



# Owego Apalachin

## (B) 7/8TH Cross Country

### Coaches:

- Sheridan Talada

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 22, 2022	Mon	Practice	N/A	7:45 AM	9:45 AM	OFA Stadium		
Aug 23, 2022	Tue	Practice	N/A	7:45 AM	9:45 AM	OFA Stadium		
Aug 24, 2022	Wed	Practice	N/A	7:45 AM	9:45 AM	OFA Stadium		
Aug 25, 2022	Thu	Practice	N/A	7:45 AM	9:45 AM	OFA Stadium		
CANCELLED Aug 26, 2022	Fri	Practice	N/A	7:45 AM	9:45 AM	OFA Stadium		
Aug 29, 2022	Mon	Practice	N/A	7:45 AM	9:45 AM	OFA Stadium		
Aug 30, 2022	Tue	Practice	N/A	7:45 AM	9:45 AM	OFA Stadium		
Sep 1, 2022	Thu	Practice	N/A	7:45 AM	9:45 AM	OFA Stadium		
Sep 2, 2022	Fri	Practice	N/A	7:45 AM	9:45 AM	OFA Stadium		
Sep 6, 2022	Tue	Practice	N/A	3:45 PM	5:45 PM	OFA Stadium		
Sep 7, 2022	Wed	Practice	N/A	3:45 PM	5:45 PM	OFA Stadium		
Sep 8, 2022	Thu	Practice	N/A	3:45 PM	5:45 PM	OFA Stadium		
Sep 9, 2022	Fri	Practice	N/A	3:45 PM	5:45 PM	OFA Stadium		
Sep 12, 2022	Mon	Practice	N/A	3:45 PM	5:45 PM	OFA Stadium		
Sep 13, 2022	Tue	Practice	N/A	3:45 PM	5:45 PM	OFA Stadium		
Sep 14, 2022	Wed	Practice	N/A	3:45 PM	5:45 PM	OFA Stadium		
Sep 15, 2022	Thu	Practice	N/A	3:45 PM	5:45 PM	OFA Stadium		
Sep 16, 2022	Fri	Practice	N/A	3:45 PM	5:45 PM	OFA Stadium		
Sep 17, 2022	Sat	Regular Season (McDaniel Baxter Invite - C.V. High School)	@ TBD	9:15 AM		TBD	Departure Time: 7:45 AM	NL
Sep 24, 2022	Sat	Regular Season	Corning-Painted Post	9:00 AM		Owego Free Academy		L
Sep 24, 2022	Sat	Regular Season	Notre Dame, Elmira	9:00 AM		TBD		L
Sep 24, 2022	Sat	Regular Season (Owego Invite)	Sidney	9:00 AM		Owego Free Academy		NL
Sep 24, 2022	Sat	Regular Season (Owego Invite- Owego Free Academy)	Deposit (Deposit-Hancock)	9:00 AM		TBD		NL
Sep 24, 2022	Sat	Regular Season (Owego Invitational)	Elmira	9:30 AM		Owego Free Academy		L

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Sep 26, 2022	Mon	Practice	N/A	3:45 PM	5:45 PM	OFA Stadium		
Sep 27, 2022	Tue	Practice	N/A	3:45 PM	5:45 PM	OFA Stadium		
Sep 28, 2022	Wed	Practice	N/A	3:45 PM	5:45 PM	OFA Stadium		
Sep 29, 2022	Thu	Practice	N/A	3:45 PM	5:45 PM	OFA Stadium		
Sep 30, 2022	Fri	Regular Season (Pete Matzke Invite - Maine Memorial)	@ TBD	TBD		TBD	Departure Time: 3:30 PM	NL
Oct 3, 2022	Mon	Practice	N/A	3:45 PM	5:45 PM	OFA Stadium		
Oct 4, 2022	Tue	Practice	N/A	3:45 PM	5:45 PM	OFA Stadium		
Oct 5, 2022	Wed	Practice	N/A	3:45 PM	5:45 PM	OFA Stadium		
Oct 6, 2022	Thu	Regular Season (Bob Green Invitational)	Notre Dame, Elmira, Chenango Valley, Horseheads, Maine-Endwell, Moravia, Seton Catholic Central, Waverly, Cortland, Tioga @ Newark Valley	3:45 PM	6:30 PM	Newark Valley High School	Departure Time: 2:30 PM	L
Oct 7, 2022	Fri	Practice	N/A	2:30 PM	4:00 PM	OFA Stadium		
Oct 11, 2022	Tue	Regular Season	Chenango Valley, Seton Catholic Central	5:30 PM		OFA Stadium		L
Oct 12, 2022	Wed	Practice	N/A	3:45 PM	5:45 PM	OFA Stadium		
Oct 13, 2022	Thu	Practice	N/A	3:45 PM	5:45 PM	OFA Stadium		
Oct 14, 2022	Fri	Practice	N/A	3:45 PM	5:45 PM	OFA Stadium		
Oct 15, 2022	Sat	Regular Season (Marathon Invitational - Applebee Elementary)	@ TBD	TBD		TBD	Departure Time: 7:30 AM	NL
Oct 17, 2022	Mon	Practice	N/A	3:45 PM	5:45 PM	OFA Stadium		
Oct 18, 2022	Tue	Practice	N/A	3:45 PM	5:45 PM	OFA Stadium		
Oct 19, 2022	Wed	Practice	N/A	3:45 PM	5:45 PM	OFA Stadium		
Oct 20, 2022	Thu	Practice	N/A	3:45 PM	5:45 PM	OFA Stadium		
Oct 21, 2022	Fri	Practice	N/A	3:45 PM	5:45 PM	OFA Stadium		
Oct 22, 2022	Sat	Regular Season (STAC Championships)	Elmira	9:30 AM		Owego Free Academy		L
Oct 22, 2022	Sat	Regular Season (STAC )	Corning-Painted Post, Elmira, Horseheads, Ithaca, Binghamton, Johnson City, Maine-Endwell, Union-Endicott, Chenango Valley, Seton Catholic Central, Norwich, Oneonta, Susquehanna Valley, Windsor	11:00 AM		Owego Free Academy		L

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Oct 24, 2022	Mon	Practice	N/A	3:45 PM	5:45 PM	OFA Stadium		
Oct 26, 2022	Wed	Practice	N/A	3:45 PM	5:45 PM	OFA Stadium		
Oct 27, 2022	Thu	Practice	N/A	3:45 PM	5:45 PM	OFA Stadium		
Oct 28, 2022	Fri	Practice	N/A	3:45 PM	5:45 PM	OFA Stadium		
Oct 29, 2022	Sat	Regular Season (Battle of Hynes Invitational- Ann McGuinness)	@ TBD	9:00 AM		TBD	<b>Departure Time:</b> 7:30 AM	NL

Date: 2025-12-06