
Oct 5, 2023	Thu	Regular Season 5-2 W	Oneonta	7:00 PM		OFA Stadium	NL
Oct 6, 2023	Fri	Practice	N/A	7:00 PM	8:30 PM	TBD	
Oct 7, 2023	Sat	Regular Season 1-2 L	Chenango Forks	6:00 PM	9:30 PM	OFA Stadium	L
Oct 10, 2023	Tue	Practice	N/A	7:00 PM	8:45 PM	TBD	
Oct 12, 2023	Thu	Regular Season 2-0 W	Union-Endicott	7:00 PM		OFA Stadium	NL
Oct 16, 2023	Mon	Practice	N/A	7:00 PM	8:45 PM	TBD	
Oct 18, 2023	Wed	Practice	N/A	7:00 PM	8:45 PM	TBD	
Oct 19, 2023	Thu	Practice	N/A	3:45 PM	5:45 PM	TBD	
Oct 20, 2023	Fri	Practice	N/A	3:45 PM	5:45 PM	TBD	
Oct 23, 2023	Mon	Practice	N/A	7:00 PM	8:30 PM	TBD	
Oct 24, 2023	Tue	Practice	N/A	3:45 PM	5:30 PM	TBD	
Oct 25, 2023	Wed	Practice	N/A	7:00 PM	8:30 PM	TBD	
Oct 30, 2023	Mon	Practice	N/A	3:45 PM	5:30 PM	TBD	
Oct 31, 2023	Tue	Practice	N/A	5:45 PM	7:15 PM	TBD	

Date: 2024-04-24