

## Owego Apalachin (B) V Outdoor Track

Coaches:

Scott Senko

| DATE         | WEEK<br>DAY | ТҮРЕ  | OPPONENTS  | START<br>TIME | END<br>TIME | LOCATION                           | TRANSPORTATION                    | LEAGUE<br>/ NON-<br>LEAGUE |
|--------------|-------------|---|--|---------------|-------------|------------------------------------|-----------------------------------|----------------------------|
| Mar 13, 2023 | Mon         | Practice (Track<br>Practice)                                    | N/A  | 3:45<br>PM    | 5:45<br>PM  | OFA<br>Stadium                     |                                   |                            |
| Mar 14, 2023 | Tue         | Practice (Track<br>Practice)                                    | N/A  | 3:45<br>PM    | 5:45<br>PM  | OFA<br>Stadium                     |                                   |                            |
| Mar 15, 2023 | Wed         | Practice (Track<br>Practice)                                    | N/A  | 3:45<br>PM    | 5:45<br>PM  | OFA<br>Stadium                     |                                   |                            |
| Mar 16, 2023 | Thu         | Practice (Track<br>Practice)                                    | N/A  | 3:45<br>PM    | 5:45<br>PM  | OFA<br>Stadium                     |                                   |                            |
| Mar 17, 2023 | Fri         | Practice (Track<br>Practice)                                    | N/A  | 3:45<br>PM    |             | Stadium                            |                                   |                            |
| Mar 20, 2023 | Mon         | Practice (Track<br>Practice)                                    | N/A  | 3:45<br>PM    | 5:45<br>PM  | OFA<br>Stadium                     |                                   |                            |
| Mar 21, 2023 | Tue         | Practice (Track<br>Practice)                                    | N/A  | 3:45<br>PM    | 5:45<br>PM  | OFA<br>Stadium                     |                                   |                            |
| Mar 22, 2023 | Wed         | Practice (Track<br>Practice)                                    | N/A  | 3:45<br>PM    | 5:45<br>PM  | OFA<br>Stadium                     |                                   |                            |
| Mar 23, 2023 | Thu         | Practice (Track<br>Practice)                                    | N/A  | 3:45<br>PM    | 5:45<br>PM  | OFA<br>Stadium                     |                                   |                            |
| Mar 24, 2023 | Fri         | Practice (Track<br>Practice)                                    | N/A  | 3:45<br>PM    | 5:45<br>PM  | OFA<br>Stadium                     |                                   |                            |
| Mar 27, 2023 | Mon         | Practice (Track<br>Practice)                                    | N/A  | 3:45<br>PM    | 5:45<br>PM  | OFA<br>Stadium                     |                                   |                            |
| Mar 28, 2023 | Tue         | Practice (Track<br>Practice)                                    | N/A  | 3:45<br>PM    | 5:45<br>PM  | OFA<br>Stadium                     |                                   |                            |
| Mar 29, 2023 | Wed         | Practice (Track<br>Practice)                                    | N/A  | 3:45<br>PM    | 5:45<br>PM  | OFA<br>Stadium                     |                                   |                            |
| Mar 30, 2023 | Thu         | Practice (Track<br>Practice)                                    | N/A  | 3:45<br>PM    | 5:45<br>PM  | OFA<br>Stadium                     |                                   |                            |
| Mar 31, 2023 | Fri         | Practice (Track<br>Practice)                                    | N/A  | 3:45<br>PM    | 5:45<br>PM  | OFA<br>Stadium                     |                                   |                            |
| Apr 1, 2023  | Sat         | Regular Season (NY/PA<br>Invitational - Windsor<br>High School) | @ TBD  | 10:00<br>AM   |             | TBD                                | <b>Departure Time:</b><br>8:30 AM | NL                         |
| Apr 3, 2023  | Mon         | Practice (Track<br>Practice)                                    | N/A  | 3:45<br>PM    | 5:45<br>PM  | OFA<br>Stadium                     |                                   |                            |
| Apr 4, 2023  | Tue         | Regular Season  | @ Windsor  | 5:00<br>PM    |             | Windsor<br>High<br>School<br>Track | <b>Departure Time:</b><br>3:30 PM | L                          |
| Apr 5, 2023  | Wed         | Practice (Track<br>Practice)                                    | N/A  | 3:45<br>PM    | 5:45<br>PM  | OFA<br>Stadium                     |                                   |                            |
| Apr 6, 2023  | Thu         | Practice (Track<br>Practice)                                    | N/A  | 3:45<br>PM    | 5:45<br>PM  | OFA<br>Stadium                     |                                   |                            |
| Apr 17, 2023 | Mon         | Practice (Track<br>Practice)                                    | N/A  | 3:45<br>PM    | 5:45<br>PM  | OFA<br>Stadium                     |                                   |                            |
| Apr 18, 2023 | Tue         | Regular Season  | Seton Catholic<br>Central @ Elmira<br>(Elmira Express) | 5:00<br>PM    |             | EHS<br>Stadium                     | <b>Departure Time:</b><br>3:30 PM | L                          |
| Apr 19, 2023 | Wed         | Practice (Track<br>Practice)                                    | N/A  | 3:45<br>PM    | 5:45<br>PM  | OFA<br>Stadium                     |                                   |                            |
| Apr 20, 2023 | Thu         | Practice (Track<br>Practice)                                    | N/A  | 3:45<br>PM    | 5:45<br>PM  | OFA<br>Stadium                     |                                   |                            |

| DATE         | WEEK<br>DAY | ТҮРЕ  | OPPONENTS                                   | START<br>TIME | END<br>TIME | LOCATION                             | TRANSPORTATION                    | LEAGU<br>/ NON-<br>LEAGU |
|--------------|-------------|---|---|---------------|-------------|--------------------------------------|-----------------------------------|--------------------------|
| Apr 21, 2023 | Fri         | Practice (Track<br>Practice)  | N/A   | 3:45<br>PM    |             | OFA<br>Stadium                       |                                   |                          |
| Apr 24, 2023 | Mon         | Practice (Track<br>Practice)  | N/A   | 3:45<br>PM    | 5:45<br>PM  | OFA<br>Stadium                       |                                   |                          |
| Apr 25, 2023 | Tue         | Practice (Track<br>Practice)  | N/A   | 3:45<br>PM    |             | OFA<br>Stadium                       |                                   |                          |
| Apr 26, 2023 | Wed         | Regular Season  | Chenango Forks                              | 5:00<br>PM    |             | OFA<br>Stadium                       |                                   | L                        |
| Apr 27, 2023 | Thu         | Practice (Track<br>Practice)  | N/A   | 3:45<br>PM    | 5:45<br>PM  | OFA<br>Stadium                       |                                   |                          |
| Apr 28, 2023 | Fri         | Regular Season (Gerry<br>O'Donnell Invitational -<br>Windsor High School) | @ TBD                                       | 5:00<br>PM    |             | TBD                                  | <b>Departure Time:</b><br>3:30 PM | NL                       |
| May 1, 2023  | Mon         | Practice (Track<br>Practice)  | N/A   | 3:45<br>PM    | 5:45<br>PM  | OFA<br>Stadium                       |                                   |                          |
| May 2, 2023  | Tue         | Practice (Track<br>Practice)  | N/A   | 3:45<br>PM    | 5:45<br>PM  | OFA<br>Stadium                       |                                   |                          |
| May 3, 2023  | Wed         | Regular Season  | Maine-Endwell,<br>Seton Catholic<br>Central | 5:00<br>PM    |             | OFA<br>Stadium                       |                                   | L                        |
| May 4, 2023  | Thu         | Practice (Track<br>Practice)  | N/A   | 3:45<br>PM    |             | OFA<br>Stadium                       |                                   |                          |
| May 5, 2023  | Fri         | Regular Season<br>(Golden Bear<br>Invitational - (Vestal<br>High School)) | @ TBD                                       | 5:00<br>PM    |             | TBD                                  | <b>Departure Time:</b><br>3:45 PM | NL                       |
| May 8, 2023  | Mon         | Practice (Track<br>Practice)  | N/A   | 3:45<br>PM    | 5:45<br>PM  | OFA<br>Stadium                       |                                   |                          |
| May 9, 2023  | Tue         | Practice (Track<br>Practice)  | N/A   | 3:45<br>PM    | 5:45<br>PM  | OFA<br>Stadium                       |                                   |                          |
| May 10, 2023 | Wed         | Regular Season  | Chenango Valley                             | 5:30<br>PM    |             | OFA<br>Stadium                       |                                   | L                        |
| May 11, 2023 | Thu         | Practice (Track<br>Practice)  | N/A   | 3:45<br>PM    | PM          | OFA<br>Stadium                       |                                   |                          |
| May 12, 2023 | Fri         | Practice (Track<br>Practice)  | N/A   | 3:45<br>PM    |             | OFA<br>Stadium                       |                                   |                          |
| May 13, 2023 | Sat         | Regular Season<br>(Parkhurst Invitational -<br>U.E. High School)          | @ TBD                                       | 12:00<br>PM   |             | Union-<br>Endicott<br>High<br>School | Departure Time:<br>10:30 AM       | NL                       |
| May 15, 2023 | Mon         | Practice (Track<br>Practice)  | N/A   | 3:45<br>PM    |             | OFA<br>Stadium                       |                                   |                          |
| May 16, 2023 | Tue         | Practice (Track<br>Practice)  | N/A   | 3:45<br>PM    |             | OFA<br>Stadium                       |                                   |                          |
| May 17, 2023 | Wed         | Regular Season (STAC<br>Championships-Vestal)                             | @ TBD                                       | 5:00<br>PM    |             | TBD                                  | <b>Departure Time:</b><br>3:30 PM | L                        |
| May 18, 2023 | Thu         | Practice (Track<br>Practice)  | N/A   | 3:45<br>PM    | 5:45<br>PM  | OFA<br>Stadium                       |                                   |                          |
| May 19, 2023 | Fri         | Practice (Track<br>Practice)  | N/A   | 3:45<br>PM    | 5:45<br>PM  | OFA<br>Stadium                       |                                   |                          |
| May 22, 2023 | Mon         | Practice  | N/A   | 3:45<br>PM    | PM          | OFA<br>Stadium                       |                                   |                          |
| May 23, 2023 | Tue         | Practice  | N/A   | 3:45<br>PM    |             | OFA<br>Stadium                       |                                   |                          |
| May 23, 2023 | Tue         | Regular Season (Class<br>A/B Championships-<br>Vestal)                    | @ TBD                                       | 5:00<br>PM    |             | TBD                                  | <b>Departure Time:</b><br>3:30 PM | L                        |
| May 24, 2023 | Wed         | Practice  | N/A   | 3:45<br>PM    |             | OFA<br>Stadium                       |                                   |                          |

| DATE         | WEEH<br>DAY | <sup>&lt;</sup> TYPE                        | OPPONENTS | START EN<br>TIME TIN | D<br>LOCATION | TRANSPORTATION             | LEAGUE<br>/ NON-<br>LEAGUE |
|--------------|-------------|---|-----------|----------------------|---------------|----------------------------|----------------------------|
| May 31, 2023 | Wed         | Regular Season (State<br>Qualifier - UE HS) | @ TBD     | 5:00<br>PM           | TBD           | Departure Time:<br>3:30 PM | L                          |
| Jun 1, 2023  | Thu         | Regular Season (State<br>Qualifier - UE HS) | @ TBD     | 5:00<br>PM           | TBD           | Departure Time:<br>3:30 PM | L                          |

Date: 2024-06-17