



Owego Apalachin

(G) 7/8TH Outdoor Track

Coaches:

- Nancy Flynn
- MaryAnn VanHouten

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Mar 25, 2024	Mon	Practice (Modified Track Practice)	N/A	3:45 PM	5:00 PM	TBD	
Mar 26, 2024	Tue	Practice (Modified Track Practice)	N/A	3:45 PM	5:00 PM	TBD	
Mar 28, 2024	Thu	Practice (Modified Track Practice)	N/A	3:45 PM	5:00 PM	TBD	
Apr 9, 2024	Tue	Practice (Modified Track Practice)	N/A	3:45 PM	5:00 PM	TBD	
Apr 10, 2024	Wed	Practice (Modified Track Practice)	N/A	3:45 PM	5:00 PM	TBD	
Apr 11, 2024	Thu	Practice (Modified Track Practice)	N/A	3:45 PM	5:00 PM	TBD	
Apr 12, 2024	Fri	Practice (Modified Track Practice)	N/A	3:45 PM	5:00 PM	TBD	
Apr 15, 2024	Mon	Practice (Modified Track Practice)	N/A	3:45 PM	5:00 PM	TBD	
Apr 16, 2024	Tue	Practice (Modified Track Practice)	N/A	3:45 PM	5:00 PM	TBD	
Apr 17, 2024	Wed	Practice (Modified Track Practice)	N/A	3:45 PM	5:00 PM	TBD	
Apr 18, 2024	Thu	Practice (Modified Track Practice)	N/A	3:45 PM	5:00 PM	TBD	
Apr 19, 2024	Fri	Practice (Modified Track Practice)	N/A	3:45 PM	5:00 PM	TBD	
Apr 22, 2024	Mon	Practice (Modified Track Practice)	N/A	3:45 PM	5:00 PM	TBD	
Apr 23, 2024	Tue	Practice (Modified Track Practice)	N/A	3:45 PM	5:00 PM	TBD	
Apr 24, 2024	Wed	Practice (Modified Track Practice)	N/A	3:45 PM	5:00 PM	TBD	
Apr 26, 2024	Fri	Practice (Modified Track Practice)	N/A	3:45 PM	5:00 PM	TBD	
Apr 29, 2024	Mon	Regular Season	TBD, Binghamton, Seton Catholic Central	5:00 PM	7:00 PM	OFA Stadium	L
Apr 30, 2024	Tue	Practice (Modified Track Practice)	N/A	3:45 PM	5:00 PM	TBD	
May 1, 2024	Wed	Practice (Modified Track Practice)	N/A	3:45 PM	5:00 PM	TBD	
CANCELLED May 3, 2024	Fri	Practice (Modified Track Practice)	N/A	3:45 PM	5:00 PM	TBD	
May 7, 2024	Tue	Practice (Modified Track Practice)	N/A	3:45 PM	5:00 PM	TBD	
May 8, 2024	Wed	Practice (Modified Track Practice)	N/A	3:45 PM	5:00 PM	TBD	
May 10, 2024	Fri	Practice (Modified Track Practice)	N/A	3:45 PM	5:00 PM	TBD	
May 14, 2024	Tue	Practice (Modified Track Practice)	N/A	3:45 PM	5:00 PM	TBD	
May 15, 2024	Wed	Practice (Modified Track Practice)	N/A	3:45 PM	5:00 PM	TBD	
May 16, 2024	Thu	Practice (Modified Track Practice)	N/A	3:45 PM	5:00 PM	TBD	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
May 17, 2024	Fri	Practice (Modified Track Practice)	N/A	3:45 PM	5:00 PM	TBD	
May 20, 2024	Mon	Practice (Modified Track Practice)	N/A	3:45 PM	5:00 PM	TBD	
May 21, 2024	Tue	Practice (Modified Track Practice)	N/A	3:45 PM	5:00 PM	TBD	
May 22, 2024	Wed	Practice (Modified Track Practice)	N/A	3:45 PM	5:00 PM	TBD	
May 23, 2024	Thu	Practice (Modified Track Practice)	N/A	3:45 PM	5:00 PM	TBD	

Date: 2024-05-20